# 2015



# Youth Data Survey

8th, 10th, and 12th grade students from Harrisonburg City and Rockingham County Schools



# Youth Data Survey 2015

8<sup>th</sup>, 10<sup>th</sup> and 12<sup>th</sup> grade students from Harrisonburg City and Rockingham County

A project supporting the Healthy Community Council's Community assessment mission.

Project Design and Management

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Office on Children and Youth

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Surveys

PRIDE Survey
Rockingham County/Harrisonburg Youth Survey

Major Funders

James Madison University
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Futuro Latino Coalition

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#### Introduction

#### Background

The Office on Children and Youth (OCY) at James Madison University's Institute for Innovation in Health and Human Services (IIHHS) is pleased to present the 2015 Youth Data Survey for Harrisonburg and Rockingham County. The OCY has been working with the community since 1996 to provide key data about local youth risk behaviors and produce data that enables the community to develop priority areas around youth issues. Administered by the OCY, the Youth Data Survey (YDS) is a collaborative effort between many community partners including: United Way, Harrisonburg City and Rockingham County Public Schools, Eastern Mennonite High School, James Madison University, Healthy Community Council, Sentara RMH Community Health, the Blue Ridge Area Health Education Center, and the Futuro Latino Coalition. Over 50 agency representatives and community volunteers assist with the administration of the survey every two years. The goal of the YDS is to examine the current and longitudinal trends around local youth risk behaviors with an approach that taps into the larger community question of what assets we need in our community to help people successfully navigate from infancy to adulthood. The objectives of the YDS for the community are the following: produce reliable information on risk behaviors; assess needs; ascertain gaps in service; assist in determining priority areas; allow agencies access to local data in order to write successful state, federal, and foundation grant applications to address the identified needs; and evaluate progress over time on the impact agency programs have on the local youth. The ultimate goal is to improve the quality of life for the children and youth in Harrisonburg and Rockingham County.

Every two years in October the survey is administered to approximately half of all 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> graders in Harrisonburg City and Rockingham County. The students complete two surveys: one is the nationally recognized Pride Survey; and the other is the locally created Youth Data Survey based in part on the national Youth Risk Behavior Survey. Every 10 years a committee comprised of local agency representatives and interested community members evaluate the survey and make any necessary additions and revisions. JMU students assist OCY staff and help secure and train agency representatives and community volunteers to administer the survey. This report would not be possible without the support of our local schools, community organizations and many dedicated volunteers.

The survey was administered during the week of October 12, 2015 to youth in Harrisonburg City and Rockingham County. Surveys were completed by 1,774 students (approximately 802 females and 812 males) between the ages of 13 and 19.

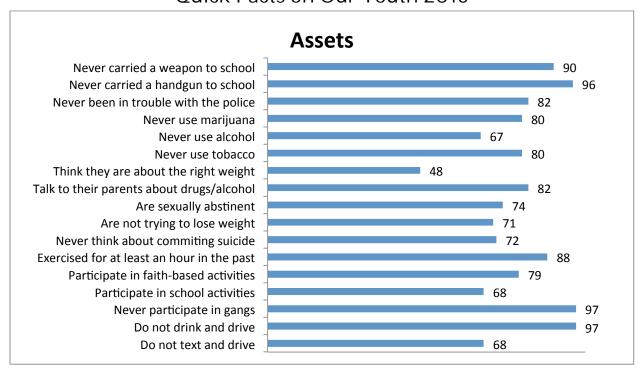
#### Navigation

This report presents information on key issues affecting the youth in our community. The Quick Facts section gives an overview of the assets and risk factors present in our youth. The data is then presented by categories for a more detailed investigation of assets and risk factors. Following the categories you will find some supporting data on parents. The final section includes Topical Fact Sheets that provide at-a-glance information on selected risk factors. The surveys are included in the appendix for your reference.

#### Additional Information

In addition to the data presented in this report, the Office on Children and Youth is available to make specialized presentations or reports for any interested group. Please contact Michael Maurice at (540) 568-6007 or mauricma@jmu.edu with requests. Archived data from all administrations of the Youth Data Survey (1997-2015) is also available on the OCY web site (www.theocy.org).

#### **Quick Facts on Our Youth 2015**



#### **Risk Factors**

Sexua	IΛ	<b>_+:</b> .	.:
sexua	IΑ	CTIV	/ITV

Of sexually active youth (26%)

56.6% Use condoms

18.4% No method

16.9% Use withdrawal

29.5% Use birth control pill

8.2% Use birth control shot

#### **Tobacco Use**

4.6% Daily

3.9% Weekly

11.9% Monthly

19.8% Annually

#### **Dangerous Weight Loss**

1.0% Vomit

1.3% Use Pills

10.1% Skipped meals

5.8% Over-exercised

#### **Alcohol Use**

0.4% Daily

4.9% Weekly

9.5% Monthly

32.8% Annually

#### Marijuana Use

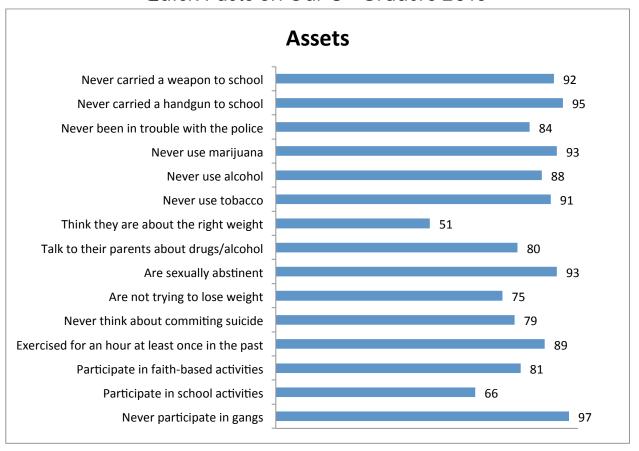
2.4% Daily

3.3% Weekly

10.1% Monthly

20.1% Annually

## Quick Facts on Our 8th Graders 2015



#### **Risk Factors**

#### **Sexual Activity**

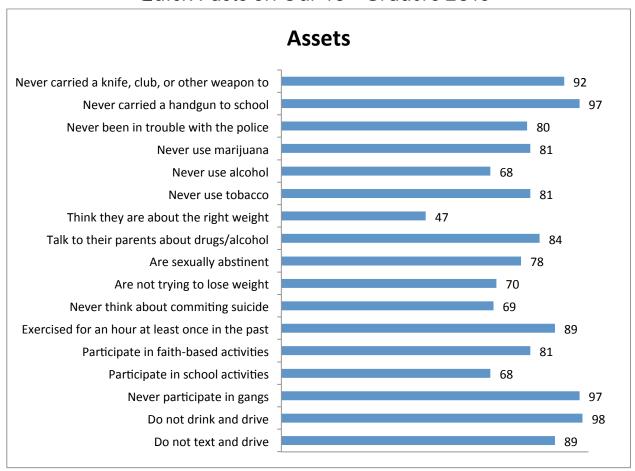
Of sexually active 8 <sup>th</sup> Graders (7% of total)		Tobacco Use	
50.0%	Use condoms	0.7%	Daily
32.5%	Use no method	1.6%	Weekly
5.0%	Use withdrawal	3.8%	Monthly
7.5%	Use birth control	9.0%	Annually
2.5%	Use birth control shot		

Alcohol Use Marijua		ana Use	
0.2%	Daily	1.0%	Daily
1.3%	Weekly	1.8%	Weekly
3.5%	Monthly	2.8%	Monthly
12.5%	Annually	7.0%	Annually

#### **Dangerous Weight Loss**

0.5% - Vomit 0.8% - Use Pills

## Quick Facts on Our 10th Graders 2015



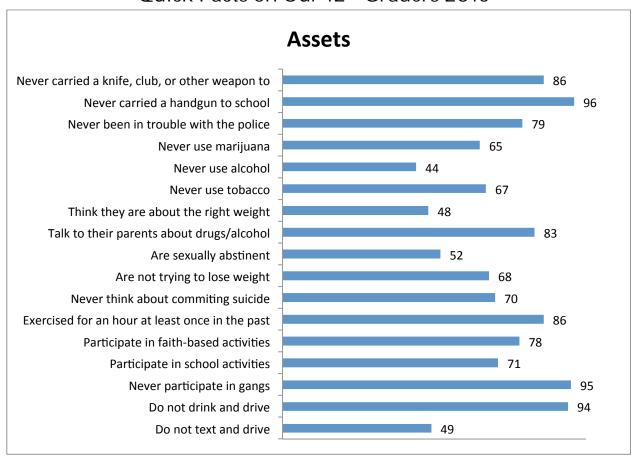
#### **Risk Factors**

Sexual Activity	Tobaco	co Use
Of sexually active 10 <sup>th</sup> graders (22% of to	otal) 3.4%	Daily
57.9% Use condoms	7.5%	Weekly
18.8% Use no method	10.4%	Monthly
11.3% Use withdrawal	18.9%	Annually
18.8% Use birth control pill		
11.3% Use birth control shot		
Alcohol Use	Mariju	ana Use
Alcohol Use 0.6% Daily	<b>Mariju</b> 1.9%	ana Use Daily
	1.9%	
0.6% Daily	1.9%	Daily Weekly
0.6% Daily 5.0% Weekly	1.9% 4.9%	Daily Weekly Monthly
0.6% Daily 5.0% Weekly 13.8% Monthly	1.9% 4.9% 6.6%	Daily Weekly Monthly

0.9%

Use Pills

#### Quick Facts on Our 12th Graders 2015



#### **Risk Factors**

Sexual	Activity
--------	----------

Of sexually active 12<sup>th</sup> graders (48% of total)

