

# The NASPE Teachers of the Year

## Presenting on Monday

Teacher/Level	Title	Description
Karen Ricker Elem	Moving through the alphabet-PE by the letters.	A-Z, 26 ideas for an Elementary Physical Education class. This workshop is based on a word wall in the gym. Each of the letters will address one of the National Physical Education standards, management techniques, or activity ideas for class.
Jennifer Higgins Elem	Elementary Fitness Infusion	Are you looking for new, creative fitness ideas to energize your students? This session is your opportunity to learn quick, easy fitness activities that can be used as instant activities, a lesson focus, or a culminating activity. Come ready to participate and take home activities that can be used in September!
Elise Studer Smith Elem	States & Capitals	Shouldn't all children know their States & Capitals? Time to make it fun with cooperative activities and more.
Marigay Schopp Elem	PEGO: making connections with games and activities to curriculums	The presentation will be various activities that link to other curriculum areas such as math, language arts and health.
Joanna Faerber Elem	PE Is More Than Duck, Duck, Goose, "The Right Stuff!"	Many principals and physical education teachers are under the impression that as long as students are BUSY, HAPPY, AND GOOD playing games like "kickball," "dodge ball," "duck, duck, goose" etc, that they have a great physical education program. Are your classes meeting the "busy, happy, good" standard or are you teaching the essential skills and concepts, attitudes, fitness fundamentals, and cooperative activities to meet state and national physical education standards? This high energy session will share activities align with NASPE Standards, increase physical activity, promote healthy, active lifestyles, and reinforce cross curricular concepts – ENGAGE, ACTIVATE, AND MOTIVATE your students – instead of busy, happy and good!
Jürgen Kraehmer Elem	Fit & Fun With the Chinese Jump Rope	The Chinese Jump Rope is an enjoyable and challenging life-long activity for all ages and skill levels that involves aerobic endurance, jumping and hopping skills, agility, eye-foot coordination, and teamwork. The participants in this session will actively learn 6 - 10 different K-12 activities utilizing the Chinese Jump Rope.
Jennifer Schnell MS	Keep 'em Moving	Need activities to get your students moving when they arrive. Little time to set-up and minimal equipment needed for lots of fun.
Maria Niemiec-Martell MS	Cardio Calorie Basketball	An innovative approach to encourage participants with varying skill abilities to engage wholeheartedly in a team sport with novel ways of evaluating their performance.
Lynn Barry MS	Creative Movement in Physical Education using Jump Bands	This session allows participants to try the new innovative fitness activity of using jump bands (similar to tinkling, but everyone is active and jumping). The activity involves groups of three or more and allows students to be creative through a variety of patterns, movements and equipment while jumping through the bands. This is a rhythmic-based fitness activity that gets all students excited about movement!
Deanna Castelvechi MS	Girls (and Boys) Just Wanna Have Fun!	Learn fun ways to incorporate fitness and nutrition into your classes. Included are activities that are used in my Girls Fit for Life classes but can be used in all middle school PE classes
Tamara Brandhuber-MS	Fitness That Rocks	This action packed session will provide you with fun, innovative fitness ideas that will motivate your students to develop and maintain their personal fitness levels for life.

Jeff Crouch MS	Wombat	The game "Wombat" is played mainly indoors or could be played outdoors. We like to play Wombat indoors as an "equilizer" with all our students. It is played sort of like softball, with bases laid the same as softball. We use a volleyball and a towel rolled up with athletic tape. It is challenging, silly and fun for all!
Rebekah Winter HS	Lead-Up Games to Self-Defense	This presentation is comprised of games that deal with reaction time and balance. These games help students build trust and confidence along with the skills necessary to participate in a self defense unit.
Debbie Riga HS	Reaction Balls Aren't Just For Athletes!	Just say the words "quick reflexes" or "quick reactions" and it gets your adrenaline pumping. Every movement sport requires them. Want your students to use the ready position? We'll take you through an entire lesson emphasizing the ready position using a multitude of activities with reaction balls.
Lisa Summers HS	T' was the first day of East Coast Swing	East Coast Swing. Ideas and methods used that are easy to learn, teach, and assess for learning. Creative approach to dance that promotes a comfortable learning environment.
Debbie Holcombe HS	Dodgeball Alternatives That Include Everyone	I will have a brief overview of the positives and negatives of dodgeball with the emphasis on eliminating the negatives. I will have two to three games for participation.
Ruth Mohr-Silofau HS	TBA	