

Community Resource Guide

Harrisonburg Rockingham Social Services District

110 North Mason Street P.O. Box 809 Harrisonburg, VA 22803 10/2017

540-574-5100 (Main Number) 540-574-5110 (Benefit Programs) 540-574-5120 (Services) 540-574-5104 (CPS/APS)

To update information, please email Melanie.Shaver-Kinder@dss.virginia.gov

Public Meals – Soup Kitchens

Monday: Our Community Place 17 E. Johnson; Mon. and Wed. lunch served from 12:00-12:30, Thurs. dinner served from 5:00-6:00, Tues. 12:30 lunch served to anyone who participates in volunteer work day - must sign in by 10am, Office: 442-7727, Community Center: 638-0329

Otterbein Methodist Church Corner of W. Market and High Street; meal served 4:30-5:00 p.m. 434-7747
Asbury offers bagged lunches in the office from 9am-4pm (Mon-Thurs)

Tuesday: First Presbyterian Church Court Square; meal served at 4:30p.m. 434-6551. Asbury also offers **showers** and **no-cost laundry** from 11-4pm.

Wednesday: Blessed Sacrament 154 N. Main St; meal served at 4:30 p.m. 434-4341

Thursday: Friendship House at Blessed Sacrament 154 N. Main St; meal served at 11:00 a.m. 434-4341.

Friday: Asbury United Methodist: Meal served at 11:30 a.m. Asbury hosts the meals each Friday with a hot meal the last Friday of the month (11:30am-12:30pm room 100 Dorreem). Also every Friday from 10-2pm Asbury's **Showers** and **no-cost laundry** is also available during those hours.

Saturday: Harrisonburg Baptist Church Main and Liberty Street: hot meal served along with a bag of food to take home from 11:00am to 12 Noon

Food Food Stamp Program Department of Social Services, 110 N Mason St, Mon.-Fri. 8:00-4:30, 574-5100

Food Pantries:

Patchwork Pantry Community Mennonite Church, 70 South High St, Wed. 7:00-8:00 p.m., 433-2148

Blessed Sacrament Catholic Church Pantry on corner of E Wolfe St. & N Main St, Tues. - Fri. 9:00 a.m.-2:30 p.m., 434-4341

Emmanuel Episcopal Corner of MLK Jr. Way and Main St. Monday and Tuesday 10:00 – Noon 434-2357

Salvation Army 185 Ashby Ave. Monday, Tuesday, Thursday, Friday 9:00 a.m. – 11:30am, or call 434-4854

Massanutten Presbyterian 50 Indian Trail, Penn Laird, 434-6194, 2nd Monday 10:00-11:00am, 4th Thursday 7:00-8:00 p.m.

Broadway Presbyterian (for those in N. Rockingham) 107 E. Lee Street, 5:30-7:00pm, 1st & 3rd Thurs., 896-3903

Bridgewater Inter-Church Food Pantry 420 College View Drive, Bridgewater, 1st & 3rd Tuesday at 7:00 p.m. Serves those who live within a 5 mile radius of Bridgewater.

Elkton Area United Services (EAUS) –Elkton Area 412 Gibbons Ave, Elkton, every Tuesday and 3rd Friday of the month 10:00 a.m.-2:00 p.m. 298-8685

Hope Distributed (Harrisonburg First Church of the Nazarene) 1871 Boyers Rd. Th. 4:00-5:30, 1st, 2nd & 3rd Sat. 9-11, 578-3510

West Rockingham Food Pantry- 4222 Mt. Clinton Pike at Cooks Creek Presbyterian Church. Serves West Rockingham area. Open 4th Thursday of each month from 4:00-6:00 p.m. Call 867-5109 with questions.

Temporary Shelter

First Step 129 Franklin Street, 16-bed emergency shelter for victims of domestic violence and their children; if space is available, there are beds for the homeless as well. Phone: 434-0295 or 1-866-223-9169 website : firststepva.com

Mercy House 305 North High Street, P.O. Box 1478, Harrisonburg, Va. 22803, Provides shelter, along with other services, for families in need. Phone: 540-432-1812. Apartments at 307 North Liberty Street, Thrift Store at 1005 South High Street 433-3272

The Salvation Army 895 Jefferson St., 72 person emergency shelter; registration at 4:30 pm daily. Shelter: (540) 433-2785; Corps offices: 185 Ashby Ave. (540)434-4854; Hours: Mon-Fri 8:30AM-4:30PM (closed 12-1:00PM).

