

# Cynthia Atkinson DNP RN CNL

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## EDUCATION

**James Madison University School of Nursing, Harrisonburg, VA**  
Doctor of Nursing Practice, Dec 2018

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**James Madison University School of Nursing, Harrisonburg, VA**  
*Master of Science, Clinical Nurse Leader, 2015.*

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**Eastern Mennonite University, Harrisonburg, VA**  
*Bachelor of Science in Nursing, 2005*

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**Regents (Excelsior) College, Albany NY**  
*Associate of Science in Nursing, 1999*

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**Valley-Vocation Technical Center, Fishersville VA**  
Practical Nursing, 1979

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## LICENSURE & CERTIFICATIONS

**Registered Nurse Licensure**  
State of Virginia, 1999-present

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### Certification

Certified Wound Ostomy Nurse, September 2009 - 2005  
Certified Clinical Nurse Leader, February 2016-present  
Basic Cardiac Life Support, current through December 2022

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## PROFESSIONAL EXPERIENCE

**Full time Lecturer Position-Clinical Instructor** 8/25/2017 to present

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James Madison University  
Clinical instructor for 1<sup>st</sup> year, 2<sup>nd</sup> year, and 4<sup>th</sup> year nursing students. Courses include 352L, 356 L, and 454L. Clinical involving patient care planning, direct patient care, medication administration, and clinical application to practice. Clinical coordinator for 1<sup>st</sup> semester.

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### Adjunct Clinical Nursing Instructor

James Madison University 8/2015 to 8/17/2017  
Clinical instructor for 2<sup>nd</sup> year and 4<sup>th</sup> year nursing students. Courses include 356L Clinical applications and reasoning in nursing care and Transition to Care 454L Clinical involved patient care planning, direct patient care, medication administration and application of classroom/sims lab to patient care.

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### Nursing Supervisor

Augusta Health, Fishersville, VA

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6/2012 to 6/2017  
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Serves as resource person for nursing staff for issues regarding patient, family, and physicians. IV therapist as needed. Assist nursing staff in all aspects of patient care. Staff hospital per guidelines, acuity, and patient safety. Supervises hospital staff per policy guidelines. Experienced in computer documentation via Meditech and Microsoft software. Competent in informational technology/computer programs.

## **Night Shift Charge Nurse**

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*Augusta Health, Fishersville, VA*

*10/2010 to 1/2012*

### *Medical-Surgical Unit*

Managed admissions and discharges. Responsible for nurse/patient assignment. Supervised and served as an experienced resource for the nursing staff. Encouraged a culture that promotes staff productivity and satisfaction. Promoted patient and family satisfaction. Monitored each patient condition; administer medications, physical assessments, assisted with activity of daily living, and reported any changes in patient's condition to the physician. Ensured that the unit functioned efficiently as per standards and regulations. Promoted teamwork and motivation for staff.

## **Wound Ostomy Nurse**

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*Augusta Health Care*

*8/2008 to 10/2010*

### *Acute Care Setting*

Serve as the clinical resource and consultant to the nursing staff regarding the plan of care of wounds and ostomies. Involved in the assessment, planning, and implementation of nursing care to patients with ostomies, wounds, fistulas, incontinence, and skin breakdown. Involved in a multidisciplinary team in coordinating the plan of care for each patient with wounds and ostomies.

## **Staff Nurse**

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*Augusta Health*

*6/2006 to 8/2008*

### *Nursing Treatment Center*

Administered blood products, IV fluids, IV medications to patients with rheumatoid arthritis, Chrons disease, and multiple sclerosis. Infusions included antibiotics via IV at center or via CADD pumps. Other tasks included following migraine protocols from neurology, vaccinations, and lab blood draws prior to giving Aranasp.

## **Clinical Nursing Instructor**

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*Eastern Mennonite University, Harrisonburg, VA*

*9/05 -4/06*

Supervised and taught 2<sup>nd</sup> year nursing students on a med/surg floor. Group consisted of 8-10 nursing students each semester. Clinicals involved patient care planning, direct patient care, and medication administration to 2 patients.

## **Staff Nurse, Charge Nurse, Attending Nurse Clinical Nurse I**

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*Augusta Health, Fishersville VA*

*7/1999 to 6/2006*

*Medical Surgical Floor*

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Duties included assessment, teaching, and plan of care for patients in the acute setting to included include dialysis patients, chronic mechanical ventilator dependent patients, peritoneal dialysis, and patients with different medical diagnosis.