56.9% Use condoms

16.0% Use no method

21.8% Use withdrawal

38.5% Use birth control pill

7.6% Use birth control shot

#### **Tobacco Use**

9.8% Daily

15.4% Weekly

20.6% Monthly

32.5% Annually

#### **Alcohol Use**

1.1% Daily

10.1% Weekly

27.2% Monthly

55.9% Annually

#### Marijuana Use

4.5% Daily

10.5% Weekly

20.0% Monthly

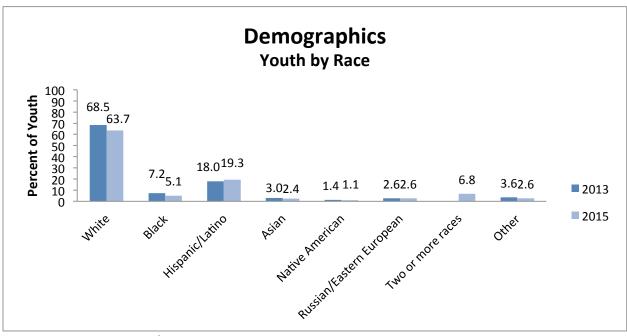
34.9% Annually

#### **Dangerous Weight Loss**

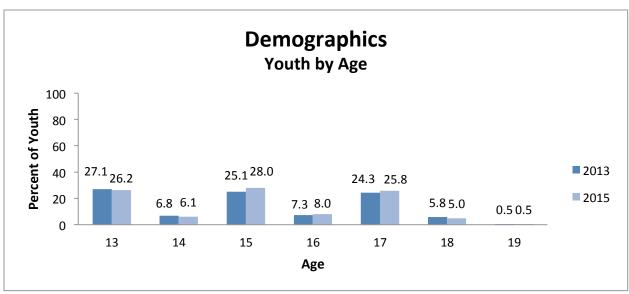
1.6% Vomit

2.2% Use Pills

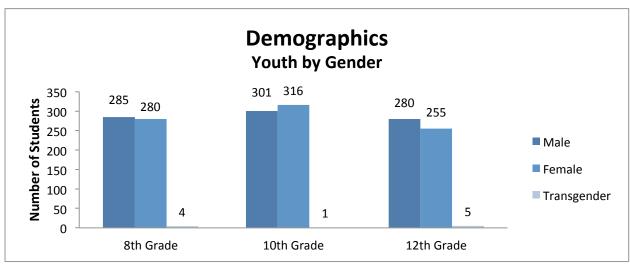
# Demographics 2015



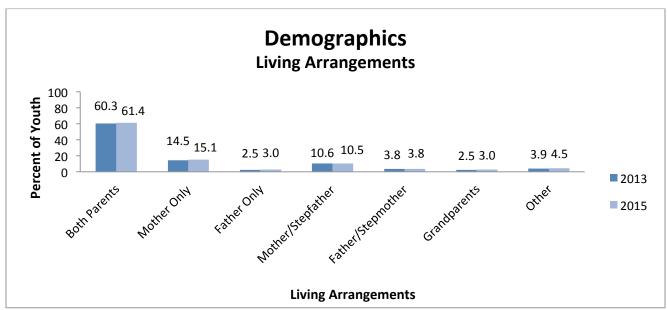
Source: Rockingham County/Harrisonburg Youth Survey



Source: Rockingham County/Harrisonburg Youth Survey



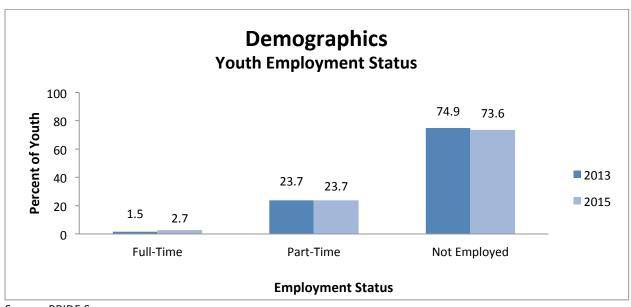
Source: PRIDE Survey



Source: Rockingham County/Harrisonburg Youth Survey

#### What the numbers and other information told us:

The majority of teens still live with both parents, and the number has increased by 1.1% since 2013.

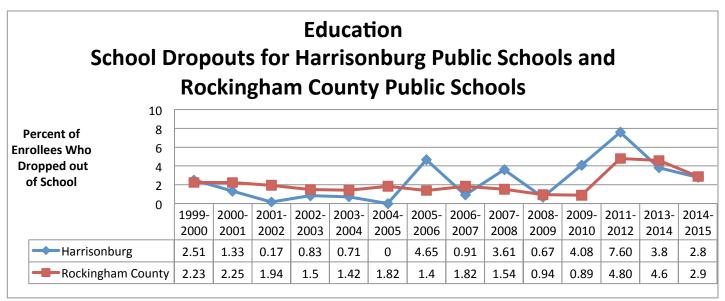


Source: PRIDE Survey

#### What the numbers and other information told us:

The majority of youth are not employed (73.6%), a slight decrease from 2013. Additionally, 26.4% of youth are employed (full or part time).

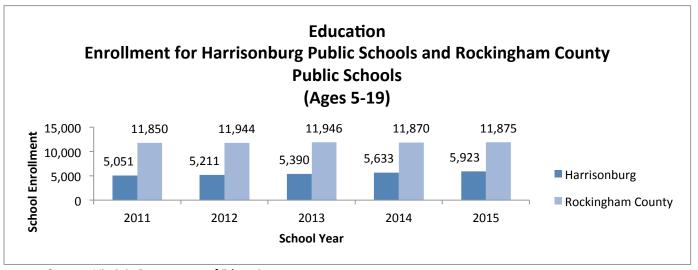
## Education 2015



Source: Virginia Department of Education

#### What the numbers and other information told us:

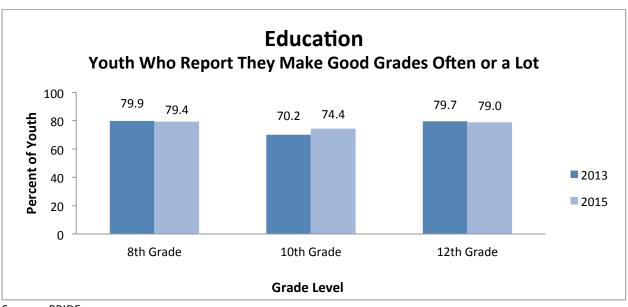
Harrisonburg's 2015 dropout rate was 1.0 less than the previous year, and Rockingham County's dropout rate decreased by 1.7.



Source: Virginia Department of Education

#### What the numbers and other information told us:

Since 2010 Rockingham County has maintained a fairly consistent number of students enrolled in public schools. Harrisonburg has seen a steady incline in enrollment since 2010.

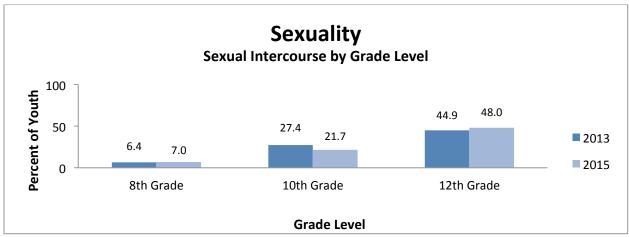


Source: PRIDE survey

#### What the numbers and other information told us:

Students in 10th grade show an increase in percentage of who make good grades often or a lot, while  $8^{th}$  and  $12^{th}$  graders show a slight decrease.

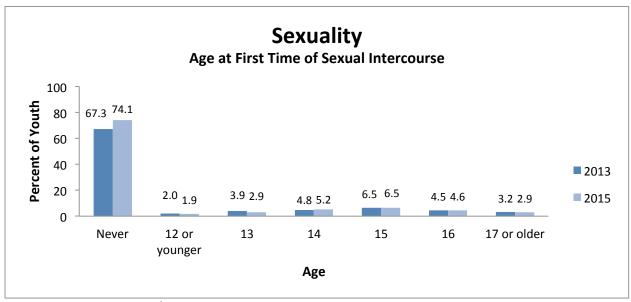
# Sexuality 2015



Source: Rockingham County/Harrisonburg Youth Survey

#### What the numbers and other information told us:

The number of 10<sup>th</sup> grade youth remaining abstinent has increased 5.7% since 2013. However, 3.1% more 12<sup>th</sup> grade students reported having had sexual intercourse.

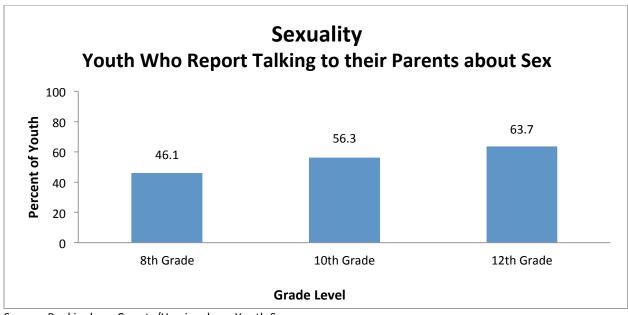


Source: Rockingham County/Harrisonburg Youth Survey

#### What the numbers and other information told us:

Overall, sexual activity has decreased in surveyed youth. The most significant decrease is seen in  $10^{th}$  graders (5.7%).

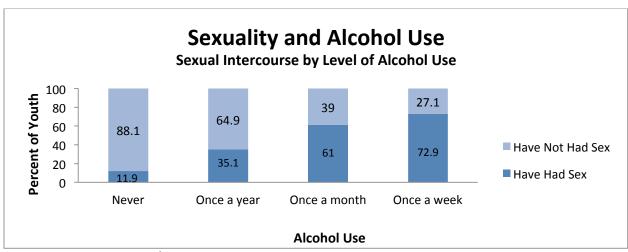
In 2015, 74% of teens say that they are sexually abstinent.



