



The Healthy Minds Study Guided Work Day: Using Healthy Minds Data to Guide Mental Health Promotion and Suicide Prevention

Thursday, October 15, 2009
The Festival Center
James Madison University
Harrisonburg, Virginia

This educational opportunity is specifically for campus planning teams from the Virginia 2009 *Healthy Minds Study* college and university campuses:

- ◆ George Mason University
- ◆ James Madison University
- ◆ Mary Baldwin College
- ◆ Liberty University
- ◆ The University of Virginia
- ◆ Bridgewater College
- ◆ Shenandoah University
- ◆ Richmond University

Facilitators for the workday:

- ◆ **Daniel Eisenberg, Ph.D.** Dr. Eisenberg is an Assistant Professor of Health Management and Policy in the School of Public Health at the University of Michigan and the Principal Investigator for the Healthy Minds Study.
- ◆ **Laurie Davidson, MA.** Ms. Davidson is the Manager of Campus Programs for the Suicide Prevention Resource Center (SPRC). She provides training and technical assistance to college and university campuses across the country.

Facilitators will help campus teams to:

- ◆ Review and interpret data
- ◆ Identify risk and protective factors and prioritize needs
- ◆ Take a next step in planning strategies for mental health promotion and suicide prevention.
- ◆ Identify needs and strategies for obtaining additional information
- ◆ Create clear and measurable goals for system and behavior change.

Campus Teams: There is no prescription for the make-up of a campus team; it will vary by campus. Recommended participants would include representatives from the offices of the dean of students, residence life, Greek life, judicial affairs, health promotions, campus police, student health services, counseling center and health/wellness center. Team size is not limited.

Training, lunch and all materials will be provided by The Campus Suicide Prevention Center of Virginia.

To register your campus team, contact:

Jane Wiggins, Ph.D. Director,
The Campus Suicide Prevention Center of Virginia
wigginjr@jmu.edu
540-568-8901

Please provide:

1. Your institution
2. Your team contact person's name and e-mail address
3. The number of people attending from your campus