effect? The course will use in-depth exploration of these selected cases to engage with theories of societal conflicts and policy analysis. Prerequisites: JUST 200 and one other 200-level JUST course.

JUST 357. Environmental Justice. 3 credits. Offered every spring.

This course provides students with an interdisciplinary introduction to environmental justice. Emphasizing how contemporary environmental issues are profoundly rooted in social, political and economic conditions, students will apply principles and conceptions of justice to ecological challenges and sustainability efforts in local, national and global contexts. Prerequisites: JUST 200 and one other 200-level JUST course.

JUST 370. War and Justice. 3 credits. Offered every other year.

This course is an empirical and normative investigation of the relationship between war and justice. Empirically, it examines the causes of war and the ways in which wars end. From a normative perspective it raises the questions of when are wars just, how should a just war be fought; and what is a just peace. Prerequisites: JUST 200 and one other 200-level JUST course.

JUST/POSC 372. Ethics and International Politics. 3 credits. Offered every three years.

This course investigates the significance of ethical questions in the theory and practice of contemporary international politics, introducing a variety of normative approaches that shape the issues of peace and conflict, morality and justice in global affairs. Practical case studies will also be used to address issues of policy relevance, with particular attention paid to the American experience. Prerequisites: JUST, POSC and INTA majors only. For JUST majors, the completion of JUST 235 is a prerequisite.

JUST 373. Rebuilding Post Conflict Societies. 3 credits. Offered every other year.

This course examines the social, economic, security and political problems faced in rebuilding societies that are emerging from a period of intense and prolonged conflict. Its course presents an overview of the scope of this multidimensional challenge as well as strategies that have been used to address them. In the course of doing so, evaluation standards are discussed that can be used to measure the success, failure and justness of the newly emerging political system. Prerequisite: JUST 200 and one other 200-level JUST course.

JUST 375. Genocide in the 20th Century. 3 credits. Offered once a year.

This course is an interdisciplinary examination of the various definitions, causes, and structure and consequences of genocide. We will study some of the major 20th century genocides (Indigenous peoples, Armenia, USSR, Jewish Holocaust, Cambodia, Bosnia/Kosovo, Rwanda and Darfur) using the following conceptual schemes: social death, structured violence, oppression and mass murder. Prerequisites: JUST 200 and one other 200-level JUST course.

JUST 377. Global Futures. 3 credits. Offered once every two years.

Explores possible future directions that the global system may take in selected issue areas such as energy, democratization, food supplies and infectious diseases. Emphasis is on active learning strategies, introducing the analytical tools used for analysis of international trends and addressing questions of how to respond in a manner that promotes global justice. Prerequisites: JUST 200 and one other 200-level JUST course.

JUST/POSC 392. Peace Studies. 3 credits. Offered spring.

A critical appraisal of theory and practice of peace studies. The course focuses on how we wage and resolve conflict, how we affect social change, and how we provide for security through nonviolent means. Prerequisites: JUST 200 and one other 200-level JUST course.

JUST 399. Justice Research Methods. 4 credits. Offered fall and spring.

This course provides students with the tools necessary for conducting independent research in the area of Justice Studies. Both quantitative and qualitative methods are covered. A term project, in which the skills covered in the course are applied, is a significant part of the class. Prerequisites: MATH 220 and JUST 200 and one other 200-level JUST course.

JUST 400. Senior Seminar in Justice Studies. 3 credits. Offered fall and spring.

The capstone course for the justice studies major. Students are expected to enter JUST 400 with a proposed area of study and will spend the semester in developing a thesis. Class discussion and review of individual projects along with oral presentation of work are integral parts of the course. Students are expected to produce a piece of original scholarship related to their study in the major. Prerequisites: JUST 200, JUST 399, admission to the major and senior standing.

JUST 401. Internship in Justice Studies. 4 credits. Offered fall and spring.