Source: Rockingham County/Harrisonburg Youth Survey

#### What the numbers and other information told us:

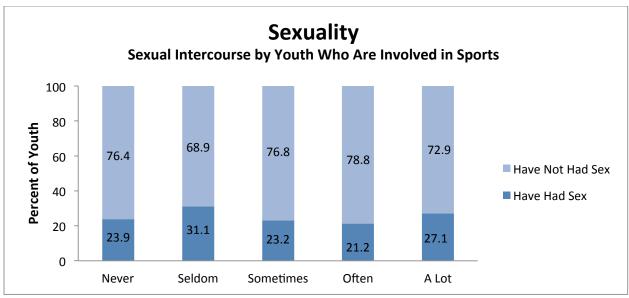
There is a steady increase across grades in the amount of youth that talk to their parents about sex, reaching 63.7% by the time they are in 12<sup>th</sup> grade. Of all youth surveyed, 55.3% report that they talk to their parents about this topic.



Source: Rockingham County/Harrisonburg Youth Survey

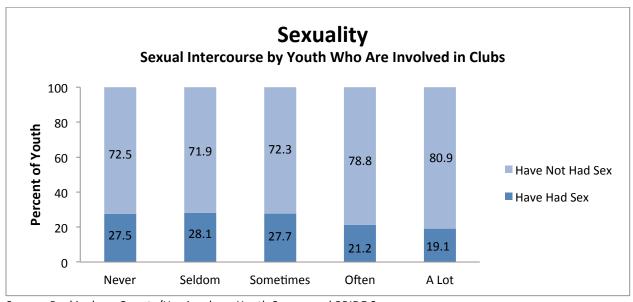
#### What the numbers and other information told us:

Of youth that do not use alcohol, only 11.9% report having had intercourse. Conversely, of youth that use alcohol once a week, 72.9% report having had intercourse.



#### What the numbers and other information told us:

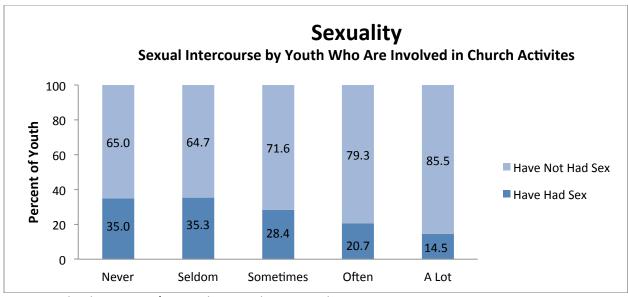
Of youth who are seldom involved in sports, there is a higher proportion (31.1%) that are sexually active than those that are involved in sports often (21.2%).



Source: Rockingham County/Harrisonburg Youth Survey and PRIDE Survey

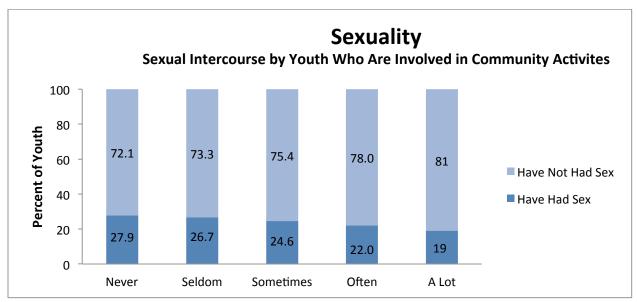
#### What the numbers and other information told us:

The proportion of sexually active youth who are never involved in clubs is over 8% higher than that of those that are involved in clubs a lot.



#### What the numbers and other information told us:

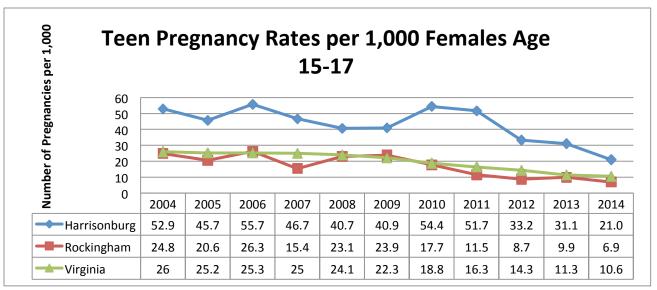
Of youth who are never involved in church activities, there is a higher proportion (35.0%) that are sexually active than those that are involved in church activities a lot (14.5%).



Source: Rockingham County/Harrisonburg Youth Survey and PRIDE Survey

#### What the numbers and other information told us:

The proportion of sexually active youth who are never involved in community activities is 9% higher than that of those that are involved in community activities a lot.

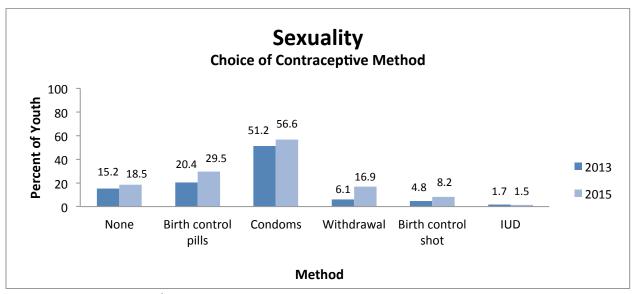


Source: Virginia Center for Health Statistics

#### What the numbers and other information told us:

In 2014, the rate of teen pregnancy among females age 15-17 in Harrisonburg (21.0 per 1,000) was almost double the teen pregnancy rate among females age 15-17 in Virginia (10.6 per 1,000). However, this was a 10 point decrease from the Harrisonburg rate in 2013 (31.1).

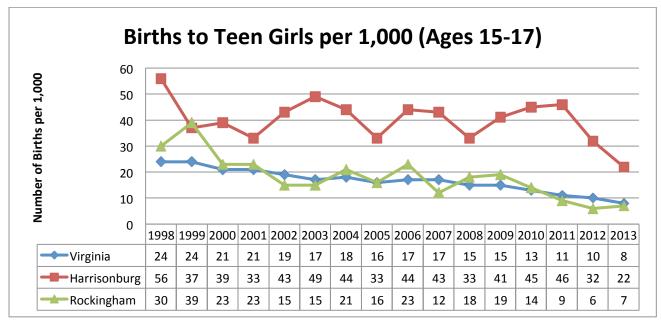
There was a decrease in this rate in Rockingham County beginning in 2009, but there was a slight increase from 2012 to 2013. However, 2014 saw a 3-point decrease in this area.



Source: Rockingham County/Harrisonburg Youth Survey

#### What the numbers and other information told us:

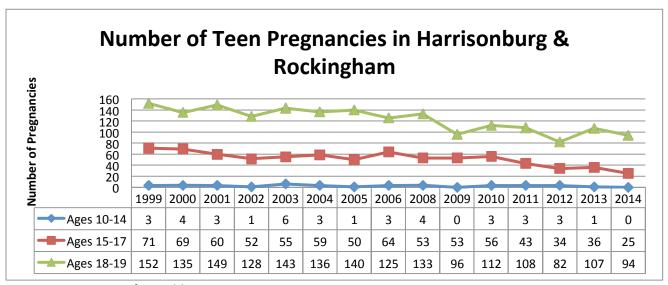
In 2015, 18.5% of teens who are sexually active say that they do not use any form of protection while 16.9% (an increase of over 10% since 2013) use withdrawal. There was a 4.4% increase in the use of condoms, a 9.1% increase in the use of birth control pills, and a 3.4% increase in the use of a birth control shot.



Source: Virginia Center for Health Statistics

#### What the numbers and other information told us:

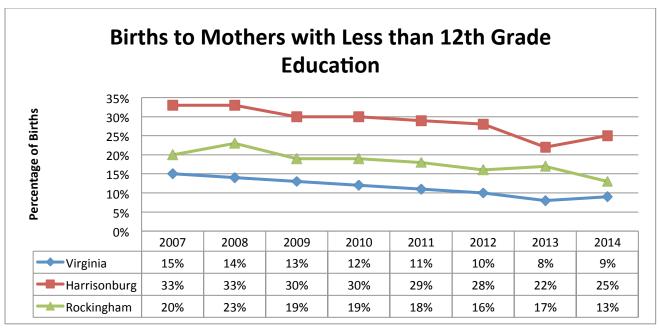
In 2013, the rate of births to teen girls age 15-17 in Harrisonburg (22 per 1,000) was almost triple the birth rate among teen girls age 15-17 in Virginia (8 per 1,000). However, this is a large decrease from 2012.



Source: Virginia Center for Health Statistics

#### What the numbers and other information told us:

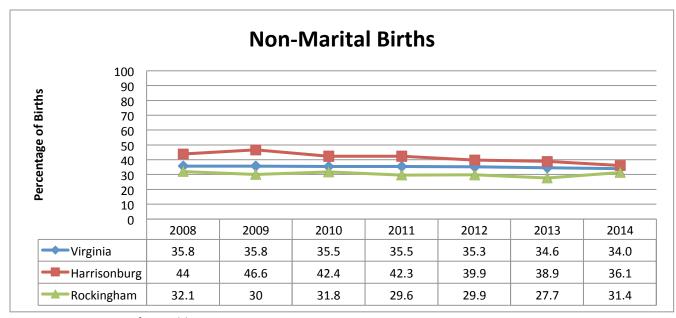
Harrisonburg and Rockingham County experienced a decrease in teen pregnancies in all age groups between 2010, 2011, and 2012, and there was an increase in 2013. However, both areas dropped by over 10 in 2014.



Source: Kids Count Data Center, Annie E. Casey Foundation

#### What the numbers and other information told us:

In 2014, the percentage of births to mothers with less than 12<sup>th</sup> grade education in Harrisonburg (25%) was 2.5 times the percentage for Virginia. The same statistic in Rockingham County is 4% higher than the percentage for the state of Virginia.

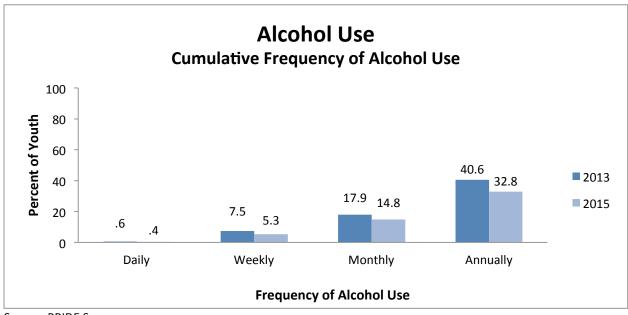


Source: Virginia Center for Health Statistics

#### What the numbers and other information told us:

The non-marital birth rate in Harrisonburg has consistently been above the non-marital birth rate of Virginia since 2004. Note: the figures provided for non-marital births should not be used as a proxy for unplanned pregnancies.

