

Workplace Readiness Skills for the Commonwealth Pre-school – K Home

Personal Qualities and People Skills

6. **Conflict Resolution:** Negotiates diplomatic solutions to interpersonal and workplace issues

Objective: The child will identify basic emotions.

Activities:

1. Look at pictures in books and magazines of people's expressions and talk about how they feel.
2. Read books about feelings.
3. Acknowledge and help your child identify their emotions during the day (when happy, sad, mad, frustrated, etc.) Use or draw pictures of the feelings that a child may be expressing.

Resources for Activities:

Books – *When Sophie Gets Angry; Where the Wild Things Are; Temper Tantrum Book*