

CAMP Programming Model

2009-2010

Learn - Change - Grow

Why do we do programs in the residence halls?

College is ultimately about **learning**. We in ORL believe that learning is not confined to the classroom and that significant learning takes place outside of a traditional academic setting. Programming can provide opportunities for such learning to occur.

College is about **change**. Can you find a student who thinks they stayed the same from the first move-in day to graduation? The college experience exposes students to a wide variety of ideas, people, and ways of looking at the world. Through such exposure, students change their outlooks and attitudes about themselves, others, and the world.

College is about **growing**. In addition to change, all of these new experiences are also leading to growth. College students experience challenges when familiar ways of thinking are called into question. These challenges assist students in striving towards independence and therefore, growth as person. Basically learning encourages change, which facilitates growth.

Needs Assessments

By doing Formal or Informal Needs Assessments at the beginning of each semester, every RA knows what type of programs his/her residents would be interested in attending. Even though doing a Needs Assessment may take a little time, RAs are rewarded by interesting programs with better attendance.

Formal Needs Assessments- written suggestions, questionnaires given at first meetings, BBs with program ideas

Informal Needs Assessments- talking with your residents and discovering interests, needs, desires, and concerns that will benefit the community through programs. Example- overhearing that GCOM speeches are coming up at the end of the month. Doing an A program on how to prepare speeches would be a great program and a great faculty involvement opportunity!

Meeting the needs of their community- C, A, and M programs are for the individual community as defined by the HD.

Collaboration

- RAs may collaborate with others on their staff in their A-M area on programs, but they must reach the total of A and M programs for their hall.
 - Example: 2 RAs can work together on academic programming, but they need to plan two. One for each of the staff members' communities.
- You can collaborate on Community programs if your HD determines that it meets the needs of the collaborator's communities.

Faculty

- Each RA will be encouraged to have at least one of their programs each semester involve a faculty member within the hall.
- The program can be in any CAMP dimension.
- EVERY RA must e-mail their Faculty Friend to invite him/her to their program. If the Faculty Friend shows up unexpectedly it will count.

Community

Each RA must complete 2 community programs for their individual community

The *Community Living* dimension challenges students to be active citizens of their residential communities. Opportunities for students to be engaged in their community range from service programs to social gatherings to activities that focus on responsibility to one's community. Research shows that students who are involved are more likely to have a satisfying and successful college experience (Blimling, 1989).

Community programming can encompass:

Community Involvement—programs that foster a connection or network among the residents.

Community Service—programs that provide an interaction between residents and someone in need in the greater community.

Community Responsibility—programs that look at what the community needs and how the residents provide those needs as individuals and as a group (Kalsbeek, *Realizing the Education Potential of Residence Halls*, 285).

FAQ! Although there are 3 types of community programs, an RA doesn't necessarily have to do one of each type. Their 2 C programs can be any combination of the three.

FAQ! An RA's C programs must be done with his or her specific community, such as their hall, wing, section, etc. In *Campus Life: In Search of Community*, Ernest Boyer states that community is built within the smaller units (e.g., floor), then with larger units (e.g., entire hall). By facilitating community programs with just their hall or section, an RA helps create the small community that will make a comfortable atmosphere for the residents to interact in a larger community. Each HD will define the "community" for his or her hall.

Community as...

1. **Learning**- as residents get to know each other through community programs they learn about relationships and connections.
2. **Changing**- community living exposes your residents to new thoughts and ideas from roommates and hallmates that they may not have encountered before.
3. **Growing**- as residents encounter new and different situations, they grow as they incorporate new thoughts and ideas into their way of thinking.