## Licensed Practical Nurse

*Emerald Coast Health Care, Fort Walton Beach, FL* 5/1991 to 6/1999  
Charge nurse and staff nurse for 30-40 residents.

## Licensed Practical Nurse

*Anchorage Medical and Surgical Clinic, Anchorage, AK* 1984 to 1986  
Receptions and office nurse

## Licensed Practical Nurse

*Nakoya Nursing Home, Anchorage, AK* 1982 to 1984

## Licensed Practical Nurse

*University Heights Hospital, Albuquerque, NM* 1980 to 1982

## Licensed Practical Nurse

*Waynesboro Community Hospital, Waynesboro, VA* 1979 to 1980

## **Professional Memberships**

Sigma Theta Tau International Honor Society of Nursing Pi MU Chapter  
2004 to 2019  
Omega Zeta 2019- present  
American Nurses Association July 2017 to present  
Virginia Nurses Association July 2017 to present  
VASSA member 2021 to present

## **Committees**

Faculty Friends 2021-2023  
Lecturer promotion Task Force 2022

## **Teaching**

Spring semester 2023

- 356L sections 3,4,5,6,11
- 352L section 13

Fall semester 2022

- 356L sections 3,4,5,6
- 352L section 13
- Grader for 352

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## Spring semester 2022

- 356L sections 3,4,5,6
- 352L section 11

## Fall semester 2021

- 356L sections 3,4,5,6
- 352L section 11

## Spring semester 2021

- 356L sections 3,4,5,6
- 352L section 11

## *Fall semester, 2020*

- 352- Clinical Application I Assisted with grading skills lab
- 352L Clinical Coordinator
- 356L sections 3,4,5,6,11
- 454L Section Block 1 & 2

## *Spring semester, 2020*

- 352- Clinical Application I Assisted with grading skills lab
- 352L Clinical Coordinator
- 352L Section 3 Clinical Applications & Reasoning I Practicum
- 356L Sections 5,6,11 Clinical Applications & Reasoning II
- 454L Section 8 Transitions to Care

## *Fall semester, 2019*

- 352 Clinical Application I- assisted with grading skills lab
- 352L Clinical Coordinator
- 352L Section 3 Clinical Applications & Reasoning I Practicum
- 356L Sections 5,6,11 Clinical Applications & Reasoning II
- 454L Section 8 Transitions to Care

## *Spring semester, 2019*

- 352- Assisted with grading skills lab
- 352L Clinical Coordinator
- 352L Section 3 Clinical Applications & Reasoning I Practicum
- 356L Sections 5,6,11 Clinical Applications & Reasoning II
- 454L Section 10 Transitions to Care

## *Fall semester, 2018*

- 351 Health Assessment Section 2- assisted with grading
- 352 Clinical Coordinator
- 352L Section 4 Clinical Applications & Reasoning I Practicum

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- 356L Sections 5,6,11 Clinical Applications & Reasoning II
- 454L Section 9 Transitions to Care

## *Spring semester, 2018*

- 351 Health Assessment Section 2- assisted with grading
- 352L Section 4 Clinical Applications & Reasoning I Practicum
- 356L Sections 5,6,11 Clinical Applications & Reasoning II
- 454L Section 10 Transitions to Care

## *Fall semester 2017*

- 351 Health Assessment Section 2
- 352L Section 4 Clinical Applications & Reasoning I Practicum
- 356L Sections 5,6,11 Clinical Applications & Reasoning II
- 454L Section 10 Transitions to Care

## Spring semester 2017 (Adjunct Faculty)

- 356L Section 5, 6 Clinical Applications & Reasoning Practicum.

## Fall semester 2016 (Adjunct Faculty)

- 356L- Sections 1,5,7,8 Clinical Applications & Reasoning Practicum

## Spring semester 2016 (Adjunct Faculty)

- 454L Block 1 and 2 Transition to Care

## Fall Semester 2015 (Adjunct Faculty)

- 454L Block 2 Transition to Care

## Service

JMU School of Nursing Open House-September 30, 2017

Poverty Simulation- September 12, 2017

Contributed to Nursing research by participating in a research study evaluating handoff reporting by nursing students- February 19, 2015

## Advisor

Advisor to 20 students graduating in Fall 2020 and Spring 2021

## Professional Development

The National DNP Conference. Collaborating to Improve Health Outcomes. Augusta 3-4, 2022, Tampa Fl. 12.6 hr CEUs.

