

- The Young Children’s Program provides an environment designed to help each child**
- **Grow in the ability to interact positively with others (GOAL 3)**
 - **Increase personal awareness and self-discipline (GOAL 4)**

**Adapted from SOCIAL AND EMOTIONAL DEVELOPMENT,
Milestones of Child Development, VA Early Childhood Development Alignment Project, 2007**

Relationships with Others

	36-48 mo	Demonstrate increasing social problem-solving	
	36-48 mo	Develop friendships with one or more peers	
	36-48 mo	Successfully enter and engage in group pretend play	
	48 mo+	Show empathy and caring for others	
	48 mo+	Cooperate with others	
	48 mo+	Demonstrate increased ability to resolve conflicts	
	48 mo+	Interact easily with one or more children & adults	

Learning About Self

	36-48 mo	Show increasing ability to distinguish between self & others	
	36-48 mo	Adjust comfortably to new surroundings	
	36-48 mo	Demonstrate confidence and pride in accomplishments	
	48 mo+	Continue to perceive self as worthwhile & accepted	
	48 mo+	Begin to understand consequences of actions, especially as choices affect others	
	48 mo+	Demonstrate increased awareness of own abilities, characteristics, feelings, & preferences	
	48 mo+	See self as able to have power & make responsible choices	
	48 mo+	Laugh at own mistakes or accidents so long as there is no serious consequence	

Expression of Feelings and Self-Regulation

	36-48 mo	Follow simple rules and routines	
	36-48 mo	Manage transitions	
	48 mo+	Use socially acceptable behavior when completing tasks or problem-solving	
	48 mo+	Name and talk about own emotions and can associate them with varying facial expressions	
Not being assessed	48 mo+	Enjoy some rough-and-tumble with trusted friends	