

JAMES MADISON UNIVERSITY RECREATION

facts & figures

University Recreation (UREC)

provides facilities, programs and services dedicated to 'motivating Madison into motion.' It is more than a place to sweat, it is a place to learn about healthy lifestyles and develop positive habits that students can take with them when they leave JMU.

UREC is a national leader in the development and use of student learning outcomes in the field of collegiate recreation. The department offers over 300 non-credit educational programs a year as well as credit-based courses. UREC is the number one provider of educational programs for the Wellness Passport program in Cluster Five of the General Education Curriculum. UREC is also one of the largest employers of students on campus.

UREC operates an award-winning recreation facility, opened in 1996, and also utilizes additional indoor and outdoor facilities around campus including the new University Park. To meet the current and future demand for recreation space caused by exceptionally high participation rates by our students, planning for an expansion to the main indoor facility is underway.



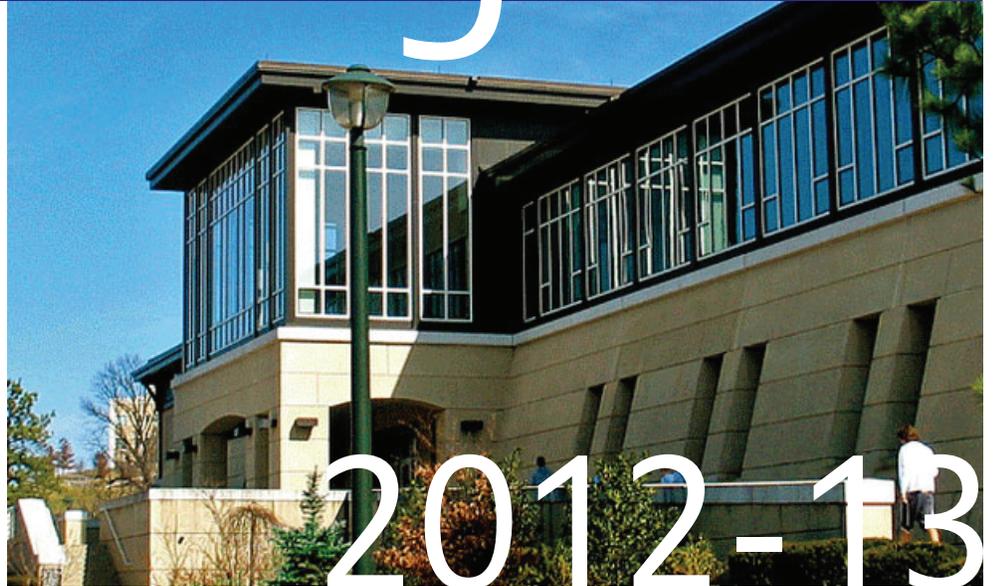
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MSC 3901 / 701 Driver Drive

www.jmu.edu/recreation

www.facebook.com/jmu.urec

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UREC MAIN FACILITY Assessment Center; Atrium; Climbing Wall; Conference Room; Courtyard; Cycling Studio; Equipment Center; Fitness Level 1 & 2; Group Fitness Studio; Group Instruction Room; Indoor Track; Locker Rooms; Main Gymnasium; Massage Studio; Multi-Activity Center; Multi-Purpose Studio; Pool w/ Spa & Sauna; Program Registration; Racquetball/Wallyball Courts (6); TRX Training Center; Softball Field; Stretching Areas; Student Leadership Office; Synthetic Turf (Lower & Upper); Wall of Fame; Welcome Center; Wet Classroom; Smoothie Bar/Vending

UNIVERSITY PARK Basketball Courts (2); Disc Golf Course; Event Lawn; Event Pavilion; Gatehouse; Sand Volleyball Courts (2); TEAM Challenge Course; Tennis Courts (4); Multi-Purpose Turf (4 Flag Football Fields, 3 Soccer Fields, or 2 Softball Fields)

ADDITIONAL & SHARED FACILITIES Lower & Upper East Campus Fields; Convocation Area Tennis Courts (8); Field Hockey and Track Complex; Godwin Hall Archery/Indoor Golf Room; Godwin Hall Combatives Room; Godwin Hall Gymnastics Room; Godwin Hall Multi-Purpose Studio; Godwin Hall Sinclair Gym; Godwin Hall Swimming Pool; Hillside Roller Hockey Rink; Hillside Tennis Courts (6); Memorial Hall Auxiliary Gym; Memorial Hall Field House; Club Baseball Stadium; Club Softball Field

PROGRAM AREAS Adventure; TEAM Challenge Course; Aquatics; Safety; Fitness; Personal Training; Group Fitness; Intramural Sports; Special Events; Nutrition; Sport Clubs; Wellness; Massage; Youth Programs

Professional Staff	23	Sport Clubs	46
Graduate Assistants	9	Sport Club National Champs	2
Student Staff	360	Sport Club Members	1,800
UREC Visits	523,804	Sport Club Events	529
Freshman Visits	163,159	Wellness Passport Programs	317
Faculty/Staff Visits	17,680	Red Cross Certifications	474
Intramural Sport Games	3,871	Personal Training Sessions	416
Intramural Sport Divisions	194	Rock Wall Climbers	5,508
Group Fitness Participants	65,226	Adventure Equipment Rentals	425
Group Fitness Classes/Week	102	Equipment Check-Out	21,571