



Tchoukball Lead-up Activities



Tag Ball

Split the group into two equal teams. Each student will wear colored pinnies to designate the team for which they are playing. The objective of the game is to score points by tagging any member of the opposing team while holding a soft ball. The team in possession of the ball must pass the ball in attempt to get it close enough to an opposing team member to tag them. The person holding the ball is allowed a pivot step but may not take additional steps after catching the ball. If a player from the other team is tagged or the ball is dropped, the other team will assume position of the ball. When the new team takes possession of the ball, the person who has the ball will hold the ball with two hands, touch the floor, then begin passing the ball. It is important to remember that at no time during the game can the defense interfere when a ball is being passed.

The game can continue until a certain point is attained or a designated amount of time.

Tunnel Ball

The class will be split into two teams. Each team will wear different colored pinnies. The objective of the game is to bounce the ball between a teammate's legs (while both feet are planted on the floor) and have the ball bounce a second time without being caught by the defense. If the ball bounces out of bounds, on the second bounce it does not count as a point. Again, the only way a ball can be moved by the offensive team is by passing. The player in control of the ball may take a pivot step but may not take any additional steps. When a point is scored or a ball is dropped, the person who has the ball will hold the ball with two hands, touch the floor, then begin passing the ball. It is important to remember that at no time during the game can the defense interfere when a ball is being passed.

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