COMMUNITY WITH IDEAS

SPRING 2016
The Community with IDEAS Newsletter Committee seeks to explore the many new horizons our university is experiencing, and how those changes can affect our work with students and the support we provide them.
As the great philosopher Bob Dylan said, “The times they are A-Changin’”. That’s the truth. It is not only true for our country, but it is true for JMU as well.

We are increasing our enrollment, expanding our physical plant, hiring more employees, creating new programs, offering more services ... There is a lot of changin’.

A lot of folks like to talk about numbers, especially when it comes to enrollment. So what is in a number? To me a number is about how many relationships we can create, how many lives we can touch, how many experiences we can offer, and how many lives we can transform.

Just for the record, I’m not afraid of increasing numbers! However, we need to be intentional in our efforts. When I came to Madison College as a student, we had D-Hall and Dukes Grill. That was about it. Now we have over 20 eating venues. I was hesitant to have Madison become James Madison University. I didn’t want our school to become big and impersonal. The fact of the matter is that JMU has only gotten better.

The key has been to remain committed to the entire student experience – inside and outside of the classroom. We have created a culture focused on Student Success. The students are why we are all here. We have not lost our focus.

If our students ever feel like a number, then we have lost our way.

So our challenge is this. We cannot manage the institution like it was managed when Madison had an enrollment of 7000 students when I was a student. We have to manage in a different way. HOWEVER, our leadership practices should honor the values and qualities that have shaped our university throughout the years: student centered, integrity, willingness to challenge the status quo, student success, respect, and many others.

One of the hallmarks of JMU is the sense of community. Today, we have to discover new ways of creating community, new ways of creating a sense of belongingness, new ways of challenging and supporting our students. Together we can do that.

The JMU Way has never been about protecting the status quo – that is what makes this a great place to be.

I thank each of you for what you do to transform lives – ours and our students.
We asked the newest additions to the Student Affairs community to reflect on their first year at JMU. Here’s what they had to say...

Describe your first year in Student Affairs at JMU:

Teal Golden, Career & Academic Planning

My first year as a full-time student affairs professional at JMU has provided me with a plethora of opportunities. Even though it’s the second year that I’m working in Career and Academic Planning, being full-time, I have gained even more experience and responsibility. The supportive environment has allowed me to feel confident in my decisions, leadership, and impact I have made on JMU students and the community as a whole.

Tim Maggio, Office of Residence Life

Fast. Time flew by and I cannot believe it’s already at a point where my first year is over. In ORL, I’ve helped bring a new residence hall online and it has been a rewarding and educational experience that I will take with me throughout my professional career. It has also been great getting to know folks across campus at SAUP events where we had professional development or social gatherings. I’m looking forward to a second year!

Mary Healy, University Recreation

Outstanding! The support I have received throughout my transition has been wonderful. I am surrounded by colleagues who share my same passion for student development and support me with my decisions to grow within my department as well as a young professional. James Madison University has impressed me since day one, and I couldn’t feel any more blessed to be a part of such a great division.
a year of...

NEW STUDENT AFFAIRS PROFESSIONALS

We asked the newest additions to the Student Affairs community to reflect on their first year at JMU. Here’s what they had to say...

DESCRIBE YOUR FIRST YEAR IN STUDENT AFFAIRS AT JMU:

JANICE LEWIS, Counseling Center

As a graduate of JMU, it has been both exciting and rewarding to return to the community here on campus. I deeply value the supportive, collaborative team I work with at the Counseling Center. I feel fortunate to work within a center and division that encourages creativity and being proactive in developing new ways to offer support to students.

LAUREN ELLIS, Office of Student Accountability & Restorative Practices

People work at JMU not only because they love the school, but also because they want to make a difference in the lives of our students. I have found my colleagues commitment to be inspirational. I also value the variety of professional development opportunities we have access to from day one. It shows that JMU is invested in us as much as we are invested in it.

KIM JOHNSON, University Health Center

I can’t really believe my first year working in Student Affairs is coming to an end. It’s been an amazing learning experience – I feel affirmed in the work I’m doing, but also recognize the need for continued growth, so I can continue to help students to my fullest capacity. However, I feel extremely fortunate to be working in a field in which I have the opportunity to discuss the issues I care about and to have a meaningful impact on the students I work with.
a year of...

