Name: ______________________________________

Ball Control

1. Toss and Catch in personal space.
2. Toss and Catch while walking.
3. Toss, Clap and Catch.
4. Toss against the Wall and Catch.
5. Toss against the Wall Let the Ball Bounce and Catch.
7. Bounce the Ball, Clap and Catch.
8. Opposite Side Faces the Wall, Bounce the Ball In Front of Your Body and Strike the Ball against the Wall.
9. Play a game of two square with a partner.
10. Bounce and catch the ball with a partner.
11. Play pitcher and catcher with a partner. Take turns with each position.
12. Toss up in the air and let a partner catch the ball. Not too high.
13. Toss against the wall and let a partner catch it.
14. Play a game of handball against the wall with a partner.