Inside:
- UBO Financial Information
- Budgeting at its Finest
- JMU EJC Arboretum

- Duke Club Welcome
- Health Center Updates
- Final Orientation Steps
- Much more!
Family Weekend
Oct 2-4

Immerse yourself in the Madison Experience and join other JMU parents and families for a special weekend on-campus during one of Harrisonburg’s most beautiful seasons.

Family Weekend is your opportunity for a taste of campus life. Visit your son’s or daughter’s campus home, talk with university faculty and staff members, attend a class or presentation, tour campus, attend a concert, cheer on the Dukes to football victory, or participate in any of the more than 50 events.

View the brochure online and order tickets at [www.jmu.edu/parents/events/family-weekend.shtml](http://www.jmu.edu/parents/events/family-weekend.shtml)

Questions, or for more information, please contact the Office of Parent Relations at (540) 568-3190 or email parent@jmu.edu.

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University Business Office

**Your Student’s Financial Account**

- Your student’s university charges, payments and financial aid are posted online in their Madison Money Manager (M3) account.

- Your student will access M3 through MyMadison and is emailed when the initial semester statement is processed and any time thereafter when there is a balance on the account.

- Your student can give you access as an “Authorized User” to M3. Giving you access as an Authorized User allows UBO to email you when statements are processed and allows UBO staff to discuss the account with you when you call or stop by our office.

- Any charges not covered by financial aid, Virginia 529, or the installment payment plan will be due in full by Friday of the first week of classes (September 4, 2015).

- The installment payment plan is available to all Authorized Users in M3 for any amount determined adequate to cover the balance. The plan opened on June 1, 2015 and provides equal monthly payments through an automated debit from a bank account or an automated charge to a credit card. The Plan will be open until September 4th for the fall semester.

- Students expecting a refund from their student account must be registered with our refund vendor – Higher One. If your student has not registered and does not have the initial refund packet mailed to the home address, they can request an access code by emailing the UBO from their JMU email account (ubr@jmu.edu).

Detailed information on student accounts can be found on the University Business Office website [www.jmu.edu/ubo](http://www.jmu.edu/ubo). If you have questions please email our office at ubo@jmu.edu or call during regular business hours (Mon – Fri 8 am to 5 pm) for assistance.

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Duke Club

**JMU’s Front Porch**

BY: AARON EPSTEIN
ASSISTANT DIRECTOR OF ANNUAL FUND
DUKE CLUB

Strangely enough, JMU Athletics is pretty familiar with how you are feeling right now as you get ready to send off your student to the valley. In a few days, all of your preparation and work, the effort in preparing your student for college will be tested and executed. Your “team” is ready to support your star student and help him or her succeed beyond your wildest imagination!

JMU Athletics looks forward to being a part of your life, and your student’s life, for many years to come. We are honored to serve as the “front porch” for JMU and will always welcome your family “home!” We hope that you find Athletics as an opportunity to showcase your fandom for JMU. Whether it is coming to games, enjoying upgraded seats and parking, supporting the Duke Club with a monetary pledge, or simply wearing purple and using #GoDukes and #ProudAndTrue whenever you can; we need your support!

For more information on the ways that you can be involved and support JMU and JMU Athletics, visit [JMU_DukeClub.com](http://JMU_DukeClub.com).
Budgeting at its Finest

Budgeting 101

BY: BRAD BARNETT, MS, AFC®, CFP®
SENIOR ASSOCIATE DIRECTOR
FINANCIAL AID & SCHOLARSHIPS

Has your student developed a budget for spending during the semester? If not, now is the time before he falls into a trap of overspending and takes out unnecessary loans or credit cards.

It is not uncommon for people to commit to expenses (e.g., signing leases, purchasing with credit, etc.) first and then try to secure the income to pay for those commitments later, but this is actually backwards and gets people into trouble. Proper zero-based budgeting would have an individual know his income first, and then develop a plan for how to spend it. Let’s look at an example to see how this works.

We will use the scenario of a college freshman who is living on campus. In this situation we know that the tuition/fees, room/board, and internet fee are all accounted for in his JMU charges. So, the student has all the necessities wrapped up in one bill, including his rent (“room”) and food (“board”) expenses. We call these the “billable expenses.”

The “non-billable expenses” may include items such as books/supplies, personal care products, entertainment, clothing, room decorations, etc. Now that we know what some of the expense categories are, we need to know what his income will be before deciding where our student will spend his money.