NEW STUDENT AFFAIRS PROFESSIONALS

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Describe your first year in Student Affairs at JMU:

MARIA ARBIZO, ORIENTATION

My first year in SAUP at JMU has been wonderful! This has been my first experience working in Student Affairs - prior to working at JMU, I worked in an Enrollment Management and an Advancement division. I have been blown away by how welcoming and supportive the staff is in SAUP. I know that I depend on a lot of volunteers to help with various parts of my hiring processes, and people in SAUP are always willing and excited to give their time. It’s definitely the thing that I most appreciate about Student Affairs at JMU.
Lesley Eicher and Tia Mann each presented sessions at the Virginia ABC Regional College Tour on April 2, 2016, held at Norfolk State University. The one-day conference attracted students, campus staff, and community partners from around the state. Tia presented in the staff track, discussing evidence-based approaches to substance abuse prevention and services in college settings, including JMU’s very own BASICS program. Lesley presented in the student track, showcasing JMU’s bystander intervention program, Dukes Step Up!

SafeRides held their annual Gala to raise money for their weekend operations. They brought in over $1,000 in donations.

GayMU, held the first week in April, was incredibly successful. There were 4 events held throughout the week, averaging 100 participants for each event.

Bruce Matthias, University Health Center Computer Operations Tech, retired in April. After 5 years of working with the UHC part-time, Bruce is retiring again from JMU. During his time with the UHC, Bruce has been an invaluable part of our ability to serve so many students. He single-handedly has given information technology a good name with his personal touch and unique humor. We wish Bruce the best as he enjoys his retirement spending time with family and enjoying music as both composer and aficionado.

MJ Tennyson, University Health Center Medical Technologist, retires in June. MJ has been with the UHC since 1996 and has been an integral part of our growth. She has run our lab with the highest degree of professionalism. During her time with the UHC, she has successfully managed two facility moves, the demands of a growing student population, and constant changes in medical technology. Throughout, MJ has remained a ray of sunshine for us all. We sincerely wish MJ well as she enjoys retirement with her family, craft projects from Hobby Lobby, and plenty of leisure time.

Dr. Stephen Rodgers, University Health Center Medical Director, retires in July. Dr. Rodgers has been with the UHC for ten years, during which time the business of student health has changed dramatically. The UHC has become a beautiful state-of-the-art facility that he and others worked so hard to achieve. He has been at the heart of many of the positive changes we have experienced in the past decade, and for that, his leadership will be greatly missed as we continue to evolve. This is a sad occasion for all of us and our students, who have enjoyed Stephen’s compassion, spirit of generosity, folksy wit, sartorial splendor, and intelligence. However, this is also a joyous occasion because after so many years of caring for others, Dr. Rodgers gets to kick back and spend quality time with his family, horses, and various farm projects.
In February 2016, 39 members of the UREC Fitness and Group Exercise staff attended the 22nd Annual Southeast Collegiate Fitness EXPO in Asheville, NC. Out of the 39 attendees we had 7 students present. UREC will be hosting the 23rd Annual Southeast Collegiate Fitness EXPO in February 2017. This collegiate fitness conference reaches over 20 schools and will bring in around 500 attendees.

Chris Kinney recently joined ODS in March 2016. Chris received a Masters in Rehabilitation Counseling and a Masters in Library Information Science from the University of Alabama. Chris has worked for over 17 years as a disability services coordinator, assistive technology coordinator, and learning coach at the University of Virginia, Georgia Perimeter College, and the University of North Carolina at Wilmington. Outside of the office, Chris enjoys a number of geekcraft activities: graphic novels, animation, computer gaming, building computer systems, computer graphic arts, and craft beer.

Caitlin Powell, Learning Strategies Instruction (LSI) Graduate Assistant, has been a compassionate and respected peer educator leader for LSI for the past two years. Diane Secord, the LSI coordinator, says, “Caitlin is a remarkable lady. Her sense of humor woven with thoughtfulness and threaded with intelligence makes her an amazing person. She has been instrumental in helping LSI reach out to the JMU community, so students can have academic support.” For the 2016-2017 school year, Caitlin will be interning for the Counseling Center as a requirement for her degree in mental health counseling.

