



Lifelong Learning Institute Spring 2012 Program Guide

Session A: January 30 – March 2, 2012

Session B: March 12 – April 13, 2012

Session C: May 14 – June 15, 2012

The staff, advisory board and committees of the James Madison University-Lifelong Learning Institute (JMU-LLI) are pleased to present the Spring 2012 LLI Program Guide. The Institute offers diverse and interesting non-credit classes. The program features two five-week sessions, with a variety of classes in each session. Classes are led by various faculty and community persons who are experts in their field. There are also trips, social events and brown bag learning lunches. There are no exams or grades in the courses, just a sharing with others in the interest of learning.

Please be sure to read page 19 for information concerning our weather policy.

James Madison University and the Lifelong Learning Institute office will be closed between December 22 and January 2. As always, any registrations received during this time will be processed according to the post office date stamp when the office reopens.

We are pleased to be able to accept Mastercard, Visa, and Discover credit cards at this time. For all lottery classes you wish to enter, please do not include payment for those classes until you have been informed you are in them.



JAMES MADISON UNIVERSITY

Lifelong Learning Institute

Preview and Reception

Thursday, January 19, 2012

(Snow date: January 24, 2012)

1:00 p.m.

Gilkerson Activity Center, Westover Park

305 S. Dogwood Drive

Harrisonburg, VA

Spring 2012 At-A-Glance

Session A: January 30 – March 2

*denotes different day, time or frequency

^limited space available

Monday

- 9:00-11:00 am** Moon Rocks to Microwaves: Astronomy in the Space Age (S12A1) Room 201, National College, 1515 Country Club Rd., Harrisonburg
- 1:00-3:00 pm** ^ **Get to Know YOUR Digital Camera (S12A2)** Gilkerson Activity Center, Westover Park, 305 S. Dogwood Dr., Harrisonburg
- 3:30-5:30 pm** *^ **Computer Software Maintenance and Operation for Windows 7 Users (S12A3)** (Limited to 10 participants, selected by lottery) Blue Ridge Hall, Room 334, 601 University Blvd., Harrisonburg

Tuesday

- 9:00-11:00 am** **Hot Potatoes 12.0: Topics for the 2012 Election Season (S12A4)** Gilkerson Activity Center, Westover Park, 305 S. Dogwood Dr., Harrisonburg

Wednesday

- 9:00-11:00 am** **Towers, Steeples & Domes: Five Great Cathedrals as Artistic and Cultural Icons (S12A5)** Room 206, National College, 1515 Country Club Rd., Harrisonburg
- 1:00-3:00 pm** **The Stuff of Legend, Folklore, and Song, “A Feudin’ and a Fussin’ and a Fightin’!” (S12A6)** Alleghany Room, Highlands Building, Sunnyside Retirement Community
- 1:00-3:00 pm** **Spiritual Legacy, Ethical Wills (S12A7)** Beth El Congregation, 840 Old Furnace Road, Harrisonburg

Thursday

- 9:00-11:00 am** ^ **Learning the Guitar: History & Techniques (S12A8)** Music Room, Simms Center, 620 Simms Ave., Harrisonburg
- 9:00-11:00 am** ^ **Exploring Watercolor Techniques – Let’s Get Creative (S12A9)** Village Hall, Virginia Mennonite Retirement Community, 1481 Virginia Ave., Harrisonburg
- 1:00-3:00 pm** ^ **SING! A Voice Class (S12A10)** Emmanuel Episcopal Church, 660 S. Main St., Harrisonburg
- 3:30-5:30 pm** * **New Horizons Band (S12NHB)** Music Building, Room 108, JMU campus

Friday

- 9:00-11:00 am** **A Guide Through the New Testament – Our View of Jesus, Paul and the Early Church (S12A11)** Blessed Sacrament Catholic Church, 154 N. Main St., Harrisonburg
- 1:00-3:00 pm** **Set the Record Straight: Writing What You Know (S12A12)** Room 201, National College, 1515 Country Club Rd., Harrisonburg

Session B: March 12 – April 13

*denotes different day, time or frequency

^limited space available

Monday

- 9:00-11:00 am** **Mennonites in the Valley (S12B1)** Park View Mennonite Church, 1600 Park Ave., Harrisonburg
- 1:00-3:00 pm** **Power and Ideals: All the Kings Men (S12B2)** Room 333, Blue Ridge Hall, 601 University Blvd., Harrisonburg
- 1:00-3:00 pm** **The Colonial History of the Shenandoah Valley (S12B3)** Sunnyside Room, Sunnyside Retirement Community, 3935 Sunnyside Dr., Harrisonburg

Tuesday

- 9:00-11:00 am** **The Israeli/Palestinian Conflict Through the Arts (S12B4)** Hiner Room, Memorial Hall, 395 S. High St., Harrisonburg
- 1:00-3:00 pm** **Tell Me the (Other) Stories of Jesus (S12B5)** Gilkerson Activity Center, Westover Park, 305 S. Dogwood Dr., Harrisonburg
- 1:00-3:00 pm** **Grave Tidings! (S12B6)** First class at the Harrisonburg-Rockingham Historical Society Museum, 382 High St., Dayton

Wednesday

- 9:00-11:00 am** **The Modern Middle East Through Its Literature (S12B7)** National College, 1515 Country Club Rd., Harrisonburg
- 1:00-4:00 pm** ^ **Golf With a Shotgun: Learn the Game of Sporting Clays (S12B8)** First class Blue Ridge Hall, 601 University Blvd., Harrisonburg
- 2:00-4:00 pm** * **Foundations of Music Theory I: The Three R's (S12B9)** Room 333, Blue Ridge Hall, 601 University Blvd., Harrisonburg

Thursday

- 9:00-11:00 am** **Bad Boy Jacob 'n His Bodacious Babes (S12B10)** Gilkerson Activity Center, Westover Park, 305 S. Dogwood Dr., Harrisonburg
- 9:00-11:00 am** **Rooms of Their Own: Short Stories by Women (S12B14)** Detwiler Auditorium, Virginia Mennonite Retirement Community, 1481 Virginia Ave., Harrisonburg
- 1:00-3:00 pm** **You Are What You See: How Every Movie Mirrors Its Society (S12B11)** Mack A Room, Houff Community Center, Bridgewater Retirement Community
- 1:00-3:30 pm** **Legends of the Blue Ridge and Shenandoah River (S12B12)** Course begins April 26. Elkton Recreation Center, 20593 Blue and Gold Dr., Elkton
- 3:30-5:30 pm** * **New Horizons Concert Band (S12NHB)** Music Building, Room 108, JMU campus
- 7:00-8:30 pm** * **Planning a Trip to Israel (S12B13)** Beth El Congregation, 840 Old Furnace Rd., Harrisonburg

Friday

- 9:00-11:00 am** **Songs of the Mute Stones: Greek Mythology and Archaeology (S12B15)** Room 201, National College, 1515 Country Club Rd., Harrisonburg
- 1:00-3:00 pm** ^ **Taking Photos that are More Than Memory Prompts (S12B16)** Gilkerson Activity Center, Westover Park, 305 S. Dogwood Dr., Harrisonburg
- 3:00-5:00 pm** * **Beer Matters: Beer and Beer Culture from Antiquity to the Present (S12B17)** Room 201, National College, 1515 Country Club Rd., Harrisonburg

Session C: May 14 – June 15

*denotes different day, time or frequency
^limited space available

Monday

- 9:00-11:00 am** ^ **Brew Your Own Beer (S12C1)** First class in Glen Pavilion, Sunnyside Retirement Community, 3935 Sunnyside Dr., Harrisonburg
- 1:00-4:00 pm** * ^ **Ten "Top X" Lists to Make the Most of Your MAC Laptop (S12C2)** Room 333, Blue Ridge Hall, 601 University Blvd., Harrisonburg

Tuesday

- 9:00-11:00 am** **Courage, Honor, and Dignity in a Chaotic World – Beowulf: The First English Epic (S12C3)** Hiner Room, Memorial Hall, 395 S. High St., Harrisonburg
- 1:00-3:00 pm** **Great American Songwriters: From Berlin to Bacharach (S12C4)** Mack A Room, Houff Community Center, Bridgewater Retirement Community, Bridgewater
- 1:00-3:00 pm** **Movies About Movies! (S12C5)** Hiner Room, Memorial Hall, 395 S. High St., Harrisonburg

Wednesday

- 10:00-12:00noon** * **Let's Wing It! Butterflies (S12C6)** Room 334, Blue Ridge Hall, 601 University Blvd., Harrisonburg
- 2:00-4:00 pm** **Foundations of Music Theory II: It's Not Rocket Science (S12C7)** Room 333, Blue Ridge Hall, 601 University Blvd., Harrisonburg

Thursday

- 1:00-3:00 pm** **Delicious Desserts From Our Kitchen – A Taste of Country Home-Cooking (S12C8)** Marjorie Shank residence
- 1:00-3:00 pm** **Movies About Movies! (Lab) (S12C5)** Hiner Room, Memorial Hall, 395 S. High St., Harrisonburg

Friday

- 9:00-11:00 am** **Recording and Sharing Your Family Stories (S12C9)** WMRA Conference Room, 983 Reservoir St., Harrisonburg

Common Interest Groups

Music-Theater - various performances

Art Interests – first Wednesday of each month 10:00am-12:00noon, Beth El Congregation, 840 Old Furnace Road, Harrisonburg

Classic Book Group - second Fridays, 10:00 am

Jazz Band – meets Tuesdays, 4:00-6:00pm

A Genealogy group is just forming; call the office for more information

If you are interested in starting or becoming a member of a common interest group, please call the LLI office at 540-568-2923.

