

CHALLENGE CARD

Flying Frogs

Equipment

A rubber frog and 6' parachute/blanket/tarp/sheet (lily pad) for every 4 people

Starting Position

Divide participants into groups of 4. Give each group a frog and parachute. Have them find a large space in the playing area.

Our Challenge

1. Work as a team to see how high we can get the frog to fly. See how close you can get to the ceiling without hitting it.
2. Get with another group and have the frog fly from one "lily pad to the other. Increase the distance
3. Move across the playing area having the frog fly from one lily pad to the other. Two lily pads working together. With a successful catch, the tossing pad runs under the catching pad to get into position for the next flying frog.

Rules and Sacrifices

1. Frog should not hit the ceiling.
2. When working with another group, the frog must land and remain on the lily pad to count as a successful flight.
3. In the moving activity, if the frog is not caught, the action group must try again and may not move to the next spot.