**EASY BADONK**

Easy 32 ct. - 2 Wall Line Dance  
Music- “Honky Tonk Badonkadonk”, by Trace Adkins (CD-Songs About Me)

Begin the dance when Trace says, “Left, Left, Left, Right, Left”
8 cts. Tap L foot to the side and back, 2X (4 cts.)  
Step L together with R, 2X (4 cts.)
8 cts. Tap R foot to the side and back, 2X (4 cts.)  
Step R together with L, 2X (4 cts.)
8 cts. Walk forward 4 steps  
Walk backward 4 steps
8 cts. Twist (or rock in place) (4 cts.)  
Pivot on L foot 180 degrees (L stays in place while the R foot does 4 quick touches around counterclockwise, stomping the R foot on 4, weight on the R foot)
Repeat facing back wall.

**5, 6, 7, 8**

Easy 32 ct - 1 Wall Line Dance  
Music- “5,6,7,8”, by Steps (CD- Best of Steps)

Begin the dance by jumping up and down 4X when they say, “It’s Time to Begin, It’s Time to Begin, 5,6,7,8”
8 cts. Grapevine R (4 cts.), Grapevine L (4 cts.)
8 cts. Slap R hand on R thigh, L hand on L thigh, slap R hand on R hip, L hand on L hip, clap 2X, point to your head, then point to your toe
8 cts. Walk backward 4 steps, then jump in place 4X (the song will say…5,6,7,8)

**SCOOT**

Easy 16 ct. – 4 Wall Line Dance  
Music- “Rock My World”, by Brooks & Dunn, or “California Girls”, by Gretchen Wilson, or “Shotgun”, Jr. Walker & the All Stars

8 cts. Grapevine R (4 cts.), Grapevine L (4 cts.)
4 cts. Walk backward R, L, R, then scoot forward on the R (L foot stays off the floor)
4 cts- Step forward on L, scoot forward on R (pick L up), step forward on L, kick/scuff R while turning ¼ L

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**Ski Bumpus (1 Wall Line Dance)**

Music- “I Feel Lucky”, by Mary Chapin Carpenter, or “Boot Scootin Boogie”, by Brooks and Dunn

8 cts.- Touch (front) R heel, L heel, R heel, L heel
24 cts.- R kickball change 2X, then step forward with R foot and pivot 180 degrees.
    Repeat above while facing the back wall
Shuffle step forward leading with the R foot (quick cha cha), then step forward
    with R foot and pivot 180 degrees. Repeat above while facing the back wall
8 cts.- Jazz square (jazz box) 2X

**Stray Cat Strut (4 Wall Line Dance)**

Music- “Stray Cat Strut”, by the Stray Cats, or “Hole in My Pocket”, by Joe Diffie (fast)

8 cts.- Touch (front) R heel, L heel, R heel, L heel
8 cts.- Tap R foot front 2X, tap R foot back 2X, tap R foot front, back, front, back
8 cts.- 4 heel struts moving forward starting with the R foot (a heel strut is a step forward
    on the heel, and bring the toe down on the second beat...a heel, toe slap)
8 cts.- Jazz square (jazz box) 2x, finish the second jazz square turning ¼ to the R

**Continental (4 Wall Line Dance)**

Music- Anything with a decent beat…”Livin in America”, by James Brown

8 cts.- Step R, together with L 2X, Step L together with R 2X (or Grapevine R/L)
4 cts.- Walk forward R, L, R, then pick up the L while turning ¼ R
4 cts.- Walk backward L, R, L, then bring the R together with the L

**Country Continental (4 Wall Line Dance)**

Music- Boot Scootin Boogie, be Brooks and Dunn

8 cts.- Touch (front) R heel, R heel, L heel, L heel
4 cts.- Tap R foot front, back, to the side, then pick it up behind and slap with the L hand
8 cts.- Grapevine R, grapevine L
4 cts.- Walk forward R, L, R, then pick up the L while turning ¼ R
4 cts.- Walk backward L, R, L, then stomp the R together with the L
4 cts.- Heel fan (or toe flare, or wag) 2X with the R foot
**Chocolate City Hustle (4 Wall Line Dance)**

Music- “Soul Man”, by Sam and Dave, or “Old Time Rock and Roll”, by Bob Seeger

8cts.- Walk forward R, L, R, kick L, then walk backward L, R, L, brush with the R
8 cts.- Grapevine R finishing with a brush L, grapevine L finishing with a brush R
8 cts.- Angle step forward R together with L, angle step back to start L together with R
     Step R touch L, step L touch R
4 cts.- Swivel heels (twist motion) R, L, R, back to center
8 cts.- Tap R foot 2X front, tap R foot 2X back, then touch R foot front, back, side, and turn ¼ L

**Medford Shuffle/New Electric Slide (4 Wall Line Dance)**

Music- “Pump Up the Jam”, by Technotronic

8 cts.- Step R 2X, step L 2X (or grapevine R/L)
8 cts.- 1. Touch R foot front…2. Touch R foot back…3. Step forward with R foot,
     pointing the toe at the R wall…4. Step forward with L foot, with weight on the R
     (now facing the R wall)…5. Step L across in front of the R (weight on the L
     foot)…6. Touch the R foot to the side…7. Bring R foot back together with the L…
     8. Jump in place and clap

**Easy Spin Slide (2 Wall Line Dance)**

Music- Anything with a good beat…“Love Shack”, by the B 52’s

8 cts.- R heel touch front 2X, L heel touch front 2X
8 cts.- Step forward L, then slide R up to L 4X (L, slide, L, slide, L, slide, L, slide)
8 cts.- Angle steps backward, R, L, then L, R, then R, L, then L, R
16 cts.- Grapevine R, grapevine L with a 180 degree pivot, grapevine R, grapevine L

**Honky Tonk Stomp (2 Wall Line Dance)**

Music- Any good country beat…“Queen of Memphis”, by Confederate Railroad

8 cts.- R heel touch front/back, stomp L foot 2X, L heel touch front/back, stomp R
     foot 2X
16 cts.- Grapevine R (stomp L), grapevine L with a 180 degree pivot, grapevine R (stomp
     L), grapevine L (stomp R)
4 cts.- 2 heel splits (open, close, open, close)