Course Descriptions

Session A

January 30 – March 2

S12A1 Moon Rocks to Microwaves: Astronomy in the Space Age

Day/Time: Mondays, 9:00 – 11:00 am

Dates: January 30, February 6, 13, 20, 27

Location: National College, Room 201, 1515 Country Club Rd., Harrisonburg

Description: Since the launch of Sputnik in 1957, human understanding of the cosmos has been transformed through hundreds of scientific space missions involving the efforts of thousands of people. This scientific progress has been funded by the citizens of the United States and about a dozen other nations. Which old astronomical puzzles have been solved? How have some questions been answered and other questions rephrased? What new kinds of objects have been discovered? In this course, we'll look at what has been learned about the (1) Earth and Moon, (2) The Solar System, (3) The Lives and Deaths of Stars, (4) The Milky Way and Other Galaxies, and (5) The Structure and History of the Universe.

Instructor: LLI member **Bill Ingham** grew up in western New York State and attended college in Cambridge, Massachusetts. His graduate study was in physics and astronomy. He was a faculty member at JMU for 34 years, teaching a wide variety of courses in physics, astronomy, the Honors program, and the history of science. He has previously taught an LLI course entitled "Einstein Lived Here."

S12A2 Get to Know YOUR Digital Camera (Limited to 14 participants)

Day/Time: Mondays, 1:00 – 3:00 pm

Dates: January 30, February 6, 13, 20, 27

Location: Gilkerson Activity Center, Westover Park, 305 S. Dogwood Dr., Harrisonburg

Description: This is a basic course targeted at those new to digital photography. The bulk of each class will be spent "finding" the right buttons to get GREAT pictures consistently. Although they will be introduced, less emphasis will be on the fundamentals of light and composition. Hands-on time is spent on the practical since the new digital cameras do a lot of the "thinking" for us if we only know which buttons to set and use. The small class size allows for plenty of time to address individual questions and any type digital camera. Bring your fully charged camera to every class.

Instructor: LLI member **Gail Napora** has been leading photography-related courses in the community and at LLI since 2007. She has been taking photographs since she was 12, starting with an instamatic, and going on to take undergraduate courses in photography when film was still the predominant method. Gail loves sharing her enthusiasm and is able to simplify the seemingly complex.

S11A3 Computer Software Maintenance and Operation for Windows 7 Users (Limited to 10 participants, selected by lottery)

Day/Time: Monday, Wednesday, Friday, Tuesday, Thursday (3:30-5:30p.m.), (Note different time)

Dates: February 20, 22, 24, 28 and March 1 (Note different start date)

Location: Room 334, Blue Ridge Hall, 601 University Blvd., Harrisonburg

Participants for this class will be chosen by drawing. Do not enclose payment with registration form. Payment will be requested at the time of notification.

Description: This course will address a little of everything including computer hardware, set up and normal operation. The main emphasis will be on computer applications used to maintain optimum performance. It is geared toward enabling users to better customize a personal computer, understand the fundamentals of how the computer works, and maintain the computer in optimum running order. Additionally, we will cover how to setup and best manage e-mail connections (i.e. Outlook Express and Outlook). The curriculum may be extremely diversified depending on questions asked by the students. This course is specifically for PC computers, **NOT FOR MAC USERS!**

Instructor: Kenton “Mac” McMillen began his training in computers while serving in the United States Navy. In September 2002, Mac joined the Information Technology team at JMU and is currently employed as a Computer Support Technician for Technical Support East Campus (TSEC).

S12A4 Hot Potatoes 12.0: Topics for the 2012 Election Season

Day/Time: Tuesdays, 9:00 – 11:00 am

Dates: January 31, February 7, 14, 21, 28

Location: Gilkerson Activity Center, Westover Park, 305 S. Dogwood Dr., Harrisonburg

Description: This is a course for the political aficionado as well as those who want to become more familiar with the issues shaping the 2012 election. Suggested topics include the national debt, entitlements and the social safety net, the appropriate role of the national government, interpreting the Constitution, immigration, the impact of the tea party, health care, and liberalism vs. conservatism. Others may be suggested by the class. Class format will consist of an opening statement defining the specific topic of the day followed by an open-ended exploration and discussion. Resolution of the daily topic is not a course objective. Course materials include newspapers, weekly news magazines, all forms of opinion pieces and current events journals. These can be located in area public and college libraries or online.

Instructor: Dr. David McQuilkin, a retired Professor Emeritus of History and Political Science from Bridgewater College, has taught history, government, and politics for almost 40 years and is currently teaching a course on the American Political System at Blue Ridge Community College.

S12A5 Towers, Steeples & Domes: Five Great Cathedrals as Artistic and Cultural Icons (Limited to 20 participants)

Day/Time: Wednesdays, 9:00 – 11:00 am

Dates: February 1, 8, 15, 22, 29

Location: National College, Room 206, 1515 Country Club Rd., Harrisonburg

Description: A comprehensive look at the artistic, political, and social history of five great cathedrals in England, France, Italy, and Turkey: Westminster Abbey in London, Notre Dame in Paris, Santa Maria del Fiore in Florence, Saint Peter’s in Rome, and Hagia Sophia in Istanbul. These buildings are approached as organisms which developed over centuries and reflect changes in religion and society, each as a house of worship for Protestants, Catholics, or Muslims. Then we will consider later additions and new decoration that altered their characters. Finally we will explore why each of these buildings is not only an important historical landmark, but also symbolic of their city and in most cases, a national cultural icon.

Instructor: **Kay Arthur** headed art history and taught Gothic architecture and Italian Renaissance art at JMU for 32 years. She also founded the JMU Semester in Florence and served as director of International Programs. She has lived in Italy and England and continues to research and write about their art and culture.

S12A6 The Stuff of Legend, Folklore, and Song, “A Feudin’ and a Fussin’ and a Fightin’!”

Day/Time: Wednesdays, 1:00 – 3:00 pm

Dates: February 1, 8, 15, 22, 29

Location: Alleghany Room, Highlands Building, 3935 Sunnyside Dr., Harrisonburg

Description: The term “feud” is often written and glamorized in fact and fiction. It’s featured in oral tradition, plays, movies and cartoons, and the written word and song.

It describes violence between kin, neighbors, the sexes, rivals, business partners, and strangers. This is a study in cultural history of contentious hostility, social discord, old world vendettas, land and property disputes and sometimes just plain “cussedness!” Mel Lee will lead one of our classes introducing some of the new and old world ballads and songs dealing with the theme of conflict music. We will focus on the eastern United States, especially the Appalachian and Kentucky regions, as well as touch on the “Old World” history of these actions. We’ll see where the Dark and Bloody trail leads us – it may surprise you!

Instructors: **LLI member Sandra Conrad** is a 13-time past presenter for LLI, past and present member of the Curriculum Committee, and a self-described history buff with a BA in Design and a retired ASID member.

Mel Lee is a Traditional folk music historian, local public radio personality and host of *Mel’s Song Bag*.

He is a past presenter for LLI and member of *Nonesuch*, performers of old time and traditional music.

LLI member Jim Lawson is a past presenter for LLI focusing on his mountain heritage, the Shenandoah National Park, where he volunteers, and the Blue Ridge and Mountain cultures. Jim is a retired statistician from USDA and a Master Naturalist.

S12A7 Spiritual Legacy, Ethical Wills (Limited to 20 participants)

Day/Time: Wednesdays, 1:00-3:00 pm

Dates: February 1, 8, 15, 22, 29, March 14, 21, 28, April 4, 11

Price: \$70.00

Location: Beth El Congregation, 840 Old Furnace Road, Harrisonburg

Note: this class will continue into the B session

Description: This A and B session (10 week) seminar style course will look at examples of Spiritual Legacy/Ethical Wills – documents that pass on a person’s values and thoughts about what is important. We will discuss what such a document might be and what might be included. Participants will write a draft of their own Spiritual Legacy/Ethical Will. Sharing the documents in class will assist members in improving and clarifying their work.

Required Reading: *So That Your Values Live On: Ethical Wills and How to Prepare Them*, Jack Riemer and Nathaniel Stampfer, Schocken Books, 1994.

Suggested Reading:

1. *Ethical Wills: A Modern Jewish Treasury*, edited and annotated by Jack Riemer and Nathaniel Stampfer. Schocken Books, 1983.

2. *Living Jewish Life Cycle: How to Create Meaningful Jewish Rites of Passage at Every Stage of Life* by Goldie Milgram. Chapter 8.

3. *Gluekel of Hameln*. Contact Rabbi Joe for citation information – this book is both pricey and difficult to find.

Instructor: **Rabbi Joe Blair** is the spiritual leader of the Harrisonburg and Staunton Jewish communities, splitting his time between the two congregations. He has served as an adjunct faculty member and instructor at local colleges and universities. He has taught adult education, LLI courses and other classes on a variety of topics.

S12A8 Learning the Guitar: History & Techniques (Limited to 10 participants, selected by lottery)

Day/Time: Thursdays, 9:00 – 11:00 am

Dates: February 2, 9, 16, 23, March 1

Location: Music Room, Simms Center, 620 Simms Ave., Harrisonburg

Participants for this class will be chosen by drawing. Do not enclose payment with registration form. Payment will be requested at the time of notification.

