

POTTY MOUTH

By Students

For Students

OCTOBER 2018
ISSUE 3

HAPPY
FALL!

OCTOBER IS...

BODY
EMPOWERMENT
MONTH



BREAST CANCER
AWARENESS
MONTH

HALLOWEEN
SAFETY TIPS



TRAVEL IN GROUPS AND
IN WELL LIT AREAS



PLAN FOR SAFE
TRANSPORTATION HOME



MAKE SURE YOUR PHONE
IS CHARGED & CHECK IN
WITH FRIENDS



HAVE ENOUGH MONEY
TO GET HOME



DON'T BE A ZOMBIE
HAVE A SAFE
HALLOWEEN!



DID YOU KNOW?

Recent research shows that voting is a robust predictor of better mental health and fewer risky health behaviors. Remember to register to vote by October 15. Have questions about registering and voting or want to get engaged?

VISIT DUKES VOTE AT:
www.jmu.edu/vote

IT'S COLD & FLU SEASON

STAY HEALTHY!

OUR SELF-CARE GUIDES MAY SAVE
YOU A VISIT TO THE DOCTOR.

Stop by our UHC Pharmacy or log onto
jmu.edu/healthcenter for our online guides.

REMEMBER TO:

- GET PLENTY OF REST
- WASH YOUR HANDS OFTEN
- EXERCISE

When you see a **RED FLAG**
For dating violence,
say something.

TheRedFlagCampaign.org

OCT. 26-28, 2018

HOMECOMING
JAMES MADISON UNIVERSITY

alumni.jmu.edu/homecomingevents

SAVE THE DATE!

UPCOMING EVENTS ANNOUNCEMENTS

&

D.E.E.P. IMPACT DIVERSITY DIALOGUE - Sizeism

10/3 | 7 p.m. | Madison Union Ballroom

OUT ON CAMPUS DIALOGUE

10/9 | 7 - 8:30 p.m. |
Madison Union Ballroom

PUPPY PRIDE

10/10 | 1 - 2 p.m. | LGBTQ Program Space

RED FLAG CAMPAIGN:

Escalation Workshop

10/9 | 5 - 7 p.m. | Madison Union 306

Nonviolent Communication

10/15 | 4:30 - 6 p.m. | Madison Union 404

Film screening of *A Better Man*

10/17 | 5:30 - 7:30 p.m. |

Madison Union Ballroom

No Excuse for Abuse: First Step

Domestic Violence Candlelight Vigil

10/18 | 6 p.m. | Court Square

(Downtown Harrisonburg)

REAL TALK SERIES

Alcohol and Sex

10/23 | 4:30 - 5:30 p.m. | SSC 1075

PUPPY PRIDE

11/8 | 1 - 2 p.m. | LGBTQ Program Space

VOLUNTEER NOTE TAKER PROGRAM

at the Office of Disability Services

ODS is looking for volunteer note takers. It's easy! Take notes in class, scan or type the notes, and send them to notes@jmu.edu. All note takers get a coupon for 20% off a purchase at the JMU bookstore, and your time may be eligible for service hours. Plus, you're helping a fellow student in need. Ask your professors if note takers are needed, or email your class schedule to notes@jmu.edu

This issue of Potty Mouth is brought
to you by the UHC Marketing Team:

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Potty Mouth Questions?
Please contact ritchiac@jmu.edu

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