

Workplace Readiness Skills for the Commonwealth Grades 3 – 5 Home

Professional Knowledge and Skills

11. **Health and Safety:** Follows safety guidelines and manages personal health

Objective: The child will identify ways to be clean.

Activities:

1. Parent discusses and models good hygiene.
2. Create a hand washing chart and display it in the bathroom. Practice the steps on the chart.
3. Talk about the importance of being clean – wash hands after touching shopping cart or visiting friends in the hospital.
4. Go shopping with the family and buy personal hygiene products like deodorant, lotion, shampoo, soap, and face cleanser.