Description: *Learning the Guitar* is a beginning music course designed to explain the origins of the many types of guitar styles and their role in shaping the music they touch. Starting with a brief study of the ancient predecessors of the guitar, the course will define and explain the varying approaches guitarists have developed. This course will give the student a chance to observe basic techniques of playing. How to play the chords to simple songs will be discussed and an overview of the different types of guitar notation will be offered. The instructor will demonstrate the different styles of guitar played today and in the past century using new and vintage instruments.

Note: Due to the limited time frame, complete “hands-on” instruction can’t be offered. This course is a wide and basic overview which should leave the student with knowledge of the basic skills necessary to play the guitar. You may bring your own guitar if you have one, others will be available.

Instructor: Robert Driver has been a blues performer/instructor for the past 35 years and a full-time guitar instructor/performer since 2002. Over the years, his music has been used on local television and radio spots, and he has performed on recording projects for himself and others. Most recently, he conducted a Piedmont blues guitar workshop in conjunction with the 2008 Appalachian Folk Music Festival hosted by noted folklorist Mike Seeger. He is a featured performer for the weekly radio show, “Blues Valley,” on NPR affiliate WMRA in Harrisonburg.

S12A9 Exploring Watercolor Techniques – Let’s Get Creative! (Limited to 12 participants, selected by lottery)

Day/Time: Thursdays, 9:00 – 11:00 am

Dates: February 2, 9, 16, 23, March 1

Location: Village Hall, Virginia Mennonite Retirement Community, 1481 Virginia Ave., Harrisonburg

Participants for this class will be chosen by drawing. Do not enclose payment with registration form. Payment will be requested at the time of notification.

Description: The first two classes will explore Kathie George’s “Batik” technique. We will then explore pouring liquid watercolor in an abstract fashion and work with positive and negative shapes. Rice paper and watercolor paper will be used, as well as watercolor paint. Students should bring their own watercolor paints, brushes and paper.

Suggested Reading: *Watercolor Artist Magazine*, August 2011 (Kathie George) and October 2011 (Brenda Swenson).

Additional Fee: \$15, payable to the instructor, will buy one sheet of rice paper, wax and other supplies. Additional paper may be available at \$5 per sheet.

Instructor: LLI member Peg LaRosa is a retired art teacher in the public schools – now just having fun.

S12A10 SING! A Voice Class (limited to 12 participants, selected by lottery)

Day/Time: Thursdays, 1:00 – 3:00 pm

Dates: February 2, 9, 16, 23, March 1

Location: Emmanuel Episcopal Church, 660 S. Main St., Harrisonburg

Participants for this class will be chosen by drawing. Do not enclose payment with registration form. Payment will be requested at the time of notification.

Description: Voice Class welcomes singers with varied levels of experience, including those who have never had private lessons. A comfortable, supportive environment is provided for you to explore your voice and work on vocal technique as well as song repertoire. This class is tailored for your specific vocal goals, skills, and comfort level. Singers will learn effective vocal warm-ups, explore vocal health, and experience a variety of vocal music, including classical, sacred, folk, vocal jazz, and musical theatre. **Required: purchase of one published book of vocal solos, after consultation with instructor. Optional, recommended: Winning Warm Ups vocal CDs, \$15 for CD and booklet.**

Instructor: Linell Gray Moss has taught Voice Class to adults and youth, in college and universities and for church musicians, classical and popular singers, and actors. She directs choirs in diverse settings and is a cantorial soloist in Christian and Jewish faiths. Moss holds a D.M.A. in Choral Conducting from the University Of Cincinnati Conservatory Of Music.

S12NHB - New Horizons Concert Band

Day/Time: Thursdays, 3:30-5:30 p.m. (Note new time)

Dates: January 19 (no class 3/8) – April 19

Location: Music Building, Room 108, JMU Campus

Cost: \$130 for the entire 13 weeks or pro-rated per semester

Description: New Horizons Music programs provide entry points to music making for adults, including those with no musical experience at all and those who have been inactive for a long time. Small group instruction and practice allow members to develop or redevelop their skills and allow each person the opportunity to play band arrangements. The cost of instruments varies and rent-to-own programs are available at stores around town.

The New Horizons concept of making music provides a non-intimidating environment for you to begin or to resume playing an instrument. It offers you the chance to play the instrument you have always dreamed about and to progress at your own rate. You can even practice with the band for a couple of weeks free before you commit!

Course Leader: Will Dabback holds degrees in music education from West Chester University and the University of Rochester's Eastman School of Music (M.M., 2000, Ph.D. 2007). He served as an instructor and conductor of the New Horizons program at the Eastman School of Music in Rochester, NY, which was the first such program in the country. He currently teaches at JMU.

S12A11 A Guide Through the New Testament – Our View of Jesus, Paul and the Early Church

Day/Time: Fridays, 9:00 – 11:00 am

Dates: February 3, 10, 17, 24, March 2

Location: Blessed Sacrament Catholic Church, 154 N. Main St., Harrisonburg

Description: The New Testament is the most widely read piece of literature in the world, but how did it get here? Are there other places to get a glimpse of Jesus? Why “Four” Gospels? Where does Paul enter into the Life of Christianity? These and other questions will be explored as we examine the roots and literature of a faith tradition first called “The Way”. **Suggested Reading:** any version of the *New Testament*.

Instructor: Fred LaSpina graduated from University of Georgia with a pre-divinity degree, received an M. Divinity from Emory University and has taught religion at JMU for 25 years.

S12A12 Set the Record Straight: Writing What You Know

Day/Time: Fridays, 1:00 – 3:00 pm

Dates: February 3, 10, 17, 24, March 2

Location: National College, Room 201, 1515 Country Club Rd., Harrisonburg

Description: Whether you want to write your autobiography, compile your family history, or simply write because you want to “set the record straight” in some way, this course will get you started. As

much as possible, students will be encouraged to write what they are really interested in, to share their ideas and successes, and to plan what they want and need to do with their “manuscript”.

Instructor: **Dorothy Boyd-Bragg**, Ph.D., has previously taught a variety of courses for LLI, including the personalities of the Tudor-Stuart rulers of England, writing your memoirs, ancient Egypt, and various genealogical offerings.

A special thanks to the **Curriculum and Social Committee** members for their hard work and dedication. With their help and suggestions, members of the JMU-LLI continue to enjoy a variety of classes, brown bag lunch sessions, and trips, which contribute to the joy of living and learning.

Curriculum Committee

Bill Painter, chairperson
Jayne Rynar
Beverly Moore
RoxAnna Theiss
Nancy Owens
Anna Rose Geary
Eileen Nelson
Don Krech
Sandra Conrad
Linda Bradley

Social Committee

Nancy Salem, chairperson
Bill Dent
Charles Campbell
Beth Wampler
Gerri Rigney
Nancy Owens

Course Descriptions

Session B

March 12 – April 13

S12B1 Mennonites in the Valley

Day/Time: Mondays, 9:00 – 11:00 am

Dates: March 12, 19, 26, April 2, 9

Location: Park View Mennonite Church, 1600 Park Ave., Harrisonburg

Description: If you are new to the Valley, this class is a must to attend. This will be an up-close and personal look at the history and distinctive practices of various Mennonite communities in the Valley. Several field trips will augment class lectures and discussions. Transportation will be on your own.

After 15 years of teaching this class, Harvey is looking for a replacement, so this will be the last chance to take the course with him!

Instructor: LLI member **Harvey Yoder** grew up in an Amish family and attended Eastern Mennonite University as well as JMU. He has a seminary degree and a Master’s degree in psychology, and is a professional counselor and Mennonite minister.

S12B2 Power and Ideals: *All the Kings Men* (Limited to 12 participants selected by lottery)

Day/Time: Mondays, 1:00 – 3:00 pm

Dates: March 12, 19, 26, April 2, 9

Location: Blue Ridge Hall, Room 333, 601 University Blvd., Harrisonburg

Participants for this class will be chosen by drawing. Do not enclose payment with registration form. Payment will be requested at the time of notification.

Description: Perhaps America's finest political novel, Robert Penn Warren's *All the King's Men* raises enduring questions of means and ends, power and values, the force of circumstances versus personal responsibility.

Required Reading: *All the Kings Men*, the Harcourt Brace edition is suggested.

Instructor: LLI member **Robert F. Geary** is a retired professor of English at JMU, where he taught for 37 years.

S12B3 The Colonial History of the Shenandoah Valley

Day/Time: Mondays, 1:00 – 3:00 pm

Dates: March 12, 19, 26, April 2, 9

Location: Sunnyside Retirement Community, Sunnyside Room, 3935 Sunnyside Dr., Harrisonburg

Description: This course will consider the German, Scotch-Irish, and English settlers who came to the Valley during the Colonial Period. Specific attention will be given to the social, economic, political, and religious factors which marked early life in the Valley. **A fieldtrip to the Frontier Culture Museum will be conducted if participants desire to make the trip. An admission may be charged if the trip is planned.**

Instructor: **Charles Blair** is a retired JMU professor who has devoted his retirement to the study of Valley history. He is active in local historical societies and has written a book and several articles related to the area. He has taught LLI classes since the program was organized 15 years ago.

S12B4 The Israeli/Palestinian Conflict Through the Arts

Day/Time: Tuesdays, 9:00 – 11:00 am

Dates: March 13, 20, 27, April 3, 10

Location: Memorial Hall, Hiner Room, 395 S. High St., Harrisonburg

Description: The arts provide a unique and powerful mirror and expression of a people and nation, their hopes and fears and conditions of daily life. Through music, poetry and literature, theater and dance, and the visual arts of architecture, community design, painting and sculpture, we will explore the Israeli/Palestinian conflict as it is embodied in these wide-ranging creative works. Like the conflict itself, the time span of these artworks will be from the ancient world to the present.

