

# A Strategy for Reading Textbooks

The following formula will help you maximize time spent reading textbooks.

**P** = Preview the pages you plan to review.

**Q** = Question what you intend to take from your study session.

**R3** = Read, Recite, and Review.

## **P = Preview what you are going to read**

- Gives you an idea of what you'll cover during your study session.
- Look for central ideas, main topics, and chapter headings.

## **Q = Question**

- Take some time to think about what you'll learn during your reading.
- The following is a typical question: ♦ "What were the primary factors that led to World War I?"

## **R = Read, Recite, and Review**

- Read - Read the assigned pages.
- Recite ♦ Stop periodically and summarize to yourself what you've learned.
  - Begin the exercise here: "R" is short for read, recite, and review.
- Review ♦ once you're done with the reading, take time to review the main concepts.
  - Begin the exercise here: "The main factors that led to World War I were ..."

## **You Are Finished**

It is also beneficial to review difficult to understand sections once you're done reading. This will increase the efficiency of your study sessions.