This course allows students to receive academic credit for work experienced in an agency or organization related to the justice studies major. Students should consult the justice studies director for assistance in arranging approved internships. Prerequisites: JUST 200 and JUST 399. Successful completion of four additional justice studies courses.

JUST 402. Advanced Research in Justice Studies. 3 credits. Offered fall and spring.

This course is designed to give students a context in which to pursue advanced research in a justice studies context. It is especially appropriate for students interested in graduate study in the field. Prerequisites: JUST 200 and JUST 399. Successful completion of four additional justice studies courses.

JUST 403. Nelson Institute Seminar. 3 credits. Offered fall and spring.

Students enrolled in this course will be assigned to consider a core temporary problem Justice Studies. Working individually and in teams, students will first study the problem, and then propose workable solutions. Prerequisite: Junior or senior status and permission of the instructor.

JUST 404. Practicum in Community-Based Research. 3 credits. Offered once per year.

This course provides students with an intensive, collaborative community-based research experience working in partnership with a community organization or group. Students will integrate and apply principles and conceptions of justice and methods of scholarly inquiry to a community-identified problem. This course may be taken only once for credit. Prerequisites: JUST 200, JUST 399 and permission of the instructor.

JUST 499. Honors. 6 credits. Year course.

Year course. An independent research topic initiated and completed by qualified majors wishing to graduate with distinction.

Kinesiology

Department of Kinesiology

GKIN 100. Lifetime Fitness and Wellness (2, 2). 3 credits. Offered fall and spring.

This course is designed to help students adopt and maintain the behaviors associated with an active and healthy lifestyle. Through this course students will learn the importance of maintaining wellness through a physically active lifestyle. Through lectures and labs, students study and develop the behavioral patterns consistent with the current knowledge base in fitness and wellness.

KIN 101. Adapted Activities in Kinesiology (0, 2). 1 credit. Offered fall and spring.

Designed for students with severe medical restrictions and is adapted to individual needs. May be taken credit/no credit only. Prerequisites: Recommendation of university physician and permission of the department head.

KIN 122-180. Basic Instruction Activities (0, 2). 1 credit. Offered fall and spring.

The following courses provide basic instruction in the activities listed: 122, Road Cycling; 123, Mountain Cycling; 124, Basic Rock Climbing and Experiential Activities; 125, Tennis; 126, Golf; 128, Fencing; 129, Badminton; 131, Basic Skiing or Snowboarding; 133, Bowling; 138, Racquetball; 139, Basic Pool Paddle Sports: Canoeing or Kayaking; 140, Basic Swimming; 145, Strength Training and Cardiovascular Conditioning; 148, Jogging; 149, Group Fitness, 151, Swim Conditioning; 152, Lifesaving Life guarding; 156, Scuba and Skin Diving; 157, Self Defense for Women; 158, Aikido; 159, Basic Aerobic Kickboxing; 162, Intermediate Swimming; 163, Intermediate Tennis; 174, Water Safety Instructor; 179, Volleyball; 180, Soccer. May be taken credit/no credit only.

Offered once a year.

KIN 190. Basic Sports Officiating. 1 credit. Offered fall and spring.

This course will teach the fundamentals and skills necessary for officiating sports (football, basketball, softball or soccer) at any level. It will also focus on developing an officiating philosophy, understanding the psychology of officiating, being physically prepared to officiate, understanding the responsibilities of officiating and knowing how and where to work as an official. May be taken credit/no credit only.

KIN 199. New Directions in Kinesiology. 1-3 credits. Offered fall and spring.

In-depth exploration of topics significant in kinesiology. Topics for each semester will be announced on e-campus.

KIN 201. Introduction to Kinesiology. 2 credits. Offered fall and spring.

Students are introduced to the discipline of kinesiology and recreation. They will study the effects of physical activity on human beings; survey the subdivisions, including exercise physiology, biomechanics, motor behavior and sociological, historical and philosophical perspectives; and discuss how the discipline can be applied professionally.

http://www.jmu.edu/catalog/11
KIN 202. Biological Foundations of Kinesiology. 3 credits. Offered fall and spring. Introduction to the biological scientific foundations within the discipline of kinesiology and recreation. Includes applied anatomy and physiology, biomechanics and exercise physiology. Prerequisite: KIN 201.