Elizabeth Gonzalez, Learning Strategies Instruction peer educator, is graduating in May. Elizabeth will be missed by the LSI team and ODS. Elizabeth is a change agent because she has the ability to assess and evaluate systems and programs in order to make a positive difference. Elizabeth cares about all students. She constantly reflects on how she serves others in order to be compassionate and knowledgeable when working with the students. Elizabeth will be pursuing a graduate degree in psychology with a concentration in behavioral analysis.
On Saturday April 2nd, 2016, the 5th annual Walk for Hope event was hosted here at JMU. Walk for Hope is an event that unites students, faculty, and staff from James Madison University, Eastern Mennonite University, Bridgewater College, & Blue Ridge Community College, along with area community members to raise awareness about depression and suicide. With over 815 registered participants, the walk was a powerful demonstration of what hope can be offered when we join together. This year’s walk began at the Student Success Center Plaza and progressed through campus to the Godwin Gym, where Dr. Mark Warner welcomed participants. Speakers Angela Carter & Erin Casey shared their experiences, poetry, and messages of hope. Following the speakers, food, creative arts activities, resources, and support were available for those in attendance.

We appreciate all the support and hard work that went into the planning, coordinating, and hosting of this year’s walk. The planning committee consisted of Janice Lewis, Coordinator of Suicide Risk Reduction Outreach from the JMU Counseling Center, along with representatives from EMU, BC, & BRCC. If you are interested in joining next year, the 2017 Walk for Hope will be hosted by EMU on March 25th, 2017. We hope to see you there!

Additionally, the Counseling Center & UREC collaborated under the vision of Dr. Leslie Gerrard to provide the first WILDERNESS THERAPY PROGRAM for Counseling Center clients. Supported by Janice Lewis, Melinda Fox, Meredith Kurtz, and Sam Albert, six students attended a five-day, four-night backpacking trip into George Washington National Forest over spring break. Wilderness activities included backpacking, camp-building, leave-no-trace education, and survival skills. Therapeutic elements included process, inter- and intrapersonal skill building, natural interventions, and self-reflection. It ended with a unique birthday celebration to round out the week. All participants and staff reported a genuine appreciation for the experience. The Counseling Center staff hopes this is the first of many wilderness therapy trips to be offered to JMU students!

Francis (our first Animal Assisted Therapy Dog) welcomed two more four-legged animal therapists to the center. Wicket and Winston are now seeing clients at the Counseling Center!
DEPARTMENTAL UPDATES
The incredible things we do.

Counseling Center

The Counseling Center’s group programs continue to grow to meet the ever changing needs of the diverse James Madison University student groups. Some new programs this year are the First Generation Support Group, TrueSelves Support Group, Students of Color Group, and Family of Origin Group. The participants have reported the support to be invaluable!

The Counseling Center brought “a little magic” to campus with the Mini Horses Outreach Event. Nearly 500 students enjoyed spending time with the “minis” and learning about the benefits of animal assisted therapy and what that entails.

University Unions

Marc Lonett is a new member of the Dux Leadership Center.

Dolley Awards were held on April 13 in Festival Ballroom.

Relay for Life was held on April 15 at Hillside Field.

Career and Academic Planning

CAP Staff volunteered during spring break at Hope Distributed, a local food pantry.

Help us welcome Morgan Vega Gomez, our new Recruiting Assistant.
DEPARTMENTAL UPDATES
The incredible things we do.

ORL welcomes two new staff members: Joy Heinzman joins us from CNU as the Assistant Director for Student Learning Initiatives. Carson Rader-Bell joins us from the JMU Dux Center as the First Year Involvement Coordinator.

We are excited to have them here sharing new ideas and energy.

Steve Dutton was hired as Orientation’s new Associate Director. He will oversee the programmatic elements of Summer Springboard, 1787 August Orientation, and December Transfer Orientation.

Casey Ouren was hired as the Assistant Director of Orientation Systems. She will manage the departmental operations and troubleshooting of the various systems Orientation uses.

In addition, we wish Megan Bourne well as she transitions to a new opportunity as Assistant Director of Marketing at UNC Charlotte. Her work in ORL is appreciated and we will miss her.
AWARDS & RECOGNITION
A little praise for our top quality work.

