

CHALLENGE CARD

~ ~DVD

Indiana's Challenge

Equipment

Four long jump ropes, one basketball, and one 18-inch (45-centimeter) cone.

Starting Position

The group stands outside a 10-foot (3-meter) circle (basketball jump circle). The cone is in the middle of the circle with the ball on top of it.

Our Challenge

The group must remove the ball from the cone without allowing the ball to touch the floor inside or outside the circle. The group must find three different ways to remove the ball. At least one method requires group members to fling the ball so that they have to catch it in the air. They must use the ropes to retrieve the ball from the cone.

Rules and Sacrifices

1. If the ball touches the floor, either inside or outside of the circle, one group member may cross the circle line to place the ball on the cone.
2. Group members may not cross the line with any part of their body.
3. The cone may not be moved.
4. The teammate replacing the ball on the cone may not manipulate the ropes while in the circle.
5. No one may use last names or putdowns.
6. Anytime the group breaks a rule, it must stop, replace the ball, and begin again.

ORGANIZER CARD

~DVD

Indiana's Challenge

Questions

- i. What equipment do we use?
2. Can the ball touch the floor either inside or outside the circle?
3. Can we move the cone?
4. How many times do we remove the ball from the cone?
5. Can we remove the ball from the cone the same way each time?
6. How many times do we have to fling the ball to our team?
7. Can you think of any safety issues that we should discuss?