

## Reflection Paper Guidelines

### Requirements:

- Your paper should be submitted online at [link to submission page] prior to your exit interview.
- Your paper should be college quality, typed, double-spaced, and spell-checked with minimal grammatical errors.
- Your paper must be **at least 2 pages** in length, but we are happy to read more if you have more to share.
- Your mentor will receive a copy of your paper.
- If you have other concerns or questions, please contact your Civic Learning Coordinator at 568-6218.

### Possible Prompts:

Please use the following open-ended questions and prompts as a framework for sharing your personal reflections about your experience in the Civic Learning Mentor Experience. You should not feel that you have to answer all of these questions or that you should omit thoughts that are unrelated to these questions. Please write in paragraph form.

1. What have you gained from this experience?
2. What did you like about your experience?
3. How beneficial was meeting with your mentor? Why?
4. What aspects of your interaction with your mentor did you like the most and what aspects did you like the least?
5. Reflect upon any other people you met or worked with through the program. How have these relationships impacted you?
6. How did you feel about completing the mission statement activity? In what way did your personal values influence the development of your personal mission statement?
7. Describe how you have been able to follow through on some of the action steps you identified in the goal-setting activity. If you have not been able to follow through on some of your action steps, explain your perception of why.
8. What things has this experience led you to think about that you weren't expecting?
9. Do you feel that your view of JMU administrators, faculty, and other students has changed as a result of your participation in the Civic Learning Mentor Experience? If yes, how? If no, why do you feel a change didn't occur?
10. After completion of the Civic Learning Mentor Experience what do you feel is the likelihood that you will violate University policy again? Explain the reasons for your response to this question.
11. Have you ever considered transferring out of JMU? If yes, do you still feel this way? If no, what factors have changed your mind?
12. In what ways can this program be improved for future students?