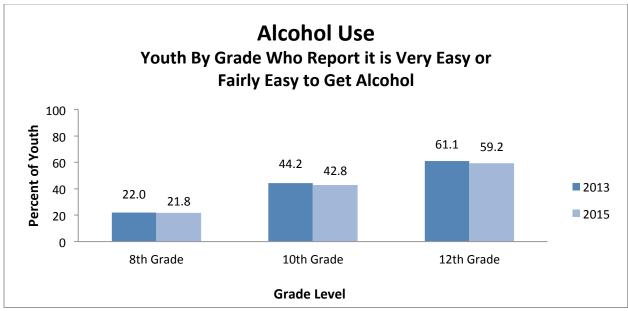
# Alcohol Use 2015



Source: PRIDE Survey

#### What the numbers and other information told us:

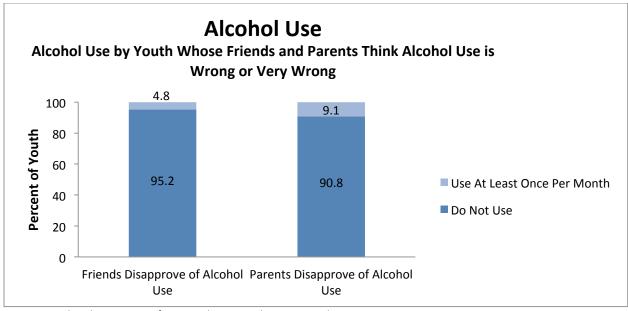
There has been a drop in the daily, weekly, monthly and annual use of alcohol since 2013.



Source: PRIDE Survey

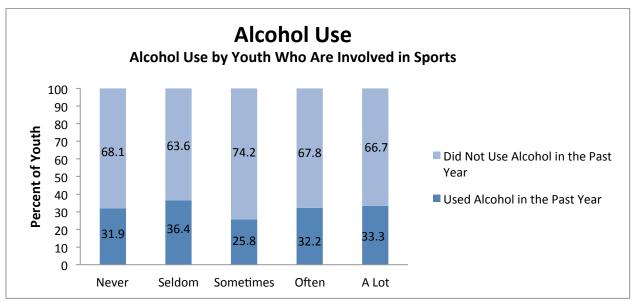
#### What the numbers and other information told us:

The number of youth reporting that it is very easy or fairly easy to get alcohol decreased by approximately 2% in 10<sup>th</sup> and 12<sup>th</sup> graders, but remained fairly consistent for 8th graders.



#### What the numbers and other information told us:

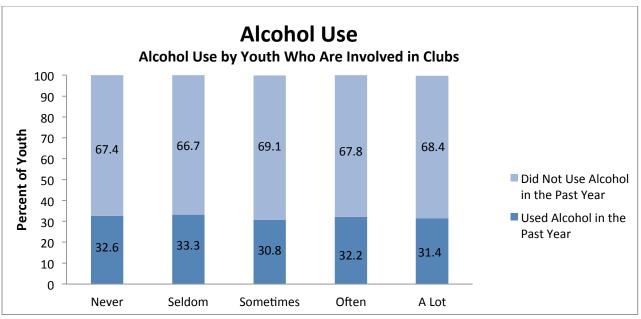
Only 4.8% of students whose friends disapprove of alcohol use drink at least once per month. Similarly, only 9.1% of youth whose parents disapprove of alcohol use drink at least once per month.



Source: Rockingham County/Harrisonburg Youth Survey and PRIDE Survey

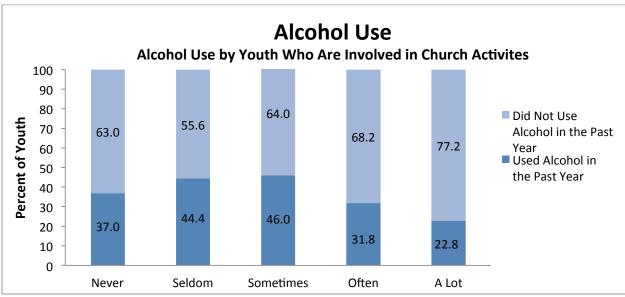
#### What the numbers and other information told us:

A lower proportion of youth (32.2% and 33.3%) who are involved in sports often and a lot used alcohol than those that are seldom involved in sports (36.4%).



#### What the numbers and other information told us:

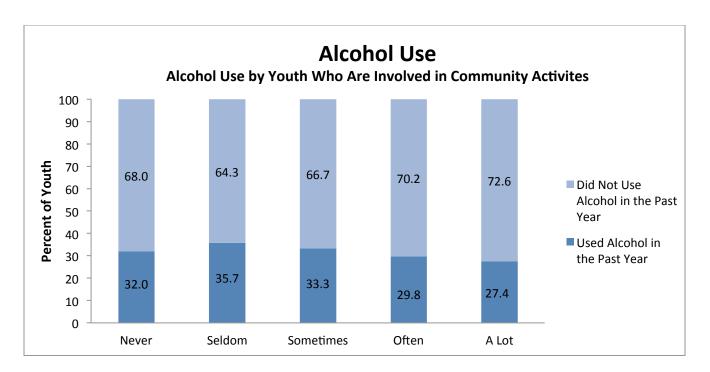
There is not much variability in alcohol use across the portions of youth who are involved in clubs.



Source: Rockingham County/Harrisonburg Youth Survey and PRIDE Survey

#### What the numbers and other information told us:

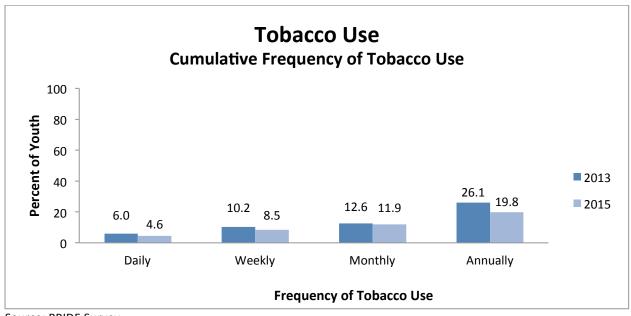
Of youth who participate in church activities a lot, only 22.8% have used alcohol in the past year. This is 15% less than the portion of youth (37.0%) who never participate in church activities and have used alcohol in the past year.



#### What the numbers and other information told us:

Of youth who are never involved in community activities, there is a higher proportion (32.0%) that used alcohol in the past year than those that are involved in community activities a lot (27.4%).

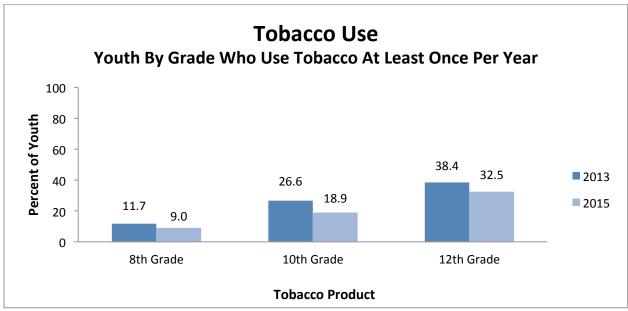
# Tobacco Use 2015



Source: PRIDE Survey

#### What the numbers and other information told us:

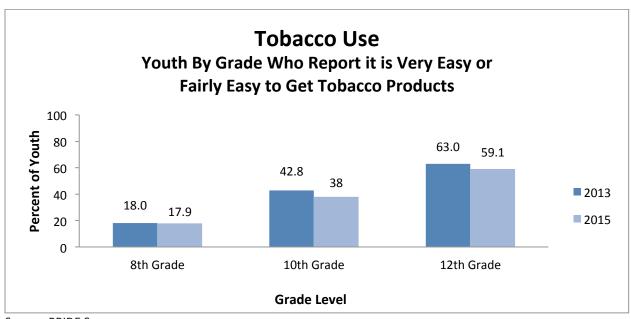
There has been a decrease in the overall use of tobacco in all grades from 2013, with the largest decrease (6.3%) occurring in annual use.



Source: PRIDE Survey

#### What the numbers and other information told us:

All grades have seen a marked decrease in the use of tobacco annually since 2013.

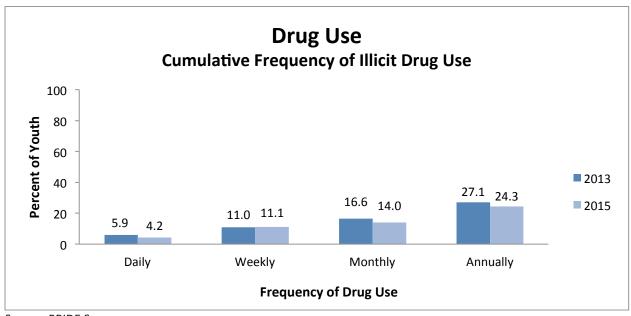


Source: PRIDE Survey

#### What the numbers and other information told us:

The ease of access to all types of tobacco products has decreased among all grades. Overall, 78.3% of youth feel that tobacco use is harmful or very harmful.

