

August

www.jmu.edu/onebook

Move-in day

6 Sunday

7 Monday

James Madison's jacket that he wore during his inauguration was woven from wool from sheep raised at Montpelier.

8 Tuesday

9 Wednesday

Have you read *Caucasia*?

10 Thursday

During the burning of Washington, Dolley Madison is credited with saving the famous Gilbert Stuart painting of George Washington from destruction.

11 Friday

12 Saturday

Moving day

The move-in date for first-year students is Wednesday, Aug. 23. Halls open at 9 a.m.

We hope that you and your family will attend the University Welcome in the Convocation Center from 4:30 until 5:30 p.m. Family members usually leave campus at the conclusion of this event. See www.jmu.edu/orientation for more details.

Move-in day is busy all day, so be prepared to wait regardless of what time you arrive.

Bring your patience with you, because traffic will be heavy all day. There will be lots of JMU staff members here working together to keep you excited about beginning your college career and making JMU your home for the next few years. You'll especially enjoy meeting the RAs (resident advisers) and FROGs, otherwise known as First year Orientation Guides. They will help make your arrival at and adjustment to Madison better and easier.

Your arrival

When you get close to Harrisonburg, tune to 1610AM — the JMU radio information network — for updates on traffic conditions and move-in instructions.

Move-in day is always a very busy day, and there will be lots of traffic around residence halls. JMU staff members will be there with specific instructions on how to get to your residence hall and where you can park to unload your belongings.

First things first Get your keys

As soon as you get to campus, pick up your keys in the lobby of your assigned residence hall. You'll need to show some form of identification, and bring the license number of the car you are driving with you, too. Then you'll be ready to unload the car when it's your turn.

Make it easy on yourself

Live within a three-hour drive of JMU? Bring just the essentials along with enough clothes to last 14 days. After a couple of weeks, you can either pick up the rest of your things on a trip home or when your family comes to visit you. By that time, you'll have a good idea of what you really need from home and what can realistically fit into your room.

From the car to your room

Driving and unloading on sidewalks, especially in the Village area, is allowed only during designated check-in days. Please be careful when using these sidewalks or when parking anywhere other than a specified parking space. Everyone will want to park as close as possible to his or her hall, so unload as quickly as possible. Then, park the car in a designated parking lot. Bringing a dolly, handcart or wagon will make moving in much easier.

Are carts or hand trucks available for move-in day? No, but it's a great idea to bring one.

Double duty

Remember that you have to find a place for what you bring into your room. You can fold and easily store



soft luggage, and many students find that footlockers are great as a storage space-saver.

Can't get the car door closed?

You may have trunks and large boxes shipped to:

**Central Warehouse
181 Patterson St.
James Madison University, MSC 7007
Harrisonburg, VA 22807**

Clearly mark the package with your name, campus mailbox number, residence hall name, room number and phone number. Please note that hours for pickup are Monday through Friday, 7:30 a.m. to 4 p.m. Call (540) 568-6450 if you have questions.

More suggestions for getting it rolling at JMU

Doing well at JMU

- Visit your classrooms the day before classes begin.
- Get organized! Get a calendar or planner and write down all exam dates, due dates for papers, class meetings and study sessions.
- Get involved in a student organization.

Effective relationships

- Spend time with positive, motivated people who share your desire to learn, grow and succeed and be that type of person yourself.
- Listen carefully.
- Get to know your professors.

Personal health and wellness

- Practice healthy habits: a balanced diet, adequate and regular sleep, and responsible decisions.
- Visit UREC.

Develop your personal identity

- Examine your own values, beliefs, assumptions, experiences and goals.
- Talk to as many people as you can. Find out what makes them tick.

Develop academic and intellectual competence

- Learn to balance freedom and responsibility. Uphold your obligation to be a good citizen in the JMU community.
- Work on excellent time-management and study skills, including finding places in and out of class that you find energizing and productive.

Make some career decisions

- Take advantage of chances to work on campus, developing real-world skills and building a network of supportive people who can teach you to balance your world.

JMU Fast Fact

Keep an open mind when meeting your roomie for the first time, and don't judge solely on first impressions.

Guess What?

Walt Disney was afraid of mice. And, Founding Father and giant thinker James Madison was only 5-foot-4 inches tall.