Yasmin Shahkarami, student group-exercise manager, won the William N. Wasson Student Leadership & Academic Award through the National Intramural-Recreation and Sports Association. This is awarded to top students in collegiate recreation who participate in or are employed by the department and who set the standard for campuses across the country.

Hannah Kotarski, student group-exercise instructor, won the JMU Woman of Distinction award. This is awarded to one female JMU student who inspires the community through her imagination, innovation and dedication.

Sasha Griffith was selected to facilitate the opening “play note” session at the Association of Experiential Education regional conference.

UREC Adventure was awarded the David J. Webb Program Excellence Award by the Association of Outdoor Recreation and Education.

Guy deBrun was awarded the AP Faculty 2016 Diversity Enhancement Award.

Lesley Eicher, Health Education Coordinator, and Phyllis Munn, Women’s Health Nurse Practitioner, were co-published with colleagues in the American College Health Association’s quarterly newsletter College Health in Action. The title of their article is “Clinicians and College Students: The importance of communicating sexual relationships,” which is based on their research with East Carolina University and subsequent presentation at ACHA last May.

Lesley Eicher, Health Education Coordinator, was elected Chair of the Sexual Health Education and Clinical Care Coalition within the American College Health Association. This position provides leadership on sexual health and sexual health education topics to college health professionals nationwide. It is a three-year term.

Congratulations go out to our Assistant Director Steven Krzanowski and D.E.E.P. Impact Peer Educator Donald Jones for being awarded the All Together One Award.
AWARDS & RECOGNITION
A little praise for our top quality work.

Community Service Learning
CSL

Alternative Break Program’s First Annual Senior Convocation:
We created a new tradition among seniors who’ve participated in Alternative Breaks during their JMU career. In order to be the “national model for the engaged university,” service-learning must be recognized and rewarded. To this end, giving graduation cords to graduating students who have participated in an Alternative Break during their undergraduate or graduate career will honor their commitment to service. Beyond honoring their commitment, we also wanted to challenge them to remain engaged in the communities in which they will join post-graduation. As such, we hosted a Senior Convocation. Professor Jay Varner was our keynote speaker and students have had nothing but great things to say about his address. Students who weren’t able to attend the convocation are able to stop by the office to pick up their cords, so they can still be a part of representing the AB community and its efforts toward engagement. Students seem happy to don their cords as part of their graduation regalia and tell others about their AB experience.

Clinical Director, Shirley Cobb LPC, was nominated and has been selected as one of the recipients for this year’s James Madison University “All Together One” award presented by the Madison Circle chapter of Omicron Delta Kappa on April 12, 2016! Congratulations to Shirley for embodying the Spirit of JMU!

Office of Disability Services
ODS

ODS knows how fabulous Diane Secord, the LSI Coordinator is! We are proud that she is the recipient of the 2016 Women of Distinction Award. “Who is a Woman of Distinction”? Diane is a woman who inspires through her imagination, innovation and dedication. A Woman of Distinction motivates others through her exemplary talent and achievements. She has a strong character and sincerity with which she serves others. A Woman of Distinction possesses passion for the people and places that make up her daily life; she breathes life and energy into our office and our community! CONGRATS DIANE!

Counseling Center
CC

Colleen Tennyson, MD was honored with the Community Support Member of the Year Award by the Central Valley Counselors Association and became a Fellow with the American Psychiatric Association.

The Counseling Center won the SAUP Program of the Year award for the new evidenced based treatment programs, #Tackling Anxiety and You’ve Got This. Continuing on with these efforts, Dr. Koon has moved the content to an online format for more accessibility and continues to add programs to the service, most recent Tackling Society for students struggling with social anxiety.

Two full-time Counseling Center staff members recently completed all requirements and successfully passed the EPPP exam to become fully licensed staff Psychologists. Congratulations to Dr. Carolyn Shainheit and Dr. Magali Laitem!

Amisha Pierce completed the Finance & Administration Certification Training in November and was recently promoted to Fiscal Manager of the Counseling Center! Congratulations Amisha!
PERSONAL UPDATES
Inspiring stories from our colleagues.