Instructor: A JMU Emeritus Professor of Art and Art History, **Bob Bersson** continues to teach in the JMU Honors Program as well as the Lifelong Learning Institute. His recent focus has been on the Israeli/Palestinian Conflict, plumbing its complexities through film, the arts, religion, history, and political science. He is also a founder and coordinator of the local organization, Interfaith Initiative for Peace and Justice and has hosted a monthly film series on the Israeli/Palestinian conflict at Clementine's Café in downtown Harrisonburg.

S12B5 Tell Me the (Other) Stories of Jesus

Day/Time: Tuesdays, 1:00 – 3:00 pm

Dates: March 13, 20, 27, April 3, 10

Location: Gilkerson Activity Center, Westover Park, 305 S. Dogwood Dr., Harrisonburg

Description: Many writings tell stories about Jesus not found in the New Testament. This course will introduce, among others, the "Gospel of Thomas" which some think older and more accurate than the Gospels in the Bible; the "Gospel of Philip", cited by those who insist that Jesus and Mary Magdalene were lovers; and the "Gospel of Mary", which shows Mary as a strong leader known as "The apostle to the apostles". An awareness of such early writings gives a new perspective on how we moved from the first followers of Jesus to the organized Christian church. We may have a visit from a scholar who has drawn on the work of the "Jesus Seminar" to write a provocative book in this area.

Instructor: LLI member **William (Bill) Painter** is a retired Presbyterian minister, with graduate education at Union Presbyterian Seminary and San Francisco Theological Seminary. He has previously taught several LLI courses.

S12B6 Grave Tidings! (Limited to 20 participants)

Day/Time: Tuesdays, March 13, 1:00-3:00 pm, March 20, 27 & April 3, 12:30 – 3:30pm

Dates: March 13, 20, 27, April 3

Location: First class at the Harrisonburg Rockingham Historical Society Museum, 382 High St., Dayton

Description: Join Diane Holsinger and Sandra Conrad with guest speaker Dale MacAllister and journey through country grave yards, small family burial grounds and important cemeteries. Dale will lead our first class and discuss background histories and important people of these sites. He will talk about burial peculiarities, mysteries and humor and the symbolism of grave stone markings. Diane will guide us on our outings and make the cemeteries “come alive” with spring wildflowers, migratory birds, and lichens, “what is that creeping cemetery plant?” Sandra will speak on 18th, 19th and 20th century funerary and burial practices, superstitions and beliefs, and direct tomb rubbing demonstration and exercise. Perhaps a local ghost story or two will appear. **There will be a \$5 fee for tomb rubbing supplies paid to Sandra at the first class.**

Instructor: **Dale MacAllister** is the past President and contributor to Harrisonburg-Rockingham Historical Society. He is also editor and writer of the Shenandoah Valley Folk Life Society newsletter. He has studied many aspects of our area’s history and culture including grave yards, cemeteries, and grave stone symbolism.

LLI member Diane Holsinger is a Master Naturalist who has lead wild flower walks for the Shenandoah National Park Wildflower weekend, and traveled all over the world birding.

LLI member Sandra Conrad is a four-term Curriculum Committee member and a past Chairperson. She has led or facilitated 14 previous LLI classes and two Brown Bag Lunches.

S12B7 The Modern Middle East Through Its Literature

Day/Time: Wednesdays, 9:00 – 11:00 am

Dates: March 14, 21, 28, April 4, 11

Location: National College, 1515 Country Club Rd., Harrisonburg

Description: This course offers a window into the modern Middle East through a survey and sampling of its literatures. It will present a taste of various forms (fiction, poetry, and drama) from different regional traditions (Arabic, Turkish, and Persian). The course has three basic aims: to situate Middle Eastern literature in its historical, political, and cultural context; to sense its artistic qualities; and to appreciate it as a way to learn about a foreign and often misunderstood people.

Instructor: **Timothy J. Fitzgerald** teaches courses in Middle Eastern and world history in the History Department at James Madison University. He earned a Ph.D. at Harvard University and is a specialist in the history of the Ottoman Empire.

S12B8 Golf With a Shotgun: Learn the Game of Sporting Clays (Limited to 12 participants, selected by lottery)

Day/Time: Wednesdays, 3/21, 1:00-4:00 pm, 3/28, 1:00-4:00 pm, 4/4, 1:00-3:00 pm, 4/18, 1:00-3:00 pm

Dates: March 21, 28, April 4 and 18 (note different start date and schedule)

Location: First class only: Gilkerson Activity Center, 305 S. Dogwood Dr. All other classes at Flying Rabbit Sporting Clays, 5537 S. Valley Pike, Mt. Crawford

Participants for this class will be chosen by drawing. Do not enclose payment with registration form. LLI course payment will be requested at the time of notification.

Description: The comparison of sporting clays to golf is a fair one: like golf, sporting clays came to America from the British Isles; like golf, no two courses are alike with terrain and background playing a role in how targets are presented. Sporting clay courses are designed to engage and challenge the shooter. Targets of varying sizes may be thrown from different angles and distances, unlike trap or skeet. This experience will take the student from three hours of in-class instruction to three hours of “learn to shoot” at the Flying Rabbit course, followed by two hours of monitored practice and ending in a two hour tournament. **Shotguns, as well as eye and ear protection, will be provided. Each participant will be offered a minimum of 25 shots (target and ammo) per class session for \$15.00 per person/class, (minimum \$45 for 3 shooting classes) payable to the instructors.**

Instructor: **John Alexander** and **Rick Hill**, NSCA level III and II instructors respectively, have been shooting sporting clays for more than twenty-five years. They are experienced at training new and beginning shooters as well as intermediate and master class. The Flying Rabbit is NSCA sanctioned and open to the public.

S12B9 Foundations of Music Theory I: The Three R's

Day/Time: Wednesdays, 2:00 – 4:00 pm (note different time)

Dates: March 14, 21, 28, April 4, 11

Location: Blue Ridge Hall, Room 333, 601 University Blvd., Harrisonburg

Description: Suitable for anyone with a curiosity about how western music “works”, this class will introduce students to the basic vocabulary musicians use to create, notate, and perform music. Topics will include rhythm, rhythmic notation, time signatures, pitch notation, scale theory, and key signatures. The class is ideal for both beginners and experienced musicians alike who want to start from the beginning and train their minds and ears in the fundamentals before venturing on to the more advanced topics presented in the “C” Summer session.

Required Reading: *Berklee Music Theory*, 2nd Edition, Books 1 and 2, Paul Schmeling, Published by Berklee Press, approximate cost \$16 each.

Additional course materials needed: a tablet of music manuscript paper for taking notes and practice.

Instructor: **Keith Hoodock** has a bachelor’s degree from James Madison University where he studied instrumental music pedagogy and is a licensed music teacher. He has performed with many big bands and small groups in the Washington D.C. area and currently performs throughout the Shenandoah Valley with a number of groups including Harrisonburg’s community big band, Just Jazzin. He is the director of the New Horizons Jazz Band and assistant director of the New Horizons Concert Band.

S12B10 Bad Boy Jacob ‘n His Bodacious Babes

Day/Time: Thursdays, 9:00 – 11:00 am

Dates: March 15, 22, 29, April 5, 12

Location: Gilkerson Activity Center, Westover Park, 305 S. Dogwood Dr.

Description: This course will explore the juxtaposition of deception and blessing that characterizes the life of Jacob (Biblical Patriarch), and in varying degrees, the lives of the women who surround him: Rebekah, Rachael, Leah, Zilpah, Bilhah, and Dinah. Although the story originates in Hebrew scripture, the course will endeavor to ‘stretch our horizons’ beyond the Biblical text to ‘engage in conversation’ with a variety of resources and authors. **Suggested Reading:** *Genesis* 25:19 – 36:43 and other related resources. *The Red Tent*, by Anita Diamant (Picador USA, © 1997), *Son of Laughter*, Frederick Buechner (HarperCollins, © 1994.)

Instructor: **LLI member Mary Lou McMillin** is a Certified Christian Educator in the Presbyterian Church (USA) with a degree in Christian Education from Rhodes College in Memphis, Tennessee. She served as the Resource Coordinator for Shenandoah Presbytery for 31 years before retiring in 2006.

S12B14 Rooms of Their Own: Short Stories by Women**Day/Time: Thursdays, 9:00 – 11:00 am****Dates: March 15, 22, 29, April 5, 12****Location: Virginia Mennonite Retirement Community, Detwiler Auditorium, 1481 Virginia Ave., Harrisonburg**

Description: The “house” of the short story has long been regarded as the special residence of such male writers as Poe, Maupassant, Chekhov, Hemingway, and Updike. This course will examine short stories by women writers, including among others, Charlotte Perkins Gilman, Willa Cather, Ursula K. LeGuin, Flannery O’Connor, and Virginia Woolf. Such examination will suggest that women have established valid claim to joint ownership of the genre, with some even venturing into such traditional male preserves as science fiction, gothic violence, and horror. Course participants might finally ask if these women writers bring a perspective to these areas different from that of their male counterparts. Stories should be widely available in various anthologies.

Instructor: LLI member Robin McNallie, retired from the JMU English department, has taught numerous literature courses for LLI.