For this particular student we will say that his JMU charges are being fully covered through a variety of financial aid sources (i.e., grants, scholarships, or loans). We will also say he worked during the preceding summer and saved $1,500 that he plans to use during the fall semester. He is not planning on working during the fall semester, so his savings is all of the income he will have from September through December. Remember, his JMU charges have been paid in full by financial aid.

The next step in this process would be to determine how he will spend the $1,500 over those four months. One method of doing this would be to divide the $1,500 by four months, which would give him $375 per month to spend. This is a great place to start, but it may not give him the full picture as his expenses may not be the same every month.

As a college student he can expect to spend a bit more in September (or the end of August) when he purchases books for the fall semester. He might also expect another spike in spending in December when Christmas comes around. If we say he will spend $450 on books and another $300 on Christmas gifts, then we have taken his $1,500 in savings down to $750.

Now he can take the $750 and divide that over four months to give him approximately $188 per month to spend.

This is where the “rubber meets the road,” so to speak. If the student wants to stay in budget and keep from getting into additional debt or financial trouble, then his best bet will be to categorize his spending in a zero-based budget format to make sure he does not spend more than $188. For example, he could set up his monthly spending plan as follows:

- $30 Personal care products
- $40 Residence hall room decorations
- $45 Entertainment
- $30 Gas
- $43 Extra (non-allocated for unexpected expenses)

This accounts for the $188 each month. If he wants to spend more than $188 in a particular month, then he will have less in the other months. The idea with zero-based budgeting is that all of your income and expenses equal zero every month. You spend the money on paper before you actually do in real life.

If he ends up actually spending $35 in personal care products when the month begins, then he needs to reduce another category down by $5 so he stays in balance. Remember, income and expenses should equal zero. If this is done, he will not overspend.

Mission Statement
“We will assist with identifying and obtaining resources to finance higher education; deliver funds in a timely and equitable manner; and educate, so that informed financial decisions can be made.”

Financial Aid & Scholarships
Student Success Center, 5th Floor
738 S. Mason St.
MSC 3519
Harrisonburg, VA 22807
(540) 568-7820
www.jmu.edu/finaid/
University Health Center

Services and Programs

The University Health Center (UHC) provides care and education that helps students be well, stay well, and do well. A team of highly trained healthcare providers and health educators specializing in college health provide an array of services to help JMU students succeed academically. The UHC has four entrances for student care, each providing specialized services and programs:

- **General Medicine**
  Routine and preventative medical care.

- **Urgent Care**
  Diagnosis and treatment for minor injuries and acute conditions.

- **Pharmacy**
  Prescription medications written by on-campus providers.

- **The Well**
  Health education, LGBT and Ally Education program, alcohol and other drug prevention services, sexual violence advocacy and prevention.

Don’t forget to ask your student how they can Step Up to help another Duke. All incoming first-year students will be trained in the Dukes Step Up! bystander intervention program during 1787 Orientation. This important skills-based experience is provided by student facilitators who are trained by UHC staff.

To help students be well, stay well and do well, the UHC offers a Flu Vaccine Clinic on October 14th and 15th.

The cost is $23 (or $40 for FluMist, ages 4-49). Flu shots will be covered fully with Aetna, Anthem, or Medicare Part B (FluMist not included). Students should bring their insurance card when they receive their flu shot. Receipts may be provided for potential insurance reimbursement. Cash, check, and credit cards will also be accepted.

Visit [www.jmu.edu/healthcenter](http://www.jmu.edu/healthcenter) and look at our Events for details.

University Health Center
(540) 568-6178
www.jmu.edu/healthcenter

Here are some of the great changes in dining for this Fall:

- Aunty Anne’s at TDU
- Subway at the Apartments on Grace Street
- Expanded Gluten free and Nut free options at Mrs. Greens
- A new look for Starbucks in Carrier Library
- Addition of a Registered Dietitian Nutritionist
- Increased value of Meal Punches

**Is your student living off campus?**
**With a meal plan you can rest easily knowing they are still eating right!**

Sign up online: [www.jmu.edu/cardctr](http://www.jmu.edu/cardctr)
Questions? Email dining@jmu.edu

PHOTOGRAPHY COURTESY UNIVERSITY HEALTH CENTER
WO uldn’t it be wonderful to be able to do as Monarchs do in the closing days of summer? Imagine if for people in a four-generation cycle, every fourth generation experienced a life expectancy a thousand years longer than the first three generations! While Monarchs that emerged in the spring and early summer live only a few weeks, the final generation before annual fall migration lives up to eight months! Not only must end-of-summer Monarchs fly south to overwinter in warmer climes, they have to (literally) hang out for the winter in Mexico or the American Southwest, usually without eating, and then make the trip back in the spring to lay first generation eggs. Simply stated, Monarchs need to eat their way south and again eat their way north, or they would not survive migration.