Open Doors An emergency shelter during the cold weather months (Nov – April) for homeless persons who have no other option. Various sites through local faith communities will provide meal and warm place to sleep for anyone over the age of 18. Office: M-F, 9am-5pm: 540-578-3868. Shelter: every day during shelter season, 6:30pm-7am: 540-578-3869.

Valley Mission - 1513 W. Beverly St., Staunton, VA 540-886-4673

Mental Health

Center for Marriage and Family Counseling: 96 Campbell St., 433-1546, Insurance or income based individual, couples, or family counseling, anger management and substance abuse groups, and supervised visitation. May be contacted via email at: office@cmfc.org

H/R Community Services Board: 1241N. Main St. 434-1941 (emergency 434-1766), array of behavioral health and developmental services including emergency services 24/7

McNulty Center for Children & Family 463 E. Washington St. 433-3100

Commonwealth Center for Children: 1355 Richmond Ave, Staunton 24401, 332-2100 Mon-Fri 8:00am -5:00pm, 24 hour services, ages 4-17 children with mental illness.

Family Life Resource Center: 273 Newman Ave. 434-8450, 8am-5pm, Individual & family counseling.

RMH Behavioral Health: 644 University Blvd. 564-7007 (psychiatry services/medication management), 564-5960 (individual counseling, group therapy, and partial hospitalization program)

Summit House: 1888 Pear St. 434-1816, Mon.-Wed 8:00am-3:00pm, Thurs. 8-7:30pm, Fri. 8-2pm, Sat. 9-3pm Rehab program for long term mental illness.

Western State Hospital: 1301 Richmond Rd. Staunton, (540)332-8000, Dept of Mental Health Psychiatric care.

NAMI- 1888 Pear St. Summit House, 434-8761, Meets 1st Tuesday of month at 7:00 p.m. Families helping families cope with mental illness. Friends and family meeting held 2nd Thursday at 7:30 pm at Muhlenburg Lutheran Church Basement, Room 108

Suicide Hotline 1-800-784-2433

Substance Abuse Treatment

Toll Free 1-800-559-9503 **24 hrs. Addiction Helpline** 1-877-4 DRUG-ABUSE

H/R Community Services Board: 1241N. Main St. 434-1941 (emergency 434-1766)

LIFE Recovery Program: 644 University BLVD. 564-5960 Group meetings offered

Alcoholics Anonymous: 12 step Inter group and contacts, 434-8870

Blue Ridge Narcotics Anonymous: Statewide helpline 1-800-777-1515

Spanish Speakers AA: Grupo Vida Nueva: Grupo de Superacion y Recuperacion Personal, Si sufres de drogadiccion, alcoholism neurosis, miendo, aussiedad, ira, celos, depression, soledad; hay una soleccion! Martes a Viernes 7:30 a 9:30, Sabados 6:00; 188 Charles St.. H'burg 22802

Health

Rockingham Memorial Hospital: Emergency medical care and a social work department for financial assistance (540) 689-1000

RMH Health Source: For questions and answers about health care providers and local health services. (540) 564-7200

Hand In Hand RMH Atrium: Mentor program for pregnant teens, 2010 Health Campus Drive, 433-4340

AVA Care of Harrisonburg: Free pregnancy testing and confirmation. 833 MLK Jr. Way, (540)434-7528, www.avacareforyou.org

Harrisonburg-Rockingham Free Clinic: Free medical services/Dental extractions for uninsured, 25 W. Water St. 433-5431

Valley AIDS Network: Services for people living with HIV/AIDS. Call (540)-568-8838 or visit www.valleyaidsnetwork.org

Rockingham-Harrisonburg Health Department: provides STD and HIV/AIDS screening, family planning/birth control, immunization, and WIC. 110 N. Mason St. 574-5100

Harrisonburg Community Health Center: Provides primary health care needs and dental services for all children and families, insured and uninsured; accepts Medicare and Medicaid; sliding scale fee based on income, onsite interpreter services; 1380 Little Sorrell Dr. & Port Republic Rd.; City Bus Rt #6 Stop #50. Primary Care: 433-4913, Dental Services: 236-3688.

Community Health Interpreter Service: Interpreter services in many languages for medical appointments.

Call (540) 568-3011 to request an interpreter and get more information.

Harrisonburg Veterans Outpatient Primary Care Clinic: 1755 S. High Street (540)282-6035

Suitcase Clinic: Medical care for the homeless at various times/locations around H'burg. Call Nurse Terri at 540-908-1789 for info.