S12B11 You Are What You See: How Every Movie Mirrors Its Society**Day/Time: Thursdays, 1:00 – 3:00 pm****Dates: March 15, 22, 29, April 5, 12****Location: Mack A Room, Houff Community Center, Bridgewater Retirement Community**

Description: The course will study American theatrical movies as documents of their own times. We will consider what filmmakers took for granted about their society when they made their movies. We will look at five different periods of film history: (1) Vaudeville to Hollywood; (2) Jazz to Depression; (3) Victory to Paranoia; (4) Personal Art to the “Death” of Hollywood; and (5) the “Me” Generation to Today.

Instructor: George Wead has taught film history at the University of Illinois at Chicago Circle, the University of Texas at Austin and JMU. He has written a number of articles on film, two books on comedian Buster Keaton, and a film textbook. Now retired, he lives in Bridgewater.

S12B12 Legends of the Blue Ridge and Shenandoah River**Day/Time: Thursdays, 1-3:30 pm, (note different time and dates)****Dates: April 26, May 3, 10, 17 (4 sessions each 2 ½ hours)****Location: Elkton Recreation Center, 20593 Blue and Gold Dr., Elkton**

Description: Venture into the gaps and hollows of the Blue Ridge, as you follow in the footsteps of the first explorers and homesteaders. Step inside a historic mountain school, visit an old Episcopal Mission on top of the mountain, drink the famous “healing” Lithia Spring waters and journey by horse and wagon through the village of “Old Conrad’s Store.” Explore the actual sites of historic events, while learning some of the legends and stories of East Rockingham. We will meet at the Elkton Recreation Center and travel by car pool to sites on top of the mountain, deep into the hollows and along the river created by the Native American legend “Daughter of the Stars.”

Instructor: LLI member Jim Lawson is a past presenter for LLI focusing on his mountain heritage, the Shenandoah National Park, where he volunteers, and the Blue Ridge and Mountain cultures. Jim is a retired statistician from USDA and a Master Naturalist.

S12B13 Planning a Trip to Israel**Day/Time: Thursdays, 7:00 – 8:30 pm (note different time)****Dates: March 15, 22, 29, April 5, 12****Location: Beth El Congregation, 840 Old Furnace Road, Harrisonburg**

Description: This course will look at the state of Israel, and the various sites and sights that are available to explore and visit, with the idea of using that information to plan such a trip as part of an

interfaith group. We will look at some of the historic background, religious significance of the locales, and what one might anticipate seeing.

Required Reading:

1. Israel: A Spiritual Travel Guide: A Companion For The Modern Jewish Pilgrim (Rabbi Lawrence A. Hoffman)
- Or 2. Israel: A Spiritual Travel Guide (Kindle Edition)
- Or 3. In the Steps of Jesus: An Illustrated Guide to the Places of the Holy Land (Peter Walker)
- And 4. Getting to the Heart of Interfaith: The Eye-Opening, Hope-Filled Friendship of a Pastor, a Rabbi & a Sheikh (Falcon, Mackenzie, Rahman)

Instructor: **Rabbi Joe Blair** is the spiritual leader of the Harrisonburg and Staunton Jewish communities, splitting his time between the two congregations. He has served as an adjunct faculty member and instructor at local colleges and universities. He has taught adult education, LLI courses and other classes on a variety of topics.

S12B15 Songs of the Mute Stones: Greek Mythology and Archaeology

Day/Time: Fridays, 9:00 – 11:00 am

Dates: March 16, 23, 30, April 6, 13

Location: National College, Room 201, 1515 Country Club Rd., Harrisonburg

Description: This course will examine five ancient Greek myths and archaeological evidence related to those myths. We will explore the following myths: Atlantis, The Olympian Gods, The Saga of Theseus, The Saga of Mycenae, and The Saga of Heracles. The wealth of literary evidence from antiquity will provide our starting point to understand the stories while the archaeological evidence will offer historical understanding. We will explore the basic character of these five myths and the notion of mythological truth. Examining archaeological evidence will entail viewing and interpreting photographic images of physical remains from antiquity. Ultimately, we hope to gain both a deeper appreciation of these myths and a greater understanding of the role of myth in the history of ancient Greece. **Optional Reading:** Any edition of Mark P. O. Morford and Robert J. Lenardon, *Classical Mythology*; however, any general summary of Greek mythology is fine.

Instructor: **Michael L. Allain**, Ph.D., is retired from Rockingham County Schools and is currently teaching Greek and Roman Surveys for the Department of History, and Ancient Greek for the Department of Foreign Languages, Literatures, and Cultures at James Madison University.

S12B16 Taking Photos That Are More Than Memory Prompts (Limited to 14 participants)

Day/Time: Fridays, 1:00 – 3:00 pm

Dates: March 16, 23, 30, April 6, 13

Location: Gilkerson Activity Center, Westover Park, 305 S. Dogwood Dr.

Description: This is an intermediate digital photography course targeted at those who are comfortable with all the settings on their camera. The emphasis in this class will be on CONTROLLING light, subject, and depth of field, BOTH before and after taking a picture. With this in mind, at least half of the class will be spent critiquing photos and applying edits “live” to achieve different results. Bring your fully charged camera to every class. If you are willing to have one or more of your photos addressed in the class, bring it on a CD at full pixels jpeg or as a psd file.

Instructor: **LLI member Gail Napora** has been leading photography related courses in the community and at LLI since 2007. Her goal is to take the best photo possible when it is taken, but recognizes and takes advantage of the “ease” of the digital age to improve upon those images. Her photographs have been in magazines, the new hospital, on-line and used in several books.

S12B17 Beer Matters: Beer and Beer Culture from Antiquity to the Present

Day/Time: Fridays, 3:00 – 5:00 pm (note different time)

Dates: March 16, 23, 30, April 6, 13

Location: National College, Room 201, 1515 Country Club Rd., Harrisonburg

Description: As John Ciardi argues, “fermentation and civilization are inseparable.” Beer may have been the reason hunter-gatherer societies converted to agriculture. It defined monastic culture in the Middle Ages; it lubricated the wheels of British commerce and empire; it aided the Nazi rise to power in Weimar Germany. Most recently, the American craft brew industry has revolutionized beer production, distribution, and consumption in this country. In this class, we will investigate the social, cultural, and economic history of beer, including forays into archaeology, paleobotany, semiotics, and other academic disciplines from antiquity to the present. We will also discuss the basic scientific processes involved in brewing beer. We will go on at least one field trip to a local microbrewery in order to broaden our understanding of the principles and practices involved in this noblest of mankind’s endeavors.

Suggested Reading: Maureen Ogle, *Ambitious Brew* (ISBN 978-0156033596), Tom Standage, *A History of the World in Six Glasses* (ISBN 978-0802715524).

Instructor: **Dr. Karl Brown** is a Visiting Assistant Professor in the History Department at JMU. Prior to graduate school, Karl worked in microbreweries in foreign countries such as Japan, Greece, and in California. He is an avid home brewer and, regrettably, kind of a beer snob.

Course Descriptions

Session C

May 14 – June 15

S12C1 Brew Your Own Beer (Limited to 12 participants, selected by Lottery)

Day/Time: Mondays, 9:00 – 11:00 am

Dates: May 14, 21, 28, June 4, 11

Location: Glen Pavilion (first and last classes) All other Mondays (May 21, 28 and June 4) will be in the Sunnyside Room, Sunnyside Retirement Community, 3935 Sunnyside Dr., Harrisonburg
Participants for this class will be chosen by drawing. Do not enclose payment with registration form. Payment will be requested at the time of notification.

Description: "Without question, the greatest invention in the history of mankind is beer. Oh, I grant you that the wheel was also a fine invention, but the wheel does not go nearly as well with pizza." --Dave Barry

What better way to start the summer than to become your own microbrewer so you'll have some delicious custom-made thirst quenchers that will make your enjoyment special. Brewing is easy and fun so there's no reason to continue drinking the grocery store bilge water that masquerades as beer. Come join us as we take the mystery out and put the fun into brewing your own beer. We'll walk through the basics of how to get started--what equipment is needed and where to get the ingredients. (Note that we will use malt extracts, not all grain.) The fun begins when we light the cooker and stir in the magic. Class will end with a beer/food pairings luncheon or dinner.

There will be an additional fee of \$20 paid to the instructor at first class meeting.

Suggested Reading: *Clone Brews* by Tess and Mark Szamatulski and any of Charlie Papazian's books, especially *The New Complete Joy of Home Brewing* or *The Home Brewer's Companion*.

Instructor: **LLI member David Evans** is retired from another life and lives in the mountains of West Virginia. He's an avid brewer who can't stand to see a bottle sitting around empty. He's also a long-time LLI member who's taken so many classes he can't remember them all.

S12C2 Ten “TOP X” Lists to Make the Most of Your MAC Laptop (Limited to 12 participants, selected by lottery)

Day/Time: Mondays, 1:00 – 4:00 pm (note different time and schedule)

Dates: May 14 and June 4

Location: Blue Ridge Hall, Room 333, 601 University Blvd., Harrisonburg

Course Cost: \$25.00

Participants for this class will be chosen by drawing. Do not enclose payment with registration form. Payment will be requested at the time of notification.

Description: Got a Mac laptop and feel like there is more power there than you are using? **Bring your Mac, fully charged**, and follow along in the first three hour session as Gail shows you 100 things about your machine, organized in ten, Top X Lists. Then go use the lists on your own for 10 days and discover what more you need to know. The second three hour session will focus on participant questions e-mailed after the first class. Think of it as a personal training session for you and your Mac. Class size is limited for individual attention.