Monarchs arrive in the Shenandoah Valley each year to pollinate, beautify gardens, and enrich outdoor life. Gardeners planting butterfly nectar plants in home and commercial gardens, and communities with urban preserves like the Edith J. Carrier Arboretum at JMU are vital in the Monarch migration process. Each successive migratory generation in the Monarch species annual cycle lays its eggs further north than where they emerged. Monarchs only lay their eggs on Milkweeds, plants some people think of as only roadside weeds! Many milkweeds are fragrant, have beautiful flowers, and require little care once established, and some are the only nursery plant for Monarchs. These and other butterfly-supporting plants can be seen in the Edith J. Carrier Arboretum’s Monarch Waystation Garden, and are also available for purchase at the annual EJC Arboretum Fall Plant Sale this year on Friday and Saturday, September 18th and 19th! The arboretum’s Fall Bulb Sale falls during JMU’s Family Weekend in October.

In Harrisonburg, fall is a time of migration for more than Monarchs. Birds like redstarts, black-throated green warblers, and yellow throated and solitary vireos also migrate. Migrating birds use the EJC Arboretum for a resting and feeding stop. Learn all about the arboretum’s beautiful migratory and overwintering birds at its birding webpages (http://www.jmu.edu/arboretum/apps/birds/).

Also, Interstate-81 reveals that people migrate too! Vehicles on I-81 with plates from northern tier states and Canada heading to Florida, or families bringing Northern Virginia or out of state students to JMU attest humans get into the fall southbound action as well. Many seasonal “human migrants” stop for a stay in Harrisonburg and a walk in the EJC Arboretum before resuming their “migration”! Enjoy fall for its beautiful colors, cooling temperatures, slowing pace, and the start of a new JMU school year. Be sure to join the fun in observing the various forms of migrations at the Edith J. Carrier Arboretum at James Madison University!

JMU Orientation
The Next Steps for First-Year Students
BY: MOLLIE ZENZ
MARKETING AND WEB COORDINATOR
ORIENTATION OFFICE

August is here, but that doesn’t mean your student has completed all their steps yet! Be sure to have your student review their One Book for more information. If some of the steps are not completed, an enrollment hold could be put on your student’s account.

After your students moves in on their assigned day, we have a full slate of activities planned for them during 1787 August Orientation! We’ll keep the academic-based programming during the day and social events at night, much like college will be from here on out! Many programs are mandatory for your student, so if they do not answer your phone calls or texts, they may be otherwise occupied becoming a college student.

A Family Connection
The Madison Family Connection e-newsletter is informative, helpful and FREE

The newsletter provides JMU parents and families with information on campus events, vacation and break schedules, payment due dates, deadline reminders and tips for student success. If you would prefer to have the newsletter mailed to you, please send your address to kitetl@jmu.edu.

Office of Parent Relations
(540) 568-3190
www.jmu.edu/parents/
Is your student looking for an internship?

WE CAN HELP

Our online jobs portal, Recruit-a-Duke, connects students with thousands of internships and job openings every day!

CAREER & ACADEMIC PLANNING

WORKSHOPS  APPOINTMENTS  ONLINE RESOURCES

Learn more at www.jmu.edu/cap
Career & Internship Fair

Five Ways to Help Your Student Prepare

BY: EMILY BLAKE
COMMUNICATIONS COORDINATOR
CAREER & ACADEMIC PLANNING

Is your student ready for the Career & Internship Fair? Every fall and spring, more than 1,000 students take advantage of JMU’s Career & Internship Fair, where they have a chance to meet with over 160 employers over two days! The upcoming Career Fair will be September 28-29, 2015. With so many things calling for students’ attention, a little support from you could go a long way in their choosing to attend. Here are 5 ways you can help your student take the plunge and participate in this great opportunity to practice professional networking and meet potential employers!

1. Make sure they have professional attire
If your student arrives at the fair looking like they’re dressed for a party, they may miss out on opportunities to connect with potential employers. We help to educate students on professional (modest) attire, but lack of prior planning can also get students in a pinch when the fair rolls around. In addition to checking out our recommended attire for men and women, you may want to consider getting your student a professional padfolio to hold extra copies of their resume and business cards from employers.