Clothing and Furniture

Trinity Clothes Closet: FREE CLOTHING - 725 S. High St, 434-9556. Wed 6:30-7:30; 1st Sat 10-11am

Mercy House Thrift Store: 1005 High St, 433-3272. M-F 9-5:30, Sat 9-5.

Mercy House Boutique: 563 University Blvd. Suite 104 Monday-Saturday 10-6pm

Salvation Army Thrift Stores: 245 E. Washington St., 433-8770; Hours: Mon-Sat 9-6:00. OR 297 Main St., Timberville, (540)896-3048; Hours:

Mon.-Fri. 10-6:00. Vouchers for either store may be obtained at the corps offices: 185 Ashby Ave. 434-4854; Hours: Mon-Fri 8:30AM-4:30PM (closed 12-1:00PM).

Gift & Thrift Store: 731 Mt Clinton Pike, 433-8844. Monday-Thursday & Saturday 9:30-5, Friday 9:30-8:00

Otterbein Methodist: FREE CLOTHING - 176 W. Market. Mon 5-6:00 434-7747

Elkton Area United Services Thrift Store: 218 Spotswood Trail, Elkton, 298-8685. M-Th 10-5, F 10-7, Sat 10-2

Cedar Grove UMC: FREE CHILDRENS CLOTHING - 1712 Smithland Road, Harrisonburg, 2nd & 3rd Wed 10-1

Goodwill Industries: 2475 S. Main Street, 434-6050 M- Sat 8:00am to 9:00pm and Sunday 12:00 - 6:00.

Hope Distributed (H'burg First Church of the Nazarene) 1871 Boyers Rd., FREE CLOTHING: 1st & 2nd Sat 9-12, 578-3510

Homes to Homes (H'burg First Church of the Nazarene) 1871 Bovers Rd.. Supplies/delivers furniture. M-F 9am-5pm. 578-3510.

Housing Resources, Financial Assistance and Support Services

Supportive and Subsidized Housing

Central Valley Habitat for Humanity: 205 Dry River Rd, Bridgewater VA, 22812 (540)828-6288

Hope Community Builders: 289 Jericho Road, Harrisonburg, VA 22801(540)433-0152

Harris Gardens: 215 Vine St., Harrisonburg, VA (540)434-6569

Harrisonburg Redevelopment & Housing Authority: 286 Kelley St, H'burg VA, 22803 (540)434-7386

Financial Aid

People Helping People: 281 E. Market St. Harrisonburg, VA, Muhlenberg Lutheran Church, Activity Center (540)433-7286.

Mon -Thurs 9:00-11:30, Closed Fridays

Salvation Army: Limited Public & Private funding 434-4854

Elkton Area United Services (EAUS): 187 W. Spotswood Ave, Elkton, 298-8685 Rebecca Price

Support Services

NewBridges Immigrant Resource Center: General information and legal support for low income immigrants, Monday-Thursday 9-5 by appointment, (540)438-8295, 64 W. Water St, Harrisonburg, VA 22801

Rebuilding Together of Harrisonburg/Rockingham County: Home repairs for Low income, elderly, and disabled with children,

P.O. Box 2301 Harrisonburg VA 22803 (540) 830-7759

Valley Program for Aging Services (VPAS) Serving individuals 60+ years - case management, meal programs, personal care, senior centers, Medicare counseling, and education about aging services. H'burg office: (540) 615-5341.

Kingsway Prison and Family Outreach: Support to, counseling and programs for inmates, ex-offenders and their families.

2217 S. Main St. Duke's Plaza Shopping Center, P.O. Box 2335, Harrisonburg, VA 22801 540-433-5658. Also provides computer assistance. **Does not have housing.** Email: <mailto:kingswayoutreach@hotmail.com>

VAIL: Center for Independent Living offers expertise in disability law and accessing community-based services and funding for people with disabilities. 3210 Peoples Drive, Suite 220 (Bus Rt. #4), (540) 433-6513

Legal Services

Blue Ridge Legal Services: Assist low income clients, 204 N. High St. Harrisonburg, VA (540)433-1830

Department of Social Services

The DSS offers many programs such as food stamps, fuel/heating/cooling assistance, and others. All are eligible to apply 110 N. Mason St, P.O. Box 809, Harrisonburg, VA 22803 Phone: (540)-574-5100 Fax: (540)574-5127 Hours: M-F 8:00-5:00pm