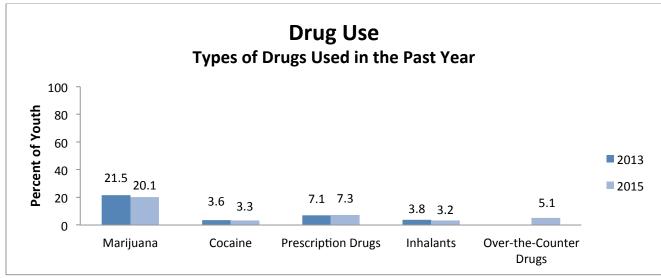
# Drug Use 2015



Source: PRIDE Survey

#### What the numbers and other information told us:

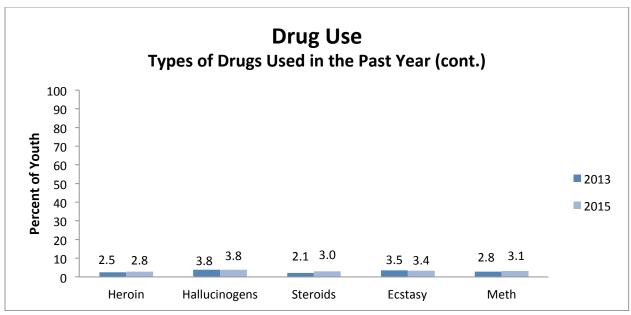
With the exception of weekly use, there were slight decreases in the frequency of drug use since 2013.



Source: PRIDE Survey

#### What the numbers and other information told us:

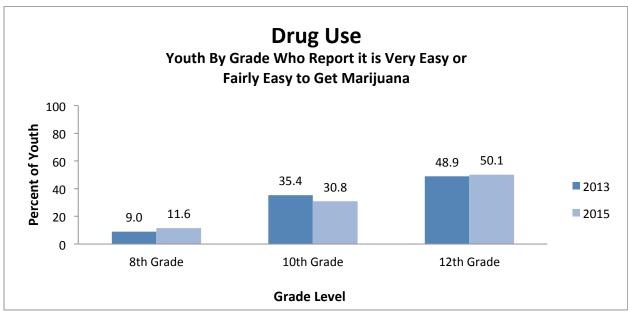
Marijuana remained the most used drug and its usage decreased slightly from 2013.



Source: PRIDE Surveys

#### What the numbers and other information told us:

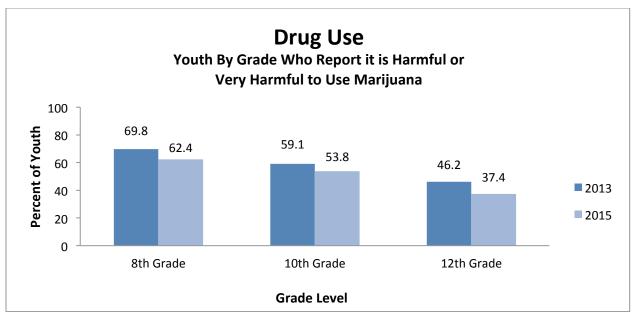
There has been a slight increase in the use of heroin, steroids, and meth since 2013.



Source: PRIDE Survey

#### What the numbers and other information told us:

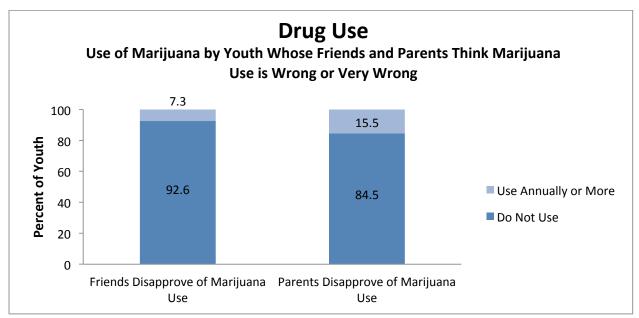
There has been a decrease in the number of 10<sup>th</sup> grade students reporting that it is very easy or fairly easy to get marijuana. However, there has been slight increases in the number of 8<sup>th</sup> and 12<sup>th</sup> graders reporting similarly.



Source: PRIDE Survey

#### What the numbers and other information told us:

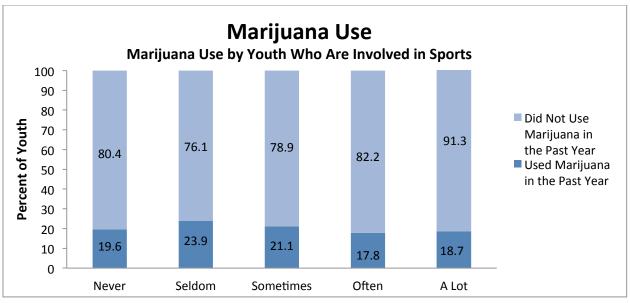
There was a noted drop in the percentage of students in all grade levels who view marijuana as harmful or very harmful. Overall, 29.0% of youth feel that using marijuana is very harmful to their health.



Source: Rockingham County/Harrisonburg Youth Survey and PRIDE Survey

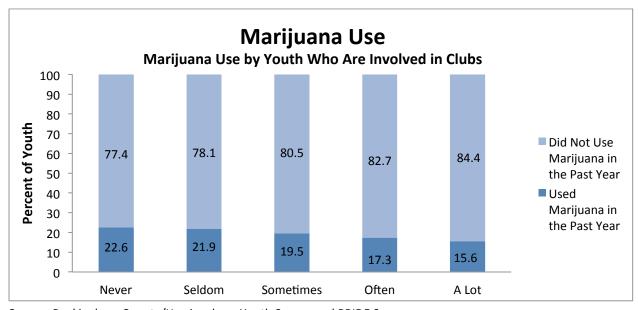
#### What the numbers and other information told us:

Of youth whose friends disapprove of marijuana use, only 7.3% used the drug in the past year. Similarly, of youth whose parents disapprove of marijuana use, only 15.5% used the drug in the past year. These numbers compare to the overall portion of youth who have used marijuana in the past year: 20.1%.



#### What the numbers and other information told us:

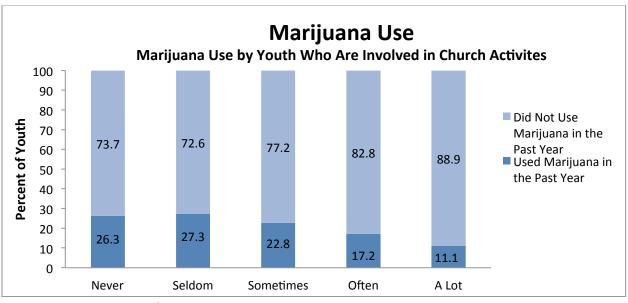
Of youth who are never involved in sports, there is a higher proportion (19.6%) that used marijuana in the past year than those that are involved in sports often (17.8%).



Source: Rockingham County/Harrisonburg Youth Survey and PRIDE Survey

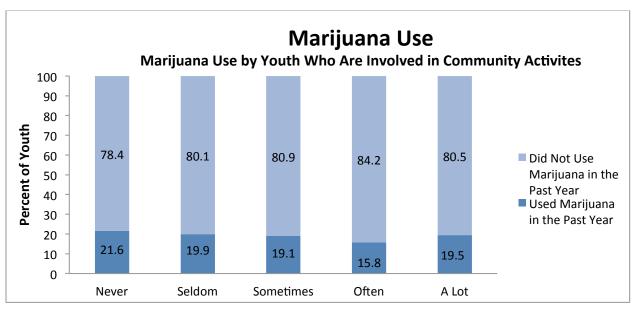
#### What the numbers and other information told us:

Of youth who participate in clubs a lot, only 15.6% have used marijuana in the past year. This is 7% less than the portion of youth who never participate in clubs and have used marijuana in the past year.



#### What the numbers and other information told us:

Of youth who participate in church activities a lot, only 11.1% have used marijuana in the past year. This is less than one half of youth (26.3%) who never participate in church activities and have used marijuana in the past year.



Source: Rockingham County/Harrisonburg Youth Survey and PRIDE Survey

#### What the numbers and other information told us:

Of youth who participate in community activities a lot, only 19.5% have used marijuana in the past year. This is over 2% less than the portion of youth who never participate in community activities and have used marijuana in the past year.

Drug Use 2015

# Youth Nationwide Who Use Illicit Drugs

PRIDE	Daily	Weekly	Annually
2013	5.2%	9.2%	22.2%
2015	4.0%	7.3%	18.4%

Source: PRIDE National Survey

# Harrisonburg/Rockingham Youth Data Survey

PRIDE	Daily	Weekly	Monthly	Annually
2013	5.9%	11.0%	16.6%	27.1%
2015	3.8%	8.4%	12.1%	22.9%

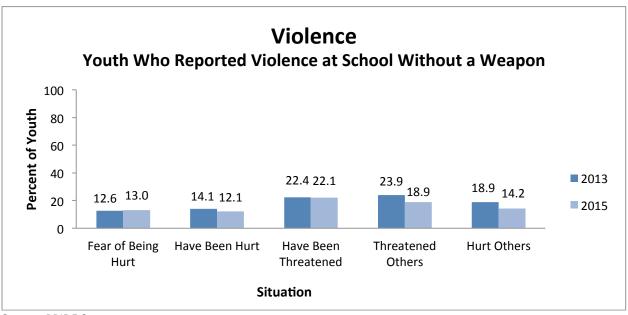
Source: PRIDE Survey

#### What the numbers and other information told us:

Illicit drug use has decreased in Harrisonburg City/Rockingham County as well as nationally.

The Harrisonburg/ Rockingham use of illicit drugs is slightly higher than the national average for weekly and annual use of illicit drugs.