2. Encourage them to attend a Resume Review event (in Career & Academic Planning)
Even if your student is extremely self-motivated, and has found all the resources they need to write a great resume, it’s still a good idea to have a trained professional look it over. We offer resume reviews at several events leading up to the fair, as well as individual appointments for resume help. See our events calendar for upcoming resume review dates and events.

3. Offer to listen to their elevator speech
An elevator speech is a 20-30 second statement to introduce and sell your professional self. To make a strong impression, your student should prepare and practice this introduction ahead of time, including their name, year, major, a brief description of past experience, and future professional goals. If your student prefers to practice virtually, you can encourage them to record a video using InterviewStream, our online interview practice tool, and send it to family, friends, or professors for feedback.

4. Make sure they have posted their resume on Recruit-A-Duke
Recruit-A-Duke is JMU’s jobs portal, where employers advertise job and internship positions, and JMU students and alumni can search for openings and post their resumes. Recruit-A-Duke also lets a student set up job alerts for any career field or geographic location. Your student will be ahead of the pack if they have already posted their resume before the fair.

5. Encourage them to research the employers coming to the fair
One of the most common complaints from employer representatives is that students did not know about their company before approaching their table. Your student can stand above the crowd by arriving with information about their employers of interest and thoughtful questions to ask. The most up-to-date source for information on employers attending the fair is the “Career Events” tab on Recruit-A-Duke.

Did you know?

- We help students to get a professional photo for free by setting up a mini photo studio at our fairs, called the LinkedIn Photo Booth!
- Each semester at the fair, we give out a $1,000 scholarship to a student at the fair through a drawing!
- At the fair, we provide handouts for students in each academic area to guide students to the employers most likely to be interested in a student with their background.
- YOU can recruit JMU students for your company at the Career & Internship Fair! For more information on connecting with JMU students and alumni, see our Employers homepage.

For more information on the Career & Internship Fair (Sept. 28-29) and resources available through Career & Academic Planning, visit our website: www.jmu.edu/cap.

Upcoming CAP Events

- ResumePREP
  Resume reviews by experienced professionals
  Tue, 08 Sep 2015

- Graduate & Professional School Fair
  More than 100 graduate, medical and law schools will be providing information and recruiting
  Tue, 22 Sep 2015

- Career & Internship Fair
  Network with current employers
  Mon, 28 –29 Sep 2015

- Donuts, Decisions, & Declarations
  Students who are undeclared or thinking about changing their major participate in informative activities
  Tue, 20 Oct 2015

CAP Resource Center

The Career & Academic Planning Resource Center is located on the 3rd floor of the Student Success Center. Everyone is welcome to visit the Resource Center, including JMU students, alumni, faculty, staff, and members of the community. You don’t need an appointment to stop by; just enter our office through SSC 3210 and ask at the front desk about the Resource Center.

In the Resource Center you can research majors, learn how to write resumes and cover letters, or conduct internship, job, or graduate school research. Career Educators, who are trained peer educators, are available to assist you.
Living Logistics and Resources

Housing, Leases, Security

BY: LAURA SIEGEL

ON CAMPUS

Students planning to live on-campus must log onto the Online Housing System where they are able to sign their housing contract, select a meal plan, search for roommates, and set their location preferences (Hillside, the Village, Skyline, Bluestone, Lakeside, and Tree Houses). All first-year students must sign a housing contract. Be careful if they are signing a two-year contract. Even if students are certain now that they wish to live on-campus for two years, their minds may change later. There will still be time to sign a second-year contract during the first semester, however a second-year on-campus contract is not guaranteed. (info from www.jmu.edu/ori/housing/first-year.shtml)

First-year students are assigned residence based on their location preferences, but it is not guaranteed they will get their first choice. Second-year students are assigned random lottery numbers after completing their second-year housing contract. Students who receive lower numbers get first choice of their residency location. If students are in a group, the member with the lowest lottery number will choose their location.

There are special Residential Learning Communities where students must send additional applications to in order for consideration. More information may be found at www.jmu.edu/ori/housing/rlc.shtml.

A great resource for more information regarding on-campus housing can be found through the Offices of Residency Life (ORL).

OFF CAMPUS

Second-year students and older have many different resources for finding roommates and off-campus residences. Living off-campus brings forth many new challenges as well as opportunities for growth and change (*Madison Family Handbook). Such instances include budgeting, paying bills, and commuting to campus.

