

Chicken dance

beaks, wings, nest, clap, and elbow swings.

Electric Slide

Grapevine right, grapevine left (8 counts)

Walk back R, L, R, tap L (4 counts)

Shift weight forward on L, tap R; backward on R, tap L (8 counts)

Step L, pivot $\frac{1}{4}$ to L, and Kick R and hold for "and" (2 counts)

King Tut

Egyptian hand R up, L up, R down L down (8 counts)

Roll down and up (8 counts)

Kick, kick stomp R, kick kick stomp L (8 counts)

Cross hands hips, same hip (4 counts)

Jumping Jack legs 2X with $\frac{1}{2}$ turn

Cupid Shuffle

Step together step to R, L (16 counts)

Kick R, L, R, L (8 counts)

8 walking steps in place making $\frac{1}{4}$ turn to L (8 counts)

NJ Strut/ Baltimore

R tap side 2, L tap side 2

R tap side 1, L tap side 1, R heel dig, L heel dig (8 counts)

R knee up, L knee up, squat down, up

Hip pump R 2, hip pump L 2 (8 counts)

Kick step pivot 4 (16 counts)

8 Count Swing Dance

Basic: step forward, forward, back, back

Around the world: Walk two steps past each other, then two steps back together.

Follow under: the lead drops R hand, raises left arm, and draws follow under. This finishes with two steps back together. ,

Lead pass: Holding L hand only, lead turns into L arm, releases hand and walks past follow. Follow walks past, brushing hand across leads back to insure a connect.

Slide: Both arms raise up as lead and follow face opposite directions. They put hands behind their own head, release hands and slide out to connect.

Spin: A fancy, fun, and easy movement to follow a slide. Grasp wrists, turn follow under. Start building momentum by walking around. The follow squats down to buttocks and spins on the floor. The leads pulls her back up at the completion of the spin.

Pretzel: Lead reaches behind back with R hand, pulls follow back to back. Raise R arm to turn follow under, then L arm to turn follow under, again.

Basic Ballroom

Lead box: Step forward with L, side with R and close (3 counts). Step back with R, sideward with L, and close (3 counts).

Follow box: Step backward with R, side with L, and close (3 counts). Step forward with L, side with R, and close (3 counts)