KIN 203. Social/Psychological Foundations of Kinesiology. 3 credits. Offered fall and spring. The focus of this course is on exploring the socio/psychological perspectives of participation in activity through the lifespan. Prerequisite: KIN 202.

KIN 211-218. Coaching Techniques (0, 4). 2 credits. Offered fall and spring. The following courses provide motor skills, strategy, rules and officiating techniques in the activities listed: 211, tennis; 212, track and field; 213, soccer; 214, football; 215, basketball; 216, individual; 217, volleyball; 218, softball.

KIN 221-225. Skill Laboratories. 2-10 credits. Offered fall and spring. The skill laboratories are designed for participants who will be in a role of educating others in a particular area of movement. Each skill laboratory provides: a) basic movement skills, b) analysis of movement, c) developmentally appropriate progressions and teaching ideas, d) curriculum development, and e) microteaching opportunities. These courses are: KIN 221. Rhythmic and Dance Activities; KIN 222. Teaching Fitness and Wellness in the Schools; KIN 223. Individual and Lifetime Activities; KIN 224. Court and Field Games; KIN 225. Wilderness and Adventure Education.

KIN/SRM 241. Introduction to Sport and Recreation Management. 3 credits. Offered fall and spring. Introduces the sport and recreation management professions in governmental, voluntary, private, public and commercial settings. Outlines development of sport and recreation and the evolution of the mega-leisure industry. Overviews professional preparation in sport and recreation management. For sport and recreation management majors, this course is a prerequisite for all upper level courses.

KIN 242. Introduction to Sport Communication. 3 credits. Offered fall. This class provides a foundation for students who are pursuing a minor in sport communication. The course provides an overview about information management and how it applies to the professional sporting industry. Students will learn about careers in sport information, how an organization communicates with the media and its constituents, and how communication in sport has evolved and continues to evolve.

KIN 243. Sport Communication Techniques: Broadcasting. 3 credits. Study and practice of broadcast and A/V techniques applied in a variety of sport settings. Prerequisite: KIN 242.

KIN 244. Sport Communication Techniques: Writing And Reporting. 3 credits. Basic skills of sport writing and reporting are studied and applied. Students gain experience in a variety of sports and learn and apply skills in researching, writing, reporting, writing columns and features involving the world of sports. Prerequisite: KIN 242.

KIN 302. Exercise Physiology. 3 credits. Offered fall and spring. This course is designed to help the student explore and understand the physiological changes that occur during an acute bout of exercise and as a result of chronic physical training. Students will study the role various (e.g., cardiovascular, respiratory, nervous, neuro-endocrine and renal etc.) systems play in maintaining homeostasis during physical activity. In addition, the physiology of physical performance under a range of environmental conditions will also be examined. This course must be taken concurrently with KIN 302L. Prerequisites: KIN 202 and BIO 270 or BIO 370. Corequisite: KIN 302L.

KIN 302L. Exercise Physiology Laboratory. 1 credit. Offered fall and spring. Laboratory in exercise physiology. This course must be taken concurrently with KIN 302. Corequisite: KIN 302.

KIN 303. Motor Learning and Performance. 3 credits. Offered fall. A study of the learning processes underlying performance. Emphasis is given to the application of learning principles in teaching, coaching and rehabilitative settings.

KIN 304. History and Philosophy of Physical Education and Sport. 2 credits. Offered fall and spring. Introductory analysis of various theoretical approaches to the discipline of physical education fitness and sport; brief historical study of the development of school programs and sport; and debates current professional issues.

KIN 306. Human Biomechanics (2, 2). 3 credits. Offered fall and spring. Studies of anatomical, physical and mechanical factors, as these factors affect human movement. This course must be taken concurrently with KIN 306L. Prerequisites: BIO 290 and KIN 202. Corequisite: KIN 306L.