The Office of Off-Campus Life (OCL) hosts roommate mixers at JMU for students to meet roommate candidates. OCL also hosts housing fairs each spring and fall, for students to get more information on all of the student friendly housing. The OCL also has budget workshops, a utility deposit assistance program (UDAP), and a leasing 101 workshop.

LEASES

When applying for a lease, some realtors and landlords require an application fee ($30-$50). Most students living off-campus sign a 12-month lease. These include a security deposit (costing about 1-month worth of rent). Security deposits will be refunded in full, unless there are damages to the residency caused in the duration of a student’s lease. Monthly rent may include utilities, or utilities may be separate, depending on the residence.

If students will not plan on spending a full 12 months in their residency, they may wish to instead look into sub-leasing. A sub-lease is when students lease an apartment from someone who is on the current lease. Students who sub-lease generally still have to put utilities into their own name, but they are not tied to the 12-month plus contract.

There are also individual leases and group leases. An individual lease, is when a student signs for a single room and only is required to pay rent and for damages to that single room. A group lease is signed by all occupants, making the whole group responsible for paying rent and for damages.

If the student has already signed a 12-month lease and realize they may not be staying there for the duration, such has studying abroad for one semester, they may look into sub-leasing. The OCL, mentioned earlier, offers help to students looking for sub-leasers, or students looking to sublease.

SECURITY

Harrisonburg offers many services to enhance the security of community members.

- Public Safety has 4 officers assigned to off-campus patrols and 25 officers assigned to on-campus patrols
- Free safety escorts are available, known as the Campus Police Cadets. Outside of their hours, police officers will provide escort services.
- JMU SafeRides is a non-profit, student run organization that provides free rides home for JMU students (contact 540-JMU-RIDE).
- JMU Police issue Timely Notifications safety announcements of all possible threats on or near campus.
- LiveSafe app for Androids and iPhones allows anonymous tips, relays your location for safety, shows map of recent incidences in the community, and lets students share safety concerns with police officers through photos, text, and even live chat.

Remind students to ensure their security by locking all doors and windows, hiding valuable items from view, parking their cars under lights, keeping their blinds closed, and calling the police if uninvited guests will not leave. Students should always remember to report suspicious activity immediately, for both their safety and their neighbor’s. The JMU Police number is (540) 568-6913. For more information on public safety, visit www.jmu.edu/pubsafety/.

Center for Multicultural Student Services (CMSS)
(540) 568-3360
www.jmu.edu/multicultural

Mission: The Center for Multicultural Student Services provides educational and celebratory programs and services that support an inclusive campus community in which members value diversity within themselves and others.

Tell your students to check their on-campus mailbox for a complete calendar of CMSS events!
Dear JMU Parent/Guardian,

Congratulations on the arrival of this new semester at James Madison University! Here in the Office of Fraternity & Sorority Life, we are hard at work preparing for another exciting year here at JMU.

As your student begins settling into campus, he will undoubtedly be looking for ways to get involved in the campus culture; we believe that recognized fraternities are an excellent way to do so. Fraternities are values-based organizations focused on member development and service to both local and national communities. Your student will have the opportunity to develop as a scholar, a man, and a leader, while broadening his social connections and networking for the future.

My office supports recognized fraternities through an intentional combination of programs, resources, and services. In order to receive and maintain recognition by the University, these organizations participate in a detailed recognition process and are regularly evaluated according to the rigorous standards set by the Office of Fraternity & Sorority Life. Fraternities that fail to meet these standards are held accountable in a variety of ways, up to and including revocation of that recognition.

Unrecognized fraternities are not held accountable to this common set of standards and thus, we cannot guarantee that their policies and procedures incorporate our core values of safety and member development. These unrecognized fraternities include: Delta Chi (which may also be known as Pi Beta Chi or the Crosskeys Society), Kappa Sigma, Sigma Chi, and Iota Chi Alpha.

Should your student demonstrate an interest in joining fraternity life at JMU, I encourage you to talk openly and honestly with him about both the benefits and obligations of membership in a recognized fraternity. Should he mention that he is considering membership in an unrecognized organization, I encourage you to gently steer him in the direction of my office so that we can connect him with a recognized fraternity that will meet his expectations and needs. A list of these organizations is always available on our website (www.jmu.edu/fsl).

I look forward to partnering with you, your family, and your student to facilitate his membership in a life-long fraternal organization. Please do not hesitate to contact me if I can be of assistance to you, now or in the future.

Respectfully,
Adam Lindberg
Associate Director, Office of Fraternity & Sorority Life
James Madison University
(540) 568-4195 // lindbeae@jmu.edu
fsl@jmu.edu