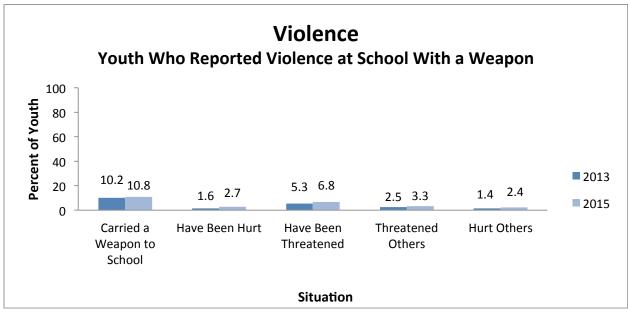
# Violence 2015



Source: PRIDE Survey

#### What the numbers and other information told us:

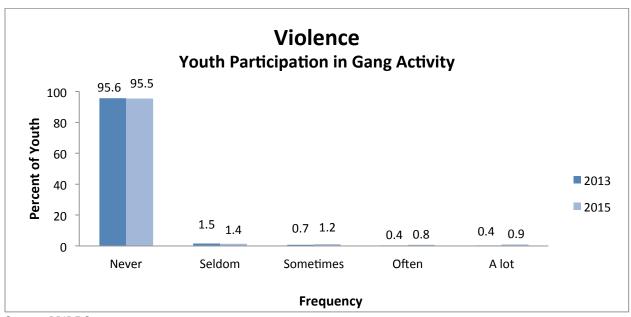
There was an increase in students reporting a fear of being hurt and a decrease in students being hurt at school without a weapon.



Source: PRIDE Survey

#### What the numbers and other information told us:

There was a 0.6% increase in students who reported having carried a weapon to school.

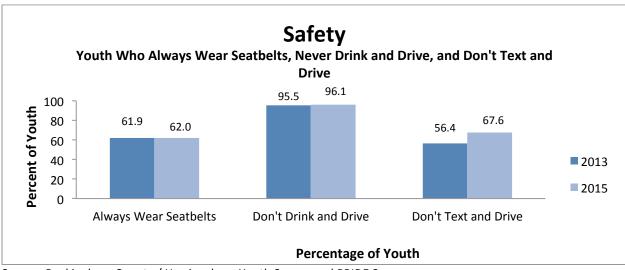


Source: PRIDE Survey

#### What the numbers and other information told us:

The majority of teens still do not report participating in gang activity. The numbers have stayed relatively the same since 2013.

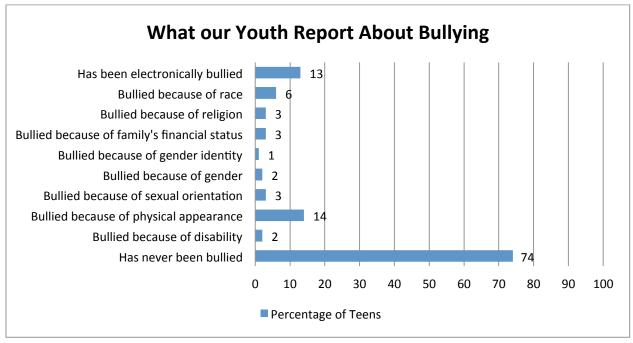
## Safety 2015



Source: Rockingham County / Harrisonburg Youth Survey and PRIDE Survey

#### What the numbers and other information told us:

The percentage of teens who always wear a seatbelt did not change since 2013, and those that don't drink and drive also increased slightly (0.6%). The number of youth who reported not texting while driving increased from 56.4% to 67.6%.

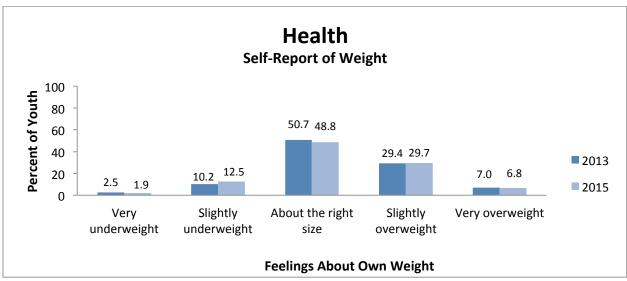


Source: Rockingham County / Harrisonburg Youth Survey

#### What the numbers and other information told us:

Although most students report they have never been bullied, 14% have been bullied because of their physical appearance, and 13% have been electronically bullied.

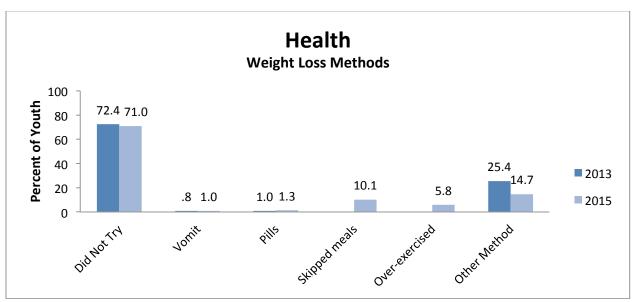
## Health 2015



Source: Rockingham County/ Harrisonburg Youth Survey

#### What the numbers and other information told us:

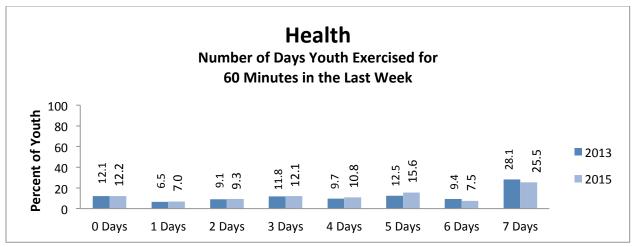
There was a small decrease (1.9%) from 2013 in the number of youth who feel that they are about the right weight.



Source: Rockingham County/ Harrisonburg Youth Survey

#### What the numbers and other information told us:

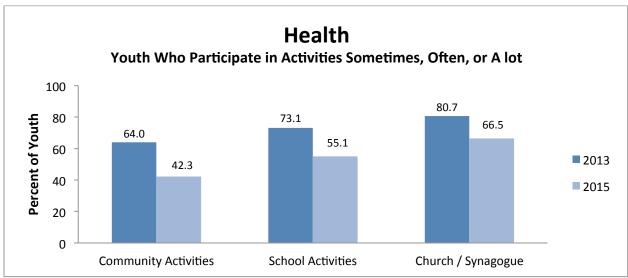
New response option to this question led to 10.1% of students reporting that they skipped meals to lose weight, and 5.8% reported over-exercising.



Source: Rockingham County/Harrisonburg Youth Survey

#### What the numbers and other information told us:

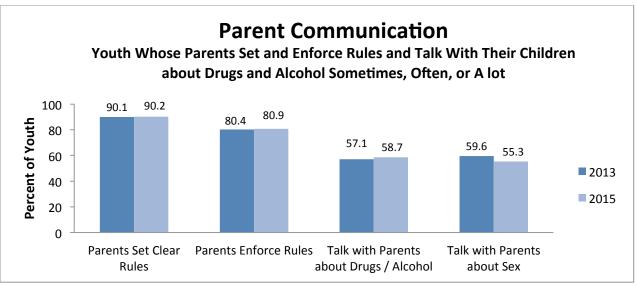
As in 2013, over a quarter (25.2%) of students report having exercised all seven days of the prior week. However, 12.2% report having not exercised at all during that time period.



Source: PRIDE Survey

#### What the numbers and other information told us:

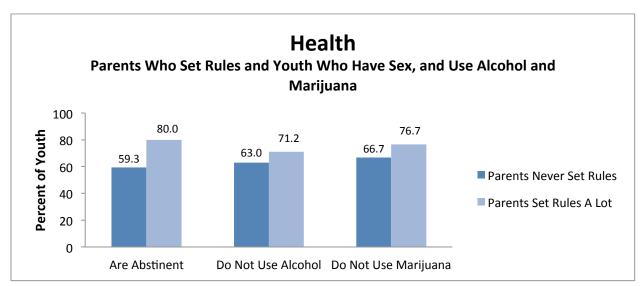
There were decreases in the teens who participate in (community, school, and church) activities sometimes, often, or a lot.



Source: Rockingham County/Harrisonburg Youth Survey and PRIDE Survey

#### What the numbers and other information told us:

The reported rate at which parents set and enforce rules, and discuss drugs and alcohol with their children remained relatively consistent from 2013 to 2015. There was a decrease (4.3%), of youth who reported having discussions about sex with their parents.

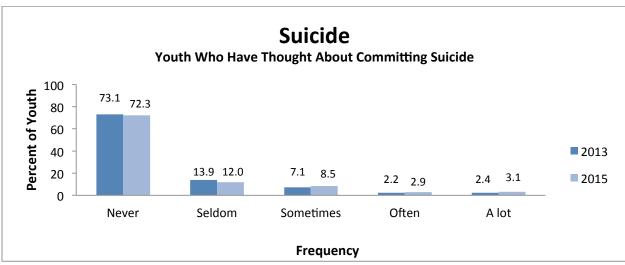


Source: Rockingham County/Harrisonburg Youth Survey and PRIDE Survey

#### What the numbers and other information told us:

Children of parents who never set rules are less likely to abstain from sex, alcohol use, and marijuana use than children of parents who set rules a lot.

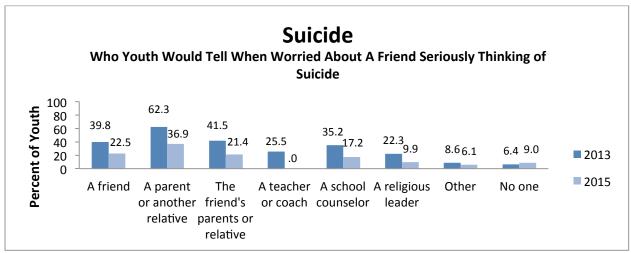
## Suicide 2015



Source: PRIDE Survey

#### What the numbers and other information told us:

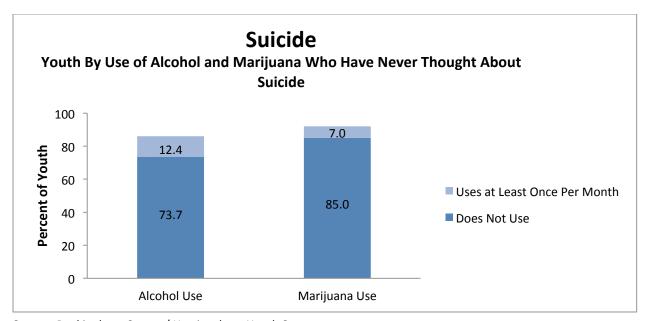
The number of students who have never thought about committing suicide slightly decreased by 0.8% from 2013.