KIN 306L. Human Biomechanics Laboratory. 1 credit. Offered fall and spring. This laboratory course is designed to complement and supplement the lecture course KIN 306. The course will focus on enhancing the student’s laboratory experiences in biomechanics. This course must be taken concurrently with KIN 306. Corequisite: KIN 306.

KIN 310. Instructional Methods in Physical Education. 3 credits. Offered fall. Students will apply the affective, cognitive and psychomotor principles in class management, unit and lesson planning and instructional techniques. This course introduces students to effective teaching strategies and allows application of these through peer microteaching and teaching students in a school setting. Principles of self-evaluation and reflective teaching are reinforced. Prerequisite: Acceptance to the PHETE program. Corequisite: KIN 311.

KIN 311. Elementary Curriculum in Physical Education. 2 credits. Offered fall. Theory and application of games, dance and gymnastic activities compatible with the developmental characteristics of elementary children and the educational objectives of the elementary school. Prerequisite: Acceptance to the PHETE program. Corequisite: KIN 310.

KIN/HTH 312. The Profession of Teaching Health & Physical Education. 2 credits. Offered fall. Introductory study of the roles of the teacher and the learner and the pedagogical content knowledge of health and physical education. An in-depth examination of the unique position and qualifications of the specialist in physical education and health. Systematic observations will occur.

KIN 313. Adapted Physical Education. 3 credits. Offered fall. Principles and procedures for adapting elementary physical education programs for students with physical, emotional and mental limitations. Laboratory experience included. Prerequisite: Acceptance to teacher education. Corequisite: KIN 310.

KIN 314. Assessment in Elementary Physical Education. 3 credits. Offered spring. Introductory study of developmentally appropriate formal and assessment techniques unique to elementary physical education. Prerequisite: Admission to student teaching.

KIN 315. Adolescent Behavior and Health for PHETE. 3 credits. Offered spring. Course is designed to focus on the study of current health status and mental health risks of children and adolescents. Focus on epidemiological trends and behavioral and etiological factors. The application of theory will be made regarding appropriate strategies for health promotion and interventions to reduce specific health problems teachers in public school settings. Prerequisite: Admission to the PHETE program.

KIN/PSYC/SOCI 329. Psychological and Sociological Aspects of Sport. 3 credits. Offered spring. A study of the psychological and sociological implications of sport and the effect of sport on the United States and other cultures.

KIN 332. Introduction to Marketing in the Sport Industry. 3 credits. This course will introduce students to the application of basic principles of marketing and consumer behavior to the managed sport industry (i.e., professional sport, intercollegiate athletics, commercial fitness, sporting goods, etc.). This course will provide a foundation for students to engage in advanced work in marketing, consumer behavior and related fields. Prerequisite: Kinesiology major and KIN 241. Corequisite: KIN 333.

KIN/SRM 333. Management in Sport, Recreation and Fitness Settings. 3 credits. Offered fall and spring. This course will provide students with the knowledge to apply the management principles and theories to specific professional organizations in the sport and recreation industry. Sport and recreation management applications covered include administration principles for specific organizations, human resource management, fiscal management, marketing, and risk management. Prerequisites: KIN/SRM 241.

KIN 353. Maximizing Sport Performance. 3 credits. Offered fall and spring. This course explores current sport psychology theories, models and concepts as they relate to sport behavior and performance. Students examine the theoretical basis of cognitive sport skills and apply the information to the sport environment.

KIN 355. Introduction to Driver Education. 3 credits. An introduction to the task of the motor vehicle operator within the highway transportation system and factors that influence performance ability. Prerequisites: Junior standing and permission of the instructor.

KIN 407/HTH 441. Rehabilitative Biomechanics. 3 credits. Offered fall and spring. This course will examine a variety of biomechanical concepts and applications as related to the health professions. Specific attention will be given to the biomechanical aspects of the musculoskeletal system. Prerequisite: BIO 290.