Community Resources

- Office of Community Service Learning (x86366)
 - Find out more information about Alternative Spring Break programs
 - Find out what kind of community service projects are going on in Harrisonburg and the surrounding community.
- Hall Mural Project
 - During homecoming, each hall will be allowed to paint a mural on a specified wall in the hall as part of a contest
- Community Council and Community Activities Board
 - You can always talk to your CC or CAB for Community programming ideas
 - Contact your SHAPE Rep/President and/or Floor Rep to find out what the community needs
- University Program Board (x86217)
 - They'll let you know what is going on around campus, especially the big events that will get your residents out of the hall
 - Ask a UPB member to come speak about UPB sponsored committees and programs
- "50 Things to do at JMU Besides Drink and Party"
 - A list of local things to do and places to visit
- Homecoming week
- Parent's weekend
- Football games
- Downtown Harrisonburg
 - Take your residents to *You Made It* for a fun field trip to paint your own piece of pottery
 - Kline's Dairy Bar (Wolfe St.- they have a different weekly flavor than on South Main!)
- Kline's Dairy Bar (South Main St)
Always a great place to go to get away from campus for a bit while feeding your sweet tooth!
- Masterpiece theater (x87000)
 - There are many different events that go on throughout the year. Contact them to find out more information!
- Grafton-Stovall
 - Enjoy \$2.50 movies and \$.50 popcorn!

Academic

Each RA must complete 1 academic program for their individual community

The *Academic Success* dimension integrates the mission of the university with the experience of residential living. Programs in this dimension aid students in growing in their role as members of the academic community, as well as aid students in making academically related choices. In furthering residents' understanding of "how" they learn, what they need to study effectively, and how they can be successful in the classroom, students take ownership of their learning. Research shows that students who feel that they are active partners in the learning process contribute more in class and get better grades.

Academic programming can encompass:

Academic support—programs that guide students towards resources on campus such as CAP, ASI, their academic advisors, integrity & the honor code, faculty members, etc.

Academic goals—programs that assist residents in choosing a major (but not necessarily careers), setting academic goals, learning about general education.

Education—programs that complement the students' classroom learning. An example would be a rock climb for a group of geology/science students. These programs need to have documented needs assessments. A program that imparts general knowledge would not be considered an academic program unless the knowledge relates specifically to what the students are learning.

Learning Styles—programs that allow students to learn about their personal learning style (i.e., visual, aural, kinesthetic, etc.) or learning disabilities.

FAQ! A study break is *NOT* considered to be an academic program! A program that involves a study break must specifically look at studying methods and why regulating study time is important to the educational process.

FAQ! Rewarding residents simply for good grades is not an academic program! A program that involves a discussion on how to make good grades in college and involves study tips is more beneficial to your residents.

Academic as...

1. **Learning**—the JMU campus, and indeed the whole world, is a large classroom. Learning can take place anywhere
2. **Changing** -College freshmen usually get a quick lesson how college studying is different from high school studying. Academic programs provide support when this change takes place.
3. **Growing**—Exposure to new ideas inside of the classroom, as well as outside of it, provides lots of opportunities for growth in college students. Academic programs help incorporate those new ideas into a person's outlook.

Academic Resources

- Any faculty member who will donate their time to facilitating a program that meets the academic needs of your residents.
- FYI—*Academic Support Instruction* sessions will begin at the beginning of Fall semester. They are independent sessions on basic study skills, test-taking skills, and time and stress management.
- CAP-Career and Academic Planning (x86555)—crazy amounts of academic programming support!
 - Internship workshops
 - Major Decisions Programs
 - A tour of the Academic Resource Center
 - Preparing for an Academic Advisor Appointment
 - GPA Calculator
 - Grad school information
 - JMU Guide to Majors
 - Values/Interests inventories
- Speech Services (x86349)
 - assistance with interpersonal & small group communication skills and public speaking.
- Disability Services (x86705)
- English Language Learner Support (x81759)
- Science and Mathematics Learning Center (x83379)
- Reading and Writing Resource Center (x81759)
- Distance Learning
- Library orientations & resource discussions (<http://www.lib.jmu.edu/services/>)
- Office of International Programs (x86419)
- **Old Programming Cards**
 - Come to FYI and see what programs have been done in the past.

Multicultural

Each RA must complete 1 multicultural program for their individual community

The *Multicultural Awareness* dimension fosters awareness and understanding of others. As students experience and interact with cultures and groups different from their own ethnicity, race, gender, sexual orientation, ability, economic status, and/or religion, they learn how to function in a global community. Research indicates that students who interact with a diverse group have a greater ability to comprehend human relations and are more able to live and work with people who are different from themselves.