Source: Rockingham County/ Harrisonburg Youth Survey

#### What the numbers and other information told us:

A low portion (9.0%) of youth would not tell anyone if their friend was seriously thinking about suicide, but this is a 2.6% increase since 2013. Most teens (36.9%) would tell a parent or relative if they were worried about a friend committing suicide.



Source: Rockingham County/ Harrisonburg Youth Survey

#### What the numbers and other information told us:

Of youth that have never thought about suicide, 12.4% use alcohol at least once per month and 7.0% use marijuana at least once per month. These statistics are lower than those for the overall population (14.8% for monthly alcohol use and 9.1% for monthly marijuana use).

## Parental Information

Reported by Youth

## **Parent's Employment Status**

	Full-Time	Part - Time	Not Employed
Father	87.7%	5.4%	6.9%
Mother	68.9%	14.7%	16.5%

### **Education Level of Parents**

	Some High	High school	Some College	College Graduate
	School	Graduate		
Father	21.2%	35.8%	12.1%	30.9%
Mother	16.2%	28.7%	15.5%	39.5%

Source: Rockingham County/Harrisonburg Youth Survey

# Youth Data Survey 2015 Alcohol Use

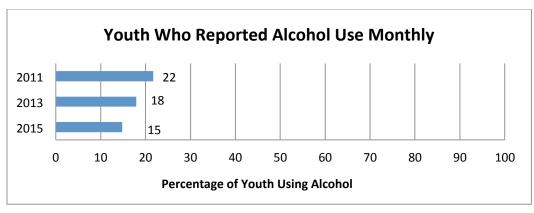
**18.8%** of teens feel it is very easy to get alcohol products.

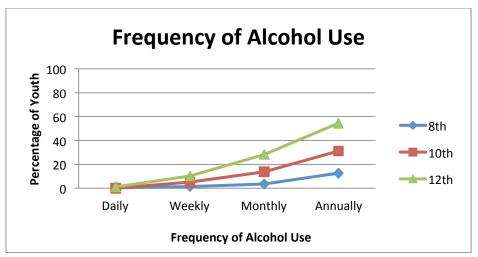
**10.1%** of teens say that their friends drink alcohol a lot.

**71%** of teens feel that their parents would think that it would be very wrong if they used alcohol.

**68%** of teens have never had alcohol.

**57.3%** of teens feel that drinking beer is very harmful to their health.





## Youth Data Survey 2015

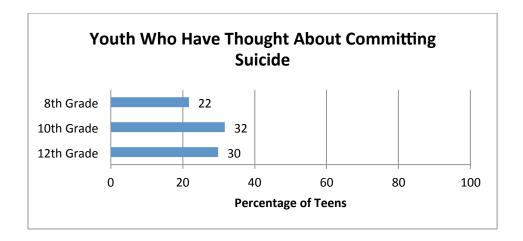
Depression and Suicide

**36.9%** of teens would tell a parent or relative if they were worried about a friend committing suicide.

**72.3%** of say that they never have thought about committing suicide.

28.4% of teens say they felt sad or hopeless for at least two weeks in the past year.

**81.5%** of teens say that they have not intentionally hurt their bodies in the last six months.



# Youth Data Survey 2015 Drug Use

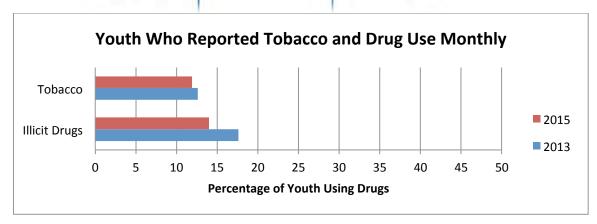
**80.2%** of teens have never used tobacco.

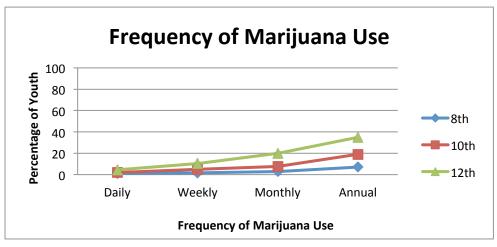
**20.1%** of teens report they have used marijuana.

**8.5%** of teens report they use tobacco weekly.

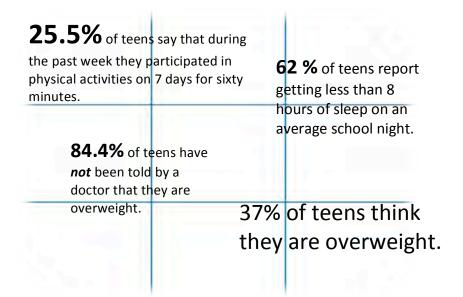
29.0% of teens feel that using marijuana is very harmful to their health.

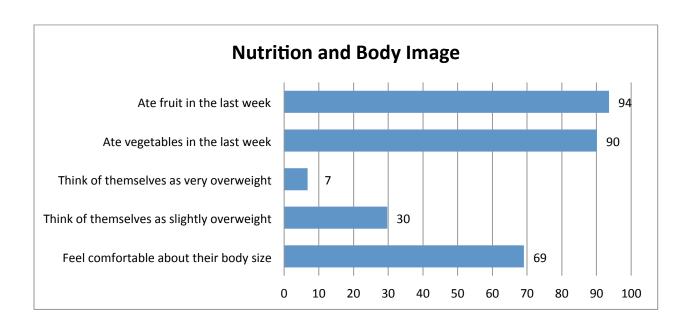
**16.3%** of teens say it is very easy to get tobacco products.





# Youth Data Survey 2015 Exercise, Nutrition, and Health





## Youth Data Survey 2015 Safety

**62%** of teens say they always wear a seatbelt when riding in somebody else's vehicle.

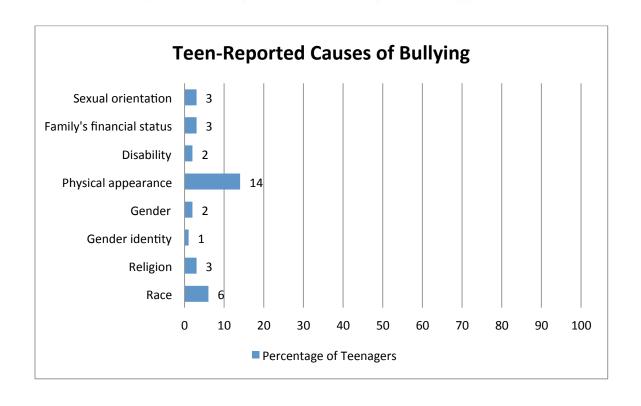
13.1% of teens report that they have been electronically bullied.

**91.4%** of teens say they feel safe in their neighborhoods.

**96.1%** of teens say they do not drink and drive.

**71.3%** of teens say they feel safe on the school bus.

**72.2%** of teens say they feel safe in the hallways at school.



# Youth Data Survey 2015 Sexuality

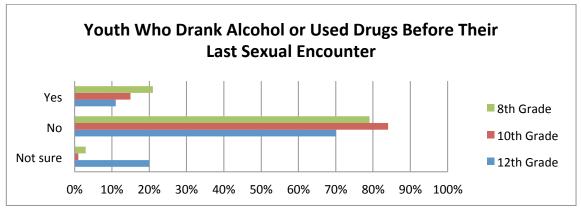
**74.1%** of teens say that they are sexually abstinent.

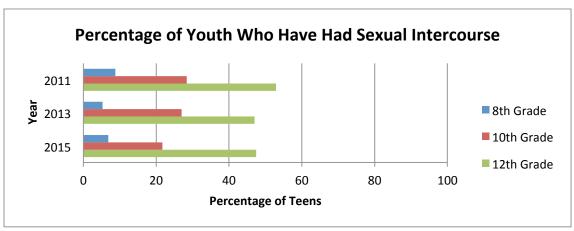
**18.5%** of teens say they drank alcohol or used drugs before the last time they had sexual intercourse.

**56.6%** of teens who are sexually active say that they use condoms.

**18.4%** of teens who are sexually active say that they do not use any form of protection.

19.2% of teens say they wish they had more information about preventing sexually transmitted infections.