Office of Residence Life Rosie McArthur has accompanied students as a Learning Partner for Alternative Spring Break for nine years now. This year, she and a group of 11 students had a fantastic ASB week in Parismina, Costa Rica with the ASTOP organization, a group striving to help save endangered sea turtles in a nature reserve. They cleaned up the habitat, made hatcheries along the beach, dug nests, and set up nets to keep out pests. At night, they patrolled the beach watching for turtles and predators. This year, they discovered tracks and a nest made by a Leatherback. They dug up and retrieved 123 eggs and transported them to the hatchery.

Office of Residence Life Pam Steele attended two alternative break trips this year. One in January (AJB) to South Bend Indiana, to work with Dismas House. Dismas House is an organization that works with individuals recently released from incarceration to get reengaged with the community. This is her third trip in two years to Dismas. She also went on an ASB to Los Angeles, CA to work with Aids Project, LA and Being Alive. Both of these agencies work with individuals who are HIV-positive and to educate others on this issue.

Scott Mersiovsky (former UREC Technology Manager) took a position in the family business in Fredericksburg, VA and left JMU in January. Taylore Moore has joined the UREC staff as the new Technology Manager and started late March. Taylore has a degree from UVA and is currently working on her Master’s degree in Educational Technologies! Welcome Taylore!

Sorry to learn that Suzanne Kelly will be moving this summer to Nashville with her husband Jim Kelly. We wish them both all the best.
This past spring break, Chris Ehrhart, went as a learning partner on SafeRides' Alternative Spring Break trip to New York City, in which they worked with organizations throughout the week providing support to New York's homeless population.

Rich Harris, Director of Community Service-Learning retires in August:

Mr. Rich A. Harris is synonymous with Service-Learning and community engagement at JMU. Under his passionate and capable leadership, JMU is now considered the premiere institution of experiential education in higher education. For example, the award-winning Alternative Break Program, established by Rich, continues to provide transformational immersion opportunities for students, faculty and staff (domestic and abroad).

Now, with over twenty years of service to the JMU community, Rich plans to retire August 1, 2016. It is with a deep sense of appreciation and admiration that the staff of Community Service Learning reflects on Rich’s decision to retire. Fortunately, he plans to continue as a committed resource to the JMU community as an advocate for social justice and community engagement.

We celebrate the life achievements of Rich with Community Service-Learning. He will now have time to continue the quest to become “the most interesting man in the world.” Rich is clearly one-of-a-kind.
Wedding Announcements
Somebody has a new ring to show off!

Amisha Pierce is excitedly anticipating her marriage to Justin Anderson. The wedding will be held on June 25, 2016.
FUTURE DUKES
Continuing the tradition one adorable baby boot at a time.

Margaret Rae Ohgren was born March 24, 2016 to RJ & Kim Ohgren.

Chandra Lane and her husband Mark (who works in Carrier Library) welcomed Matthew Glenn into the world in March 2015.

Shelly Laurenzo and her husband Eric welcomed Asher Harris in September 2015.

Colleen Tennyson (Psychiatrist) and Steven Tennyson (Building Automations Supervisor) welcomed precious Teresa in March 2015.
Sarah Sunde, Director of Orientation, and Madison Holzman, a doctoral student in the Assessment and Measurement program, presented the session “Enhancing Student Learning: A Multi-year Implementation Fidelity Assessment of Orientation” at ACPA in Montreal. The session was sponsored by the Commission for Assessment and Evaluation.

Office of Residence Life Karen Sampson is co-facilitating a Training & Development class. Encourage anyone in Student Affairs to attend!

Course Name: When the Customer ISN’T Right

Course Code: TD1065

Description: Count to 20. Take a deep breath. Don’t take it personally. We’ve all heard it. But how do you do it? Although we all value our customers, there are times when we can feel our blood pressure rising and we notice the tone of our voice beginning to change. In this workshop, we will study those challenging customers and create strategies to serve them effectively.

Presentation Updates:

Amanda Saccone (Group Exercise Graduate Assistant): Presented at the 22nd Annual Southeast Collegiate Fitness EXPO in Asheville, NC and NIRSA Region II conference in Greenville, SC.
A Community with IDEAS is your bi-annual newsletter. We welcome any comments and suggestions you might have.

To submit an article, share photographs, or announcements, please contact any of the Community with IDEAS committee members.

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We look forward to hearing from you!