“Unlike students who live off campus, those who reside on campus are more likely to develop diverse friendships and to benefit from other concentrated programming efforts” (Hughes, *Realizing the Educational Potential of Residence Halls*, p.191).

Multicultural/Diversity programming can encompass:

Awareness—programs that expose students to information on ethnicity, race, gender, sexual orientation, ability, economic status, and religions different from their own.

Experience—students actively engaging in activities with people different from themselves. For example, working in a soup kitchen or attending a religious service may be experiential learning for a resident.

Environment—not all college students are open-minded to diversity in their living environment. Programs that establish community goals and expectations on accepting sexuality, race, ethnicity, religion, and other minorities help create a positive, safe, and comfortable environment for all those who live there.

FAQ! Multicultural/Diversity programs should focus on awareness and understanding of groups of people that are different from an individual. Programs that look at a person’s choices or personality differences would not be considered multicultural (e.g., vegetarianism).

Multicultural/Diversity as...

1. **Learning**—students learn about different cultures, celebrations, and events through exposure to different kinds of people and programming.
2. **Changing** -as students learn about people that are different from themselves, they may change attitudes and behaviors they previously learned.
3. **Growing**—students develop new points of view as they are exposed to new ideas from people different from themselves.

Multicultural Resources

- FYI—tons of books and video resources on multicultural topics.
 - And Don't Call Me a Racist!
 - Black Women & Success: Having It All
 - Gay & Lesbian Students: Understanding Their Needs
 - Multicultural Celebrations & Food
 - Diversity Simulation Games & Icebreakers
 - 50 Activities for Diversity Training
 - Black Firsts
 - Chanukah Fun
 - Diversity and Social Justice
 - Out & About Campus
- CMSS (x86636)
 - CMSS houses 28 organizations that might enjoy coming to do a program and educate on their purposes.
 - Multicultural attachés
 - Resource Library
 - Conferences
 - Mentor Programs
- Student Activities and Involvement (x88157)
 - SAI houses many organizations. Among them are human rights, BSA, ASO, ASU, and other organizations that can help with M programming.
- Student Wellness and Outreach (SWO) (x82831)
 - GLBT and Ally
 - Women's Issues
- Office of International Programs (x86419)
- Office of Disability Services (x86705)
- Spirituality Dialogues (x88074)
- Office of Equal Opportunity (x86991)
 - Conversations on Diversity
 - Annual Diversity Conference (sometime in April)
- Old Programming Cards. Come to FYI and see what programs have been done in the past.

Pre-requisite Programming

Don't forget that programming cards still need to be completed for these programs!

Each HD is responsible for overseeing and ensuring that programming occurs in the following areas

Hall Wide Social - *Fall:* September 30th and November 15th*
Spring: February 5th

*one HWS must be on a weekend in the fall.

Safety and Security - *Fall:* September 30th
Spring: February 28th

Sexual Assault Awareness and Prevention- *Fall:* October 14th
Spring: February 20th

Alcohol/Drug Education- *Fall:* October 31st*
Spring: March 30th*

There are three programs to choose from, which are facilitated by the PAs. Please contact FYI to choose and schedule yours!

HDs may facilitate these programs in any way they like, but they must ensure that each program is completed. They can be done as a staff, by the HD, or delegated to RAs who can work closely with the HD to plan and implement the program.

It is ultimately the responsibility of the HD to ensure that all 4 Pre-Req programs are completed.

Pre-Requisite Resources

- FYI—tons of books and video resources on the topics.
- Public Safety (x86912)
 - Self defense
 - Staying safe on campus
 - VA laws and campus policies
- Student Wellness and Outreach (SWO) (x82831)
 - SHARE (Students Healing and Rekindling Empowerment)
 - REACH Peer Educators
 - 1 in 4
 - CARE
 - Resource Library
 - Brown Bag Discussions
 - STD Education
 - Sharing Our Stories
 - And more!
- Substance Abuse Prevention Office (x83317)