Hosting a program on sexual violence?
Consider these guidelines first for a successful and effective program.

**ASK**

- Are there programs happening on which you can collaborate? Programs with similar themes or dates?
- Are your facts, figures, and program materials accurate? Use reliable and consistent sources like the Center for Disease Control, the National Sexual Violence Resource Center & Bureau of Justice Statistics.
- Is your program sensitive to the needs of survivors? Programs that stick to intentional and educational objectives will minimize re-traumatization.
- Are you using inclusive language?

If you are having a panel or Q&A session, make sure questions are vetted first and safe for all attendees.

**INCLUDE**

- Trigger Warning: let attendees know ahead of time that the program may be upsetting because of content related to sexual violence
- Depending on the content, consider having a professional on hand to serve as a resource for anyone in attendance who might need it: Counseling Center representative, Health Center representative, CARE member, etc.
- Have resource materials available for attendees, like the CCASA resource map: http://www.jmu.edu/healthcenter/SexualViolenceResponse/survivor-resource-map.shtml

**AVOID**

- Do not run programs on sexual assault and safer sex simultaneously.
- Do not victim blame. Work to dispel rape myths when mentioned.
- Do not be directive. Provide options to attendees and act as a bridge to resources when needed.

Still have questions or want more information? Contact Liz Howley at the Health Center at howleyeg@jmu.edu