• Use a No. 2 pencil only CORRECT: ■ INCORRECT: ✓ХССС

## THE PRIDE QUESTIONNAIRE FOR GRADES 6-12

				May not be used without permiss	ion or ringe ourveys.
I. PERSONAL AND	FAMILY INFORMATION	ON The state of th	B 0 00		
1. Ethnic Origin:	3. Age:		. Do you live with	7. Do your parents have a jo	b?
White	10 years old or less	<u> </u>	oboth parents	father?	mother?
African American	11 years old	<b>O</b> 7	omother only	Yes, full-time	0
■ Hispanic/Latino	12 years old	08	ofather only	Yes, part-time	0
Asian/Pacific Islander		<b>○</b> 9	omother & stepfather	O No	9
Native American	14 years old	○10		8. What is the educational level	l of your
Mixed Origin		<b>11</b>	other	father?	mother?
Other		<u></u>	. Do you have a job?	some high school	
2. Sex:	17 years old		Yes, full-time	high school graduate	
Male	→ 18 years old		Yes, part-time	o some college	
Female			○No	college graduate	10
II. STUDENT		(3)		8	
INFORMATION	N.S.			48	
			13. Do your parents pu	nish you when	
1. Do you make good grade	es?		you break the rules		
2. Do you get into trouble a		00000	14. Have you been in tr		
3. Do you take part in scho			15. Do you take part in		
4. Do you take part in scho	•			Land mailting diside 0	
band, clubs, etc?	or activities such as			1.1	
5. Do you take part in com	munity activities auch	0000		(Inch Vincentia)	
as scouts, rec. teams, yo					
		00000	-		
6. Do you attend church, sy		0000	20. Do your friends use		
7. Do your parents talk with you about the problems of			prescribed to them		
tobacco, alcohol and drug use?				more glasses of beer, coolers,	
8. Do your teachers talk with you about the problems of			breezers or liquor w	vithin a few hours?	
tobacco, alcohol and drug use?		00000			YES NO
9. Have you skipped schoo				sk any students to take a drug test?	
parents' permission in the past year?		00000	23. Do you think that yo		Y N
10. Does your school set clear rules on			-	ou that you are overweight?	Y N
using drugs at school?				sold drugs AT school?	Y N
11. Does your school set clear rules on			1 7	sold drugs when NOT at school?	Y N
bullying or threatening other students at school?		00000	27. Have you carried a	gun for protection or as a weapon	
12. Do your parents set clea	r rules for you?	0000	when NOT at school		Y N
III. WITHIN THE PAS	ST \	d.	V. HOW MUCH I	DO YOU THINK \\	De Car
YEAR HOW OFT	EN WAR IN TO THE STATE OF THE S	Winds	PEOPLE RIS	K HARMING	TE CE
HAVE YOU	(A) (E) (S) (S)	10.21.02	THEMSELVE	S PHYSICALLY OR 🎺	TA TO TO
•	180 80	4 4 4 4	IN OTHER W	AYS IF THEY	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
1. Used tobacco (cigarettes					
2. Drunk alcohol (beer, coo	lers, liquor, etc.)?		1. Smoke one or more	packs of cigarettes per day?	
3. Smoked marijuana (pot,	hash, etc.)?		2. Smoke e-cigarettes,	e-cigars or e-hookahs?	0000
4. Used cocaine (crack, etc	000		3. Have five or more dr	inks of an alcoholic beverage	
5. Used inhalants (glue, ga	s, etc.)?		(beer, coolers, liquor	) once or twice a week?	
6. Used hallucinogens (PC	P, LSD, etc.)?		4. Take one or two drin	ks of an alcoholic beverage	
7. Used neroin (opiates)?	000		(beer, coolers, liquor	) nearly every day?	
8. Used steroids?			5. Smoke marijuana on		0000
9. Used ecstasy (MDMA)?				gs that are not prescribed	
10. Used meth (crystal, ice,	crank, etc.)?		to them?		
11 Used prescription drugs					
you (such as Ritalin, Xar			VI DUDING THE	PAST 30 DAYS:	
12. Used over-the-counter d			I VI. DUKING THE	FAST 30 DATS:	100
. Cook over-the-counter d	AL AL		1. Did you smoke part of	or all of a cigarette?	3.70
IV. HOW EASY IS	"· " · · · · · · · · · · · · · · · · · ·		The second secon	cigarette, e-cigar, or e-hookah?	
IT TO GET	MON OIL	(2) (2) (B)	-	more drinks of an alcoholic beverage	702
	CANAT	(C) (E) (E) (E)	The state of the s		
4 Tabana (1) (1)	and the stable	Willy Starter	4. Have you used marij		
1. Tobacco (cigarettes, cig				cription drugs not prescribed to you'	
2. Alcohol (beer, coolers, li			-	the-counter drugs (to get high)?	
3. Marijuana (pot, hash, etc		00000	7. Have you used inhal	ants (glue, gas, etc.)?	
4. Prescription drugs not p	rescribed to you?		l <b>I</b>		

10.

**(A)** 

B

G

Somewhat disapprove

On't know or can't say

### **ROCKINGHAM COUNTY - HARRISONBURG YOUTH SURVEY**

INSTRUCTIONS Suse no 2 pencil only RIGHT		
Black Female 9 Hispanic/Latino Transgender 10 Asian Prefer not to answer Native American Russian/Eastern European 2 or more races  Female 9 10 4. Do you re	☐ 11 ☐ Both parents ☐ language you ☐ 12 ☐ Mother only ☐ use most often at home? ☐ Mother and Stepfather ☐ English ☐ Father and Stepmother ☐ Spanish ☐ Grandparents ☐ Arabic	
Write in School Code:		
7. Do you have a smart phone?  Yes  No  8. Over the past 12 months I have lived in: (Select all that apply)  Stand alone house Townhouse or duplex	15. The LAST TIME that you had sexual intercourse did you use any of the following (Select all that apply)?  I have not had sexual intercourse  Drugs Alcohol None of the above Unsure	
Apartment or condo  Motel A shelter A foster home I had nowhere to live Other	16. The LAST TIME you had sexual intercourse, what method(s) did you or your partner use to PREVENT PREGNANCY? (Select all that apply)  I have never had sexual intercourse  No method was used to prevent pregnancy Birth Control pills Condoms Withdrawal	
9. When you rode a bike in the last 12 months, did you wear a helmet?  Did not ride a bicycle in the past 12 months  Did not wear a helmet  Rarely wore a helmet  Most of the time wore a helmet  Always wore a helmet  10. During the past 30 days, did you text or email while driving a car or other vehicle?  I did not drive a car or other  Yes	Birth Control Shot  IUD  17. Have you ever been tested for Sexually Transmitted Infections and/or HIV AIDS? (Do not count tests done if you donated blood.)  Yes  No Not sure	
I did not drive a car or other vehicle during the past 30 days No  11. If you have intentionally harmed your body in the past 6 months, please select each method you have used: (Select all that apply)  I have never intentionally tried to harm myself  I have cut myself  I have scratched myself  I have hit or punched myself  Other  Other	18. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)    I did not date or go out with anyone during the past 12 months   0 times   1 time   2 or 3 times   4 or 5 times   6 or more times	
12. Have you ever talked to your parents about (Select all that apply):  Sex Sexually Transmitted Infections and HIV/AIDS Preventing Pregnancy Drugs Alcohol Unwanted Sexual Contact	19. Have you EVER received a touch of a sexual nature from anyone, which you did not consent to or did not want?  Yes  No Unsure	
13. Do you wish you had more information about (Select all that apply):  Preventing Pregnancy Preventing Sexually Transmitted Infections and HIV/AIDS Drugs Alcohol Unwanted Sexual Contact	20. Have you ever been forced to do sexual things you did not want to do by someone you were dating or going out with? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)  Yes  No Unsure	
14. Have you ever had sexual intercourse?  No  Yes → If yes, how old were you when you had sexual intercourse for the first time?  12 or younger  13	21. On an average school night, how many hours of sleep do you get?  4 or less hours  5 hours  6 hours  7 hours  8 hours  9 hours  10 or more hours	

22. During the neet 20 days, which of the following did you do to less weight.	20 During the next 12 menths, how often have your parent(a) or guardian(a)
22. During the past 30 days, which of the following did you do to lose weight or keep from gaining weight? (Select all that apply)	30. During the past 12 months, how often have your parent(s) or guardian(s) done volunteer work (for a charity, a neighbor, through church, etc)?
I did not try to lose weight	More than once a week
☐ I made myself vomit	Once a week
☐ I took diet pills	Once a month
I skipped meals on purpose	At least 2-3 times in the past year
O I over-exercised	Once in the past year
I used some other method but did not vomit or take diet pills	Not at all in the past year     Don't know
	☐ Don't know
23. During the past 7 days, on how many days were you physically active for	
a total of at least 60 minutes per day? (Add up all the time you spent in any	31. How often do you feel safe in your neighborhood?
kind of physical activity that increased your heart rate and made you breathe hard some of the time.)	All of the time     Most of the time
0 days	Most of the time Some of the time
1 day	Never
2 days	
☐ 3 days	00.00
4 days	32. When you are not at home, how often does one of your parents/guardians
5 days	know where you are and who you are with?  All of the time
☐ 6 days ☐ 7 days	Most of the time
- r days	Some of the time
	○ Never
24. I feel comfortable with my body size:	
○ Yes	33. My parents/guardians ask if I've gotten my homework done.
O No	Yes
	O No
25. How do you think of yourself?	
Very underweight	34. During the past 12 months, did you ever feel so sad or hopeless almost
Slightly underweight	every day for <b>two weeks or more in a row</b> that you stopped doing some
<ul><li>About the right weight</li><li>Slightly overweight</li></ul>	usual activities?
○ Very overweight	☐ Yes
, ,	○ No
26. During the past 7 days, how many times did you eat fruit? (Do not count	
fruit juices).	35. Who would you tell if you were worried that a friend is seriously thinking of
I did not eat fruit during the past 7 days	suicide? (Select only one)
1 to 3 times during the past 7 days	A friend
4 to 6 times during the past 7 days	<ul><li>My parent or another relative</li><li>My friends parent or relative</li></ul>
1 time per day	A teacher or coach
<ul><li>2 times per day</li><li>3 times per day</li></ul>	A school counselor
4 or more times per day	<ul> <li>A religious leader (my minister, priest, rabbi, or youth leader)</li> </ul>
<u> </u>	Other
	I would not tell anyone
27. During the past 7 days, how many times did you eat vegetables? (Do not count french fries, fried potatoes or potato chips.)	
I did not eat vegetables during the past 7 days	36. In the past 12 months, have you ever been electronically bullied? (Count
1 to 3 times during the past 7 days	being bullied through social media, email, chat rooms, websites, or texting.)
4 to 6 times during the past 7 days	☐ Yes
1 time per day	O No
2 times per day	
3 times per day	37. In the past 12 months I have been bullied (verbally, physically, and/or
4 or more times per day	electronically) because of: (Select all that apply)
	I have not been bullied in the past year
28. Have you ever been suspended from school?	My race
Yes	<ul><li>My religion</li><li>My family's financial status</li></ul>
○ No	My sexual orientation
	My gender
29. During the past 12 months, how often have you done volunteer work (for	My gender identity
a charity, a neighbor, through church, etc)?	My physical appearance
More than once a week	My disability
Once a week	Other:
Once a month  At least 2.3 times in the past year	
<ul><li>At least 2-3 times in the past year</li><li>Once in the past year</li></ul>	38. Have you ever used the following:
Not at all in the past year	Synthetic marijuana (K-2, Spice)
☐ Don't know	The drug known as "bath salts"
	<ul> <li>No, I have never used these drugs</li> </ul>