KIN 410. School Health Content for PHETE. 3 credits. Offered spring. An overview of selected topics in health content required for teacher
candidates preparing to teach health education in public schools. Special emphasis will be on issues relevant to teaching those topics in schools. Prerequisite: Admission to the PHETE program.

KIN 411. Measurement and Evaluation in Kinesiology. 3 credits. Offered fall and spring. The administration and interpretation of measurement and evaluation procedures in kinesiology and recreation.

KIN 423. Exercise Programming for Special Populations. 3 credits. Offered spring. This course will include an in-depth study of the recommended procedures for exercise testing and prescription for non-diseased special populations, children and youth, elderly, women and pregnant women. Corequisites: KIN 302 and KIN 302L.


This course will examine the principles of exercise testing and prescription as they apply to fitness, performance and health. The role-played by the health related components of fitness in performance and health of apparently healthy adults and special populations will be examined. This course must be taken concurrently with KIN 421L. Prerequisites: KIN 302 and KIN 302L. Corequisite: KIN 421L.

KIN 421L. Principles of Exercise Testing and Prescriptions Laboratory. 1 credit. Offered fall.

This laboratory course is designed to complement and supplement the lecture course KIN 421. The course will focus on enhancing the student's exercise testing skills and knowledge with particular attention to preparing the student for the Health/Fitness Instructor Certification examination sponsored by the American College of Sports Medicine. The laboratory (KIN 421L) and lecture (KIN 421) portions must be taken concurrently. Prerequisites: KIN 302 and KIN 302L. Corequisite: KIN 421L.

KIN 424/NUTR 455. Theories and Practices of Weight Management. 3 credits. Offered spring. An examination of the physiological, psychological and environmental theories of obesity. Current trends in obesity research are emphasized. A case study and laboratories are used to provide students with practical experience in constructing a weight management program. Prerequisite: BIO 270, BIO 290, NUTR 280 or permission of the instructor.

KIN 425. Concepts of Strength and Conditioning. 3 credits. Offered fall and spring. Theory and application of coaching concepts in strength/conditioning training including program design, testing and specific techniques for the physical development of athletes. Designed for students interested in working with athletic populations, this course also prepares students for NSCA certification. Prerequisites: 6KIN 100 and KIN 202.

KIN 426. Physical Activity Behaviors. 3 credits. Offered fall and spring. This course will focus on the theoretical and practical applications of behavior change related to healthy lifestyles with an emphasis on physical activity. In addition, course content will include a detailed investigation into the psychological and environmental factors associated with adoption and maintenance of healthy behaviors including a regular physical activity program. Prerequisite: Senior standing.

KIN 428. Advanced Topics in Exercise Science and Leadership. 3 credits. Offered spring. This course is designed to allow students to study specific topics in exercise science and leadership. Topics will be chosen each semester and reflect current research in exercise science related to clinical exercise physiology, human performance and methodologies or trends in exercise science/leadership. May be repeated once (maximum six credits) for credit when course content changes. Prerequisites: KIN 302 and KIN 302L.

KIN 429. Special Topics in Adapted Physical Education. 3 credits. This course provides an in-depth look into specific areas within the field of adapted physical education. This application-based course provides hands-on experiences that allow students to work with individuals with disabilities in a variety of settings.

KIN 434. Ethical and Legal Issues in Sport, Recreation and Leisure. 3 credits. This course is designed to introduce students to current ethical and legal issues of concern to professionals in sport, recreation and leisure studies. Students will examine the impact of these issues on organizational and managerial policies and decision-making. Prerequisites: SRM 325.

KIN 435. Sport Sales and Promotion. 3 credits. Offered fall and spring. This course will examine how promotional activities and sales efforts are closely intertwined and impact upon the success or failure of the sport and leisure industry. Particular emphasis will be placed on ticket sales and sport sponsorship. Prerequisites: SRM 335 and MKTG 360.