Instructor: **LLI member Gail Napora** is computer-ambidextrous, well versed in both Mac and PC. She taught herself basic programming and uses more kinds of software than anyone she knows. She isn't a technical expert, she's the one who can figure it out and explain it so everyone can use it.

S12C3 Courage, Honor, and Dignity in a Chaotic World – *Beowulf*: The First English Epic

Day/Time: Tuesdays, 9:00 – 11:00 am

Dates: May 15, 22, 29, June 5, 12

Location: Memorial Hall, Hiner Room, 395 S. High St., Harrisonburg

Description: This course will look at the archetypical Anglo-Saxon epic, *Beowulf*, as the cornerstone of English literature and examine the heroic code of conduct exhibited by the warrior-king, Beowulf. The class will also focus on the narrative oral tradition and the poetic techniques and devices used by the Anglo-Saxon poet. Discussion of the poem will revolve around the epic and how or if it is still applicable in today's world.

Instructor: **Sue Nickels** is a retired secondary English teacher with an M.A. in English from JMU. She also taught four years in the English and Educational Departments at JMU and her last four years in the classroom were spent teaching English internationally in Cairo, Egypt.

S12C4 Great American Songwriters: From Berlin to Bacharach

Day/Time: Tuesdays, 1:00 – 3:00 pm

Dates: May 15, 22, 29, June 5, 12

Location: Mack A Room, Houff Community Center, Bridgewater Retirement Community (June 12 only, Smith Room, Houff Community Center), 302 N. 2nd St., Bridgewater

Description: Professional singer and songwriter Barbara Martin will explore the great American songwriters of popular music from the 1920's through the 1960's. This course will cover such songwriters as George and Ira Gershwin, Irving Berlin, Cole Porter, Hoagy Carmichael, Harold Arlen, Rodgers and Hammerstein, Lerner and Lowe, and Burt Bacharach. We will also delve into the many great American singers who were also great songwriters, such as Peggy Lee and Paul Anka. We will listen to the songs of these great songwriters, discover their contributions to American music, and learn about their lives and careers.

Instructor: **Barbara Martin** has been a professional musician and teacher for 20 years. As a vocalist, guitarist and songwriter, her music solidly reflects the greats of traditional jazz, never forgets the blues, and relates to the world today.

S12C5 Movies About Movies!

Day/Time: Tuesdays, 1:00 – 3:00 pm; **Movie Lab Thursdays, 1:00 – 3:00 pm**

Dates: May 15, 22, 29, June 5, 12 **Lab:** May 17, 24, 31, June 7

Location: Memorial Hall, Hiner Room, 395 S. High St., Harrisonburg

Description: Learn about Hollywood's history and current culture with filmmaker Carol Quintero. Watch old favorites like *Singing in the Rain* and tie that into changes with technology and women's role in film. See modern favorites like *The Player* and *Swimming with the Sharks* and learn what it's really like to work your way up in Hollywood. For film buffs, those who just like to watch movies, armchair anthropologists, and those who just want to hear what really goes on in Tinsel Town.

Instructor: **Carol Quintero** is a filmmaker who has worked in Los Angeles.

S12C6 Let's Wing It! Butterflies

Day/Time: Wednesdays, 10:00am – 12:00 noon

Dates: May 16, 23, 30, June 6, 13

Location: Blue Ridge Hall, Room 334, 601 University Blvd., Harrisonburg

Description: Do you enjoy watching butterflies? Do you wish you knew more about them? This course will teach you how to observe and identify many species of native butterflies. You will learn about butterfly anatomy, their lifecycle, how to attract them to your yard, the relationship between plants and caterpillars/butterflies, why butterflies are not just aesthetically pleasing, but why we actually need them in our lives. The final class will be a field trip to a nearby area in which we will be able to observe first-hand what we have learned.

Instructor: **Linda Marchman** has been raising butterflies for approximately 10 years. She received her Master Gardener certification about seven years ago, and she teaches butterfly gardening to many groups. She does consulting work for people who want to attract butterflies to their yards. Linda operates her butterfly business, "Social Butterflies" from her home. Linda has an M.Ed in Educational Administration and Supervision, is a director of the Association for Butterflies. She has been a guest speaker at several Home and Garden Shows.

S12C7 Foundations of Music Theory II: It's Not Rocket Science

Day/Time: Wednesdays, 2:00 – 4:00 pm (note different time)

Dates: May 16, 23, 30, June 6, 13

Location: Blue Ridge Hall, Room 333, 601 University Blvd., Harrisonburg

Description: This class will build upon the concepts introduced in the first session to introduce the basics of chord construction and usage. Starting with an exploration of intervals, the student will learn to construct triads and seventh chords in different inversions, basic voice leading principles, and how to read and write chord symbols. At the completion of this class, students will be able to read music, understand the basic terminology and functions of rhythm and harmony, hear different intervals, chord types, and rhythms, and notate their own musical ideas. **As the material presented in this class is predicated on the material presented in Foundations of Music Theory I, it is strongly recommended that students take that class first.**

Required Reading: *Berklee Music Theory*, 2nd Edition, Books 1 and 2, Paul Schmeling, Published by Berklee Press, approximate cost \$16 each.

Additional course materials needed: a tablet of music manuscript paper for taking notes and practice.

Instructor: **Keith Hoodock** has a bachelor's degree from James Madison University where he studied instrumental music pedagogy and is a licensed music teacher. He has performed with many big bands and small groups in the Washington D.C. area and currently performs throughout the Shenandoah Valley with a number of groups including Harrisonburg's community big band, Just Jazzin. He is the director of the New Horizons Jazz Band and assistant director of the New Horizons Concert Band.

S12C8 Delicious Desserts From Our Kitchen – A Taste of Country Home-Cooking

Day/Time: Thursdays, 1:00-3:00pm

Dates: May 17, 24, 31, June 7, 14

Location: At the instructor's home in Mt. Clinton, west of Harrisonburg. A map will be given to participants.

Description: In this class featuring desserts, your instructor will prepare and share a variety of homemade favorites, while participants observe. Demonstrations may include: easy fruit salads, several cobblers using fresh, canned or frozen fruit; fresh-picked strawberry and rhubarb desserts; old-fashioned fruit pies in a homemade crust; tasty one-bowl cakes and an elegant layered torte you'll want to share with company.

Following each class, we'll sit around the dining table and enjoy dessert together.

There is an additional fee of \$60.00 per person to cover the cost of desserts and refreshment, payable to the instructor on the first day of class.

Instructor: Marjorie Shank enjoys gardening and cooking for family and friends. She and her husband John operate "Country Home Catering," from their farm near the village of Mount Clinton, west of Harrisonburg.

S12C9 Recording and Sharing Your Family Stories (Limited to 8 participants, selected by lottery)

Day/Time: Friday, 9:00-11:00 am

Dates: May 18, 25, June 1, 8, 15

Location: WMRA Conference Room, 983 Reservoir St., Harrisonburg

Participants for this class will be chosen by drawing. Do not enclose payment with registration form. Payment will be requested at the time of notification.

Description: Learn how to capture and share stories from friends and family. Participants will be loaned a hand-held recording device to use for the duration of the course. The course will include instruction on using this device. Interview techniques will be discussed and reviewed, including techniques designed by the National Story Corps Project. At the end of the session, each participant will be given a CD of personal recordings collected during the course.

Instructor: Matt Bingay is the Program Director for National Public Radio affiliate WMRA-FM and has been working with audio recording and interview styles for over 20 years.

PLEASE TAKE NOTE OF THESE ANNOUNCEMENTS!!!

Bad Weather Policy: **If JMU is delayed or closed, or closes early due to bad weather, then JMU-LLI classes will be cancelled. Please tune into WSVB 550 AM radio or WHSV TV. We will make every effort to reschedule cancelled classes.**

Guest Policy: A member of LLI enrolled in a class may invite a non-member to one session of that class, with the instructor's prior permission. The intent of the invitation is to encourage new membership.

Responsibility on Tours and Class Trips: The tours and class associated field trips of the JMU-LLI require walking and the physical capability to access sites that may have structural obstacles. By participating, members understand that should they require personal assistance to participate in tours/field trips, they are responsible for securing such assistance. That responsibility includes registering a person with LLI who can and will be totally responsible for providing all assistance. That person must register as a member and pay the cost of the tour/trip. A LLI member requiring assistance in order to attend class shall be allowed to attend class with an aide at no extra fee.

A reminder --- please either **turn off or silence all cell phones and other devices**. These have become quite a disruption in classes.

Directions to classes: Will be included in your class confirmation letter.

To encourage **intergenerational co-learning**, some courses may include JMU undergraduate students as participants. We welcome the opportunity to connect with these students and hope you will too.

LLI has purchased "clip on" **name badges**. Badges will be distributed to all members who participate in a course or trip. Please wear your badges during LLI functions to assist staff, and new and returning members, in becoming familiar with your name and return them at the end of the five weeks.

Refunds/Cancellations: As approved by the Administration/Finance Committee and the Advisory Board, full refunds (**except membership fees**) will be issued up to the beginning of courses. Please allow 30 days for refunds. **No refunds will be issued after the first class meets. Please see specific trip for refund/cancellation policy.**

Financial Contributions: Occasionally we are asked how members can make financial contributions which would directly benefit LLI. Contributions may be made through the JMU Foundation-Department of Social Work Foundation Account with a designation for LLI. Make checks payable to: James Madison Foundation. Include on the memo line of your check: SW/LLI/J 14806. Mail your check to: Department of Social Work, Attention: R. Ann Myers, MSC 4303, Harrisonburg, VA 22807.

