Track I Honors Scholars complete 27 CREDIT HOURS of Honors coursework. The Honors curriculum does not supplant or alter a student's General Education or major requirements. However, many Honors courses will double or even triple count toward General Education requirements or the student's major requirements as well as toward the Honors total.

* MAINTAINING GOOD STANDING: To remain in good standing in the Honors College, students must meet the minimum Honors course progression standards. See the Handbook section of the Honors website for more information.

## Honors General Education Courses

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<tr>
<th>Class</th>
<th>Credits</th>
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- Double count with GenEd and Honors. If the course is also in the major, it may triple count.
- Students may take more than one per semester.
- Normally appear in the Schedule of Classes with the regular departmental designator and number followed by an H (ex., PHIL 101H; SCOM 123H).

## Honors Seminars (choose one option)

### Interdisciplinary seminars

- Take any combination of two Honors seminars offered as HON 200 or 300.
- Unique course topics designed specifically for Honors.

### Area of Emphasis

- Areas in Creativity, Global Studies, Leadership, Research, Service.
- Introductory seminar: fall semester, second year
  - Experiential seminar: spring semester, second year
  - Practicum (1 credit): fall semester, junior year (counts as Honors Elective, below)

## Honors Seminar Abroad

- 6 credit summer study abroad course.

## Honors Electives

### Any combination of Honors Options, additional Honors GenEds, or additional Honors Seminars (including Area of Emphasis seminars and Honors Seminars Abroad).

- HON 100 counts for one credit of Honors electives.
- Area of Emphasis practicum credit may count as Honors electives.

### Honors Options

- Must be 200 level or above and cannot be used for a course in which an Honors section is currently available.
- Recommended that students complete Honors Options in major courses, when possible.

## Honors Capstone Project

### Independent scholarship with faculty guidance.

- Completed during your final three semesters. May be condensed into two semesters with department approval.
- Normally related to your major discipline; inter- or cross-disciplinary projects are possible.
- Register through the major in which the project is being completed.
  - Ex. PSYC 499A; ECON 499A; ENG 499A.
- Choice between research, creative, and collaborative projects.
- Normal credit sequence: 1-3-2. Some departments use 3-2-1, 2-2-2, or 1-2-3 sequences.
- Before beginning the project, review departmental guidelines and consult with department's Honors Faculty Liaison for information specific to the major.

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www.jmu.edu/honors/