KIN 436. Facilities Planning and Management in Sport and Recreation. 3 credits. Offered fall and spring. The purpose of this course is to enhance the understandings and skills necessary to be part of a facilities planning team and assume an entry-level facilities management position. Prerequisites: SRM 335.

KIN 450. Principles of Coaching. 3 credits. Offered spring and fall. Concepts, competencies and principles of coaching as they relate to sports in general. Includes the personal and professional responsibilities of a coach.

KIN 455. Methods in Driver Education (2, 2). 3 credits. Analysis of the rules and regulations governing driver education in the Commonwealth of Virginia with application to program organization and administration, and the development and conduct of learning experiences in the classroom and laboratory. Prerequisites: Valid Virginia operator’s license and KIN 355.

KIN 471. Practicum in Exercise Science and Leadership. 3 credits. A sequence of selected practicum experiences in exercise science and leadership, which provide the student with supervised practicum experience. Formerly KIN 401B. Prerequisite or corequisite: KIN 302.

KIN 472. Practicum in Sport and Recreation Management. 3 credits. A sequence of selected practicum experiences which provides the student with supervised practicum experience in Sport and Recreation Management. Prerequisite: KIN 241 or SRM 241.

KIN 473. Practicum in Coaching. 3 credits. A sequence of selected practicum experiences in coaching, which provides the student with supervised practicum experience in coaching. Formerly KIN 401D.

KIN 474. Practicum in Sport Communications. 3 credits. A sequence of selected practicum experiences which provides the student with supervised practicum experience in sport communications. Formerly KIN 401F.

KIN 480. Student Teaching in Physical Education. 8 credits. Offered spring. A supervised teaching experience at the elementary school setting that provides teacher candidates with opportunities to experience the classroom environment, grow professionally, and develop their pedagogical skills. Prerequisite: Acceptance to student teaching.

KIN 481. Internship in Exercise Science and Leadership. 8-12 credits. A full-time professional experience in exercise and leadership, which affords the opportunity to apply theory and methodology under qualified supervision from the cooperating agency and the university. Students may enroll for an internship experience of 8-12 credit-hours, requiring the student to complete 320-480 fieldwork hours. Prerequisite: Successful completion of all professional courses. Formerly KIN 402B.

KIN 482. Internship in Sport and Recreation Management. 12 credits. A full-time professional experience which affords the opportunity to apply theory and methodology under qualified supervision from the cooperating agency and the university. Prerequisites: SRM 335, SRM 382 and completion of 72 credit hours. Prerequisite: Permission of the department head.

KIN 490. Special Studies in Kinesiology and Recreation. 1-3 credits each semester. Offered fall and spring. Designed to give superior students in kinesiology and recreation an opportunity to complete independent study and/or research under faculty supervision. Prerequisite: Permission of the department head.

KIN 499. Honors. 6 credits. Year course. Offered fall and spring.

Korean

Department of Foreign Languages, Literatures and Cultures

KOR 101. Elementary Korean I(4, 4). 4 credits. Offered fall. The fundamentals of Korean through listening, speaking, reading and writing. Practice in pronunciation and development of comprehension. One hour’s work a week in the language lab. If student has had two or more years of the language in high school he/she will not receive credit for the course.

KOR 102. Elementary Korean II (4, 4). 4 credits. Offered spring. The fundamentals of Korean through listening, speaking, reading and writing. Practice in pronunciation and development of comprehension. One hour’s work a week in the language lab. If student has had two or more years of the language in high school he/she will receive credit for the course. Prerequisite: KOR 101.

KOR 221. Intermediate Korean I (3, 3). 3 credits. Offered fall semester. A thorough review of grammar, vocabulary building, conversation, composition and reading. Prerequisite: KOR 102 or permission of the instructor.

KOR 222. Intermediate Korean II (3, 3). 3 credits. Offered spring semester. A thorough review of grammar, vocabulary building, conversation, composition and reading. Prerequisite: KOR 231 or permission of the instructor.