LLI courses held at JMU locations require **parking permits**. Permits will be mailed to members along with their confirmation letters. Parking permits should be placed on the front dash of your vehicle so they can be clearly seen through the windshield. Parking Permits do not allow parking in specialty spaces such as Service Vehicle spaces, handicap spaces without proper permit, or expired meters. An online parking map may be found at <http://web.jmu.edu/parking/parkingmap.pdf>. If you do not receive a parking pass, please contact Sue at 568-2923

Common Interest Groups - If you are interested in starting or becoming a member of a common interest group, please call the LLI office at 540-568-2923.

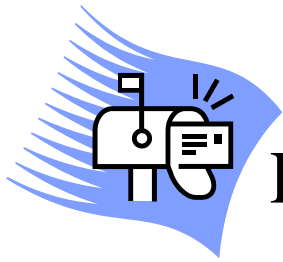
Music-Theater - members make arrangements to visit various performances

Art Interests –meets first Wednesday of each month 10:00am-12:00noon, Beth El Congregation, 840 Old Furnace Road, Harrisonburg

Classic Book Group – meets second Fridays, 10:00 am

Jazz Band – meets Tuesdays, 4:00-6:00pm

Genealogy group is just forming, call the office for more information



Registration

Please read this information!

Course and Trip Registrations - will not be accepted by telephone or email. A completed registration form, accompanied by the course or trip fee, and membership fee, if applicable, must be received in the LLI office before your name will be added to the course or trip roster. We are pleased to accept Mastercard, Visa, and Discover credit cards (plus \$2 transaction fee) at this time.

“Lottery Classes” – Please do not enclose payment with your registration. Payment will be requested when you are notified of your selection. The roster of participants for identified “lottery classes” will be drawn three weeks after the program guide has been mailed.

All courses require a minimum of eight participants, and have a maximum number of participants, based on location space, so **get your registration for A, B, and C sessions in early!** To insure proper registration and allow adequate time to prepare class materials, please register for classes no later than one week before classes begin.

Fee Structure for Spring 2012 Courses

The annual membership fee to LLI is \$20.00. Courses in both sessions will be \$35.00 each, unless otherwise noted. Please note that all checks written to LLI should be made payable to “JMU”. If you need further information, please contact us at:

The James Madison University-Lifelong Learning Institute
601 University Blvd.
MSC 9006
Harrisonburg, VA 22807
Tel: (540) 568-2923
Fax: (540) 568-6409
E-mail address for questions: lli@jmu.edu
Web site: www.jmu.edu/socwork/lli

LLI Scholarships

The JMU-LLI is pleased to be able to offer class scholarships. Please encourage individuals who may otherwise hesitate to join us to inquire about a scholarship by calling the LLI office.



**Lifelong Learning Institute
Social/Cultural Activities
Spring 2012**



Thursday January 19 (snow date: Tue. Jan. 24)	Preview of Events 1:00 pm	Gilkerson Activity Center
Tuesday February 7	Brown Bag Lunch Protect Yourself: Older Adult Safety	Gilkerson Activity Center
Tuesday, February 21	Brown Bag Lunch Introduction to Sweeney Todd	Emmanuel Episcopal Church 660 S. Main St., Harrisonburg
Friday March 16	Trip Library of Congress	See detailed trip description
Tuesday March 20	Brown Bag Lunch Treasures from the Attic, Charles Welsh	Gilkerson Activity Center
Tuesday April 3	Brown Bag Lunch Second Life - A Virtual Experience	Gilkerson Activity Center
Tuesday April 17	Brown Bag Lunch Arboretum Tour	Edith Carrier Arboretum University Boulevard
Friday April 20	Trip Pamplin Historical Park	See detailed trip description
Tuesday May 1	Brown Bag Lunch Virginia Master Naturalist Program	Gilkerson Activity Center
Thursday May 10	Annual Meeting and Pot Luck Dinner at Massanutten Presbyterian Church 5:00pm with dinner at 5:30pm	
Tuesday May 15	Brown Bag Lunch Growing Grapes & Creating Wine	Bluestone Vineyard Bridgewater
Tuesday May 29	Brown Bag Lunch Preview of Shenandoah Valley Bach Festival 2012	Gilkerson Activity Center
Friday June 22	Trip Virginia Museum of Natural History	See detailed trip description

Brown Bag Lunches are held on the 1st and 3rd Tuesdays, from 11:30 AM – 12:45 PM and are open to the public as a way to get to know LLI. There is no registration required, nor any fee. Bring your lunch! Come and enjoy fun and fellowship while having the opportunity to enhance your knowledge. For further information, call or write the JMU-LLI:

**The James Madison University-Lifelong Learning Institute
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JAMES MADISON UNIVERSITY
Lifelong Learning Institute Brown Bag Lunch Series
Spring 2012



Tuesday, February 7 Protect Yourself: Older Adult Safety

Join **Officer Rachel Hammer** of the Harrisonburg Police Department and learn how to keep yourself and loved ones safe from issues directly affecting older adults. Topics such as financial exploitation, identity theft, and residence safety will be discussed. Officer Hammer has extensive experience in law enforcement and investigating crimes against older adults.

Tuesday, February 21 Introduction to Sweeney Todd

(This BBL will meet at Emmanuel Episcopal Church, 660 S. Main St., Harrisonburg)

Linell Gray Moss will introduce you to the characters, plot, and music of Sondheim's musical, *Sweeney Todd*. Learn more about Sondheim, the genre of musical theatre and about this darkly comic musical, and enhance your experience as you attend the performance at the Forbes Center. This presentation is open to all, whether attending *Sweeney Todd* or not.

Tuesday, March 6 Virginia Master Gardener Program

The Virginia Master Gardener Association, Inc. is a state-wide association of Master Gardeners and Virginia Cooperative Extension (VCE) employees whose mission is to foster communication, education and fellowship among Master Gardeners. **Ed Comer**, a retired pediatrician, has been a Master Gardener for three years. Join him as he discusses the Master Gardener Program, how it was developed and what's involved in the program's training. Ed will include pictures of the gardens he has created around his home.

Tuesday, March 20 Treasures from the Attic, by Charles Welsh

Charles Welsh will present his book, *Treasures from the Attic*, which chronicles his father's 19-month Navy career during World War II as told by the nearly 500 letters that he wrote home. A career journalist, he was 32 years old and married with three children when he enlisted in the Navy in early 1944. The letters showcase his writing ability in the form of love letters, travelogues and battle depictions.

Tuesday, April 3 Second Life

Virtual worlds, such as *Second Life*, have been increasingly used by educational institutions like universities and museums to connect with people from around the world. In this brown bag session **Dr. Kate Stevens**, the director of JMU's Madison Art Collection, will discuss how she is using *Second Life* in her classes as well as within the JMU community.

Tuesday, April 17 Arboretum Tour

(This BBL will meet at the Edith J. Carrier Arboretum)

Discover how living and non-living organisms coexist and thrive in the forest ecology. Learn to identify a variety of native plants and trees and explore how the Native Americans of Virginia used these plants for food, tools, and medicine.

Tuesday, May 1 Virginia Master Naturalist Program

The Virginia Master Naturalist program is a statewide corps of well-informed volunteers who provide education, outreach and service dedicated to the beneficial management of natural resources and natural areas within their communities. The newly formed Headwaters Chapter, which includes Rockingham and Augusta counties, will conduct training in August. **Sandy Greene**, membership chairperson for the Headwaters Chapter, will present an overview of the program, upcoming training opportunity, and a 'field guide' to our local natural resource agencies.

Tuesday, May 15 Growing Grapes & Creating Wine

(This BBL will take place at Bluestone Vineyard)

Bluestone Vineyard president **Curt Hartman** will speak at their state of the art winery on the subject of raising grapes and turning these grapes into wonderful wines. Enjoy a wine tasting where you can overlook the vine covered hills. The vineyard is located south of Bridgewater, just take US 42, after crossing North River turn right onto Spring Creek Road. There is a \$5 fee to participate in the tasting.

Tuesday, May 29 Preview of Shenandoah Valley Bach Festival 2012

Find out what is happening at this year's Bach Festival. **Mary Kay Adams**, executive director and principal flutist, will give details of the concerts slated for June 10-17. Information about featured artists, repertoire, the commissioned work, and events will be discussed. Brief audio clips of some of the works will be played. This overview will be of interest to veteran Festival attendees and also to those who have never attended before.

Sweeney Todd

Thursday, February 23 at 8:00 PM

Forbes Center for the Performing Arts
Dinner at 5:30 PM
Dave's Downtown Taverna



Sweeney Todd, a brilliant musical thriller created by the multi-talented Stephen Sondheim. The musical features a slew of witty and inspired numbers.

Sondheim is the recipient of just about every award for his body of work including three Tony's, a Grammy, and a Pulitzer Prize as well as receiving the Kennedy Center Honors and a National Medal of Arts. He always displays a genius for steering audiences into interesting territory while somehow managing to leave everyone smiling. Sweeney Todd is a mix of intense drama and howlingly funny moments.

Join in the celebration of Stephen Sondheim's 80 years by attending his musical, Sweeney Todd.

Enjoy a three course dinner at Dave's Downtown Taverna as well as this performance for our most modest price of the season \$42.00.

Don't miss this evening!

Price includes ticket and dinner at Dave's Taverna.

Maximum of 40 participants.

Name _____ Phone # _____

Member tickets _____ x \$42 = _____

Non-member tickets _____ x \$47 = _____

Check # _____ Amount _____

OR PAY BY CREDIT CARD: A \$2 processing fee will be added to Total

Card Number _____

Expiration Date _____ Amount to be charged \$ _____



**An Evening with Bobby
McFerrin
and the
JMU Jazz Band and Jazz
Ensemble
Monday, April 9, 8:00pm**

A 10-time Grammy Award winner with a four-octave range, Bobby McFerrin is one of the world’s best known vocal innovators and improvisers, a renowned classical conductor, the creator of the immensely popular song “Don’t Worry, Be Happy.” He is, in a word, - amazing!

Sold Out

Price includes ticket (not orchestra seat) and dinner before hand of Beyond (5:30pm).
Maximum of 20 participants.

Name _____ Phone # _____

Member tickets _____ x \$65 = _____

Non-member tickets _____ x \$70 = _____

Check # _____ Amount _____

OR PAY BY CREDIT CARD: A \$2 processing fee will be added to Total

Card Number _____

Expiration Date _____ Amount to be charged \$ _____

Library of Congress & Woodrow Wilson House

Friday, March 16, 2012



The legislation which established the **Library of Congress** described a reference library for Congress only, containing "such books as may be necessary for the use of Congress." The original library, consisting of 740 volumes and three maps, was destroyed when British troops set fire to the Capitol Building. Retired President Thomas Jefferson offered his personal library, considered to be one of the finest in the United States, as a replacement. The Jeffersonian concept of universality, the belief that all subjects are important to the library of the American legislature, is the philosophy and rationale behind the comprehensive collecting policies of the Library of Congress. Consisting of three buildings, the Jefferson Building in the style of the Italian Renaissance, the Adams Building inspired by the Exposition des Arts Dècoratifs held in Paris in 1925, and the modern James Madison Memorial Building, today's Library of Congress is an unparalleled world resource. The collection includes more than 33 million cataloged books and other print materials in 460 languages; more than 63 million manuscripts; the largest rare book collection in North America; and the world's largest collection of legal materials, films, maps, sheet music and sound recordings.

The **Woodrow Wilson House** is a national historic landmark and house museum that focuses on President Woodrow Wilson's "Washington Years (1912-1924)". The museum promotes a greater awareness of Wilson's public life and ideals for future generations.

The tour package includes the following:

- Round-trip motorcoach transportation
- Admission and docent lead tour of the Library of Congress
- Admission to the Woodrow Wilson House
- Boxed lunch at the Library of Congress

Itinerary:

7:00 am Bus arrives at Blue Ridge Hall
7:15 am Depart for Washington DC
Rest Stop enroute
10:00 am Tour the Woodrow Wilson House
11:30 am Depart for the Library of Congress
Noon Box lunch at the Library of Congress
1:00 pm Guided Tour begins
1:45 pm Guided Tour ends - Free time at the Library of Congress
2:15 pm Depart for Harrisonburg
Rest Stop enroute
5:45 pm Approximate arrival time at Blue Ridge Hall

Price per person, with a minimum of 30 persons, is \$75.50. Reservation and payment is due by February 9, 2012. We will follow Shenandoah Tours refund and seating policies.

As approved by the Advisory Board, if space is available 21 days before a trip, Lifelong Learning Institute members may bring one non-member guest at the cost of the trip **plus an additional \$5.00. This additional \$5.00 check should be made payable to James Madison University. Non-member guests can pay a one-year membership for \$20.00, plus the cost of the trip, and not have to wait until 21 days before a trip.**

Responsibility on Tours and Class Trips: The tours and class-associated field trips of the JMU-LLI require walking and the physical capability to access sites that may have structural obstacles. By participating, members understand that should they require personal assistance to participate in tours/field trips, they are responsible for securing such assistance. That responsibility includes registering a person with Lifelong Learning Institute who can and will be totally responsible for providing all assistance. That person must register as a member and pay the cost of the tour/trip.

Pamplin Historical Park & the National Museum of the Civil War Soldier

Friday, April 20, 2012



The National Museum of the Civil War Soldier is one of America's outstanding Civil War museums. A winner of national and international awards for excellence, the 25,000-square-foot museum is home to the exhibit *Duty Called Me Here* and the Remembrance Wall. Down a short path is **Tudor Hall Plantation**. The house, built circa 1812, has been carefully restored to its wartime appearance and furnished with period antiques reflecting both its civilian and military history. The west side of the house is furnished as the Boisseau family, ancestors of the Pamplins, would have known it. The east side of the house is outfitted to suit the needs of Confederate General Samuel McGowan (October 1864 through March 1865). In the English basement, a display entitled *A Land Worth Fighting For*, explores the Southern agrarian way of life as well as the history of Tudor Hall Plantation. The plantation also features a reconstructed working kitchen and slave quarter, a kitchen garden with authentic period plantings, and more. Southern plantations and large farms segregated the homes of agricultural slaves in an area the planters called the Field Quarter. Visitors will find reconstructed dwellings, antique livestock breeds, a garden, and a modern museum exhibit that focuses on presenting a candid picture of slavery in America on the eve of the Civil War. Inside one of the cabins is a sit-down theatre that displays a video entitled *Slavery in America: Viewpoints of the 1850s*. Adjacent to the Field Quarter, demonstration fields illustrate the growing of Virginia's most popular crops in the years before the Civil War such as tobacco, wheat, and corn. **The Military Encampment** reflects the typical appearance of a Civil War-period camp. Several structures reflect the variety of architectural styles used by the soldiers during the Civil War's final year. Wooden huts and canvas shelters illustrate the functions that occurred in camps from Virginia to Texas during the Civil War.

The tour package includes the following:

- Round-trip motorcoach transportation
- Admission to Pamplin Historical Park
- Boxed lunch

Itinerary:

7:00 am Bus arrives at Blue Ridge Hall
7:15 am Depart for Pamplin State Park
Rest Stop enroute
10:30 am Arrive at Pamplin State Park Tour begins
12:30 pm Boxed lunch
1:15 pm Lunch concludes – tour continues
2:30 pm Depart for Harrisonburg
Rest Stop enroute
5:30 pm Approximate arrival at Blue Ridge Hall

Price per person, with a minimum of 30 persons, is \$73.50. Reservation and payment is due by March 13, 2012. We will follow Shenandoah Tours refund and seating policies.

As approved by the Advisory Board, if space is available 21 days before a trip, Lifelong Learning Institute members may bring one non-member guest at the cost of the trip **plus an additional \$5.00. This additional \$5.00 check should be made payable to James Madison University. Non-member guests can pay a one-year membership for \$20.00, plus the cost of the trip, and not have to wait until 21 days before a trip.**

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Virginia Museum of Natural History & King's Grant Retirement Community

Friday, June 22, 2012

The Virginia Museum of Natural History has developed a strong reputation for significant research and important collections, which now number more than 10 million items. Research at VMNH, focuses on studies of Invertebrate Paleontology, Vertebrate Paleontology, Recent Invertebrates, Archaeology, Mammalogy, Marine Science and Geology. While the Museum's primary geographic strengths are in Virginia and the Southeastern United States, the collections and research programs span the globe with programs in China, Peru, Brazil, United Kingdom, Switzerland, Belgium, Germany, Russia and Tanzania. The Museum's message is simple: understanding natural history is the first step toward meeting the challenges of preserving and managing natural resources in the future. The collections at the Virginia Museum of Natural History continue to grow, in keeping with the mission and purposes of the Museum: "to interpret Virginia's natural heritage within a global context in ways that are relevant to all the citizens of the Commonwealth, . . . to preserve elements of natural history, to serve as a permanent repository for specimens, especially those of Virginia origin, and to make the natural history material and its data accessible to researchers and the public." The collections provide the basis for both in-house research and research that extends nationally and internationally.



King's Grant is located on over 120 picturesque acres in Martinsville, Virginia. As a continuing care retirement community, King's Grant offers its residents a self-directed lifestyle.

The tour package includes the following:

- Round-trip motorcoach transportation
- Lunch at King's Grant
- Admission to Virginia Museum of Natural History

Itinerary:

7:00 am Bus arrives at Blue Ridge Hall
7:15 am Depart for Natural History Museum
Rest Stop enroute
10:30 am Arrive at King's Grant
Tour of facility begins
11:30 am Lunch at King's Grant
12:30 pm Depart for the Natural History Museum
1:00 pm Tour Natural History Museum
3:30 pm Depart for Harrisonburg
Rest Stop enroute
6:30 pm Approximate arrival at Blue Ridge Hall

Price per person, with a minimum of 30 persons, is \$79.50. Reservation and payment is due by May 14, 2012. We will follow Shenandoah Tours refund and seating policies.

As approved by the Advisory Board, if space is available 21 days before a trip, Lifelong Learning Institute members may bring one non-member guest at the cost of the trip **plus an additional \$5.00. This additional \$5.00 check should be made payable to James Madison University. Non-member guests can pay a one-year membership for \$20.00, plus the cost of the trip, and not have to wait until 21 days before a trip.** Responsibility on Tours and Class Trips: The tours and class-associated field trips of the JMU-LLI require walking and the physical capability to access sites that may have structural obstacles. By participating, members understand that should they require personal assistance to participate in tours/field trips, they are responsible for securing such assistance. That responsibility includes registering a person with Lifelong Learning Institute who can and will be totally responsible for providing all assistance. That person must register as a member and pay the cost of the tour/trip.



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