Exploring Anti-Racism in Health Professions Education 1/18/22 1 hr- DEI requirement \*

Access and Success: Inclusive Excellence Webinar Series 1/11/22. 1 hr- DEI

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requirement \*

Book Club- 11/11/21 1 hr \* DEI requirement \*

DNPs of Color Virtual Conference 2021- DOCs at the Table Promoting Diversity Transforming Nursing Practice 10/23/2021- 6 contact hrs- \*DEI\*

Competency Based Education Seminar by Charla Long during Faculty retreat 3 contact hours Augusta 13, 2021

The 15<sup>th</sup> Annual VASSA Conference: A Capital Focus- Assets and Resources in Simulation 15.02 contact hrs. August 2-4, 2021

Using Concepts Maps to Foster Clinical Judgement- 2.25 contact hrs June 25, 2021

Southeast Nursing Faculty Development Conference- An NGN success Formula with Clinical Judgment Strategies Linked Throughout the Curriculum 8.25 contact hours June 7,8, & 9 2021

EVERFI Harassment and Discrimination Training

2/16/21

VASSA conference July 2020- canceled due to Covid

AACN BSN Conference 13.5 CEU November 21-23 2019 Orlando FL

VASSA Conference 13.20 CEUS July 29-31, 2019 Williamsburg, VA

IGGy's CBC Camp: Tools and Strategies for Conceptual Learning in Nursing Education 11.75 Contact hours May 29-31, 2019 Charleston West Virginia

VNA- How you Can Address Nurse-to-Nurse Incivility in the Workplace 1 CEU, Dec 5 2018

National DNP Conference 16 CEU, Sept 27-29, 2018 Palm Springs,CA

VASSA Conference 12.25 CEU, July 30-31, 2018 Roanoke VA

VADNP Conference 9 CEUs. July 13-14, 2018

JMU Health Policy Institute in Washington D.C. May 2-10 2018

Virginia League of Nursing Annual Meeting and Conference 5.25 CEUs April 28, 2018

Virginia Telehealth Network Telehealth Conference November 13, 2017

Virginia Nurses Association Legislative Summit 6 CEUs, November 14, 2017

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Virginia Nurses Association Staffing Summit 10.25 CEUs November 3-4, 2017

Debriefing with Good Judgement 3.8 CEUs August 10, 2017

VADNP Conference 9 CEUs June 16 & 17, 2017

AACN Healthcare Finance/Economics & Quality Improvement, 2.3 contact hrs.,  
December, 8, 2015

AACN Advanced Clinical Assessment, 2.40 contact hrs, December 8, 2015

ACCN Health Care Policy, 1.40 contact hrs., December 5, 2015

ACCN Healthcare Systems and Healthcare Informatics, 1.40 contact hrs.,  
December 5, 2015

ACCN Team Coordination and Ethics, 1.70 contact hrs., December 4, 2015

AACN Evidence-based Practices, 1.70 contact hrs., December 3, 2015

AACN Illness and Disease Management, 2 contact hrs., December 2, 2015

AACN Knowledge and Data Management, 1.1 contact hrs., December 2, 2015

AACN Integration of the CNL Role, 1.2 contact hrs., November 23, 2015

AACN Horizontal Leadership and Communication, 1.2 contact hr., November 21,  
2015

AACN Healthcare Advocacy & Lateral Integration of Care, 2.1 contact hrs.,  
November 21, 2015

CDC Principles of Epidemiology in Public Health Practice 17 CEUs 6/17/2014

FEMA - An Introduction to National Incident Management System, 0.3 CEU July 26,  
2014

FEMA Applying ICS for Healthcare Organizations, 0.3 CEU, July 20, 2014

FEMA Introduction to the Incident Command System, 0.3 CEU, July 19, 2014

Gannett Education, Brain Attack, Part 1 & 2, 2 contact hr., March 18, 2014

Gannett Education, activating a Stroke Alert: A Neurological Emergency, 1  
contact hr., March 18, 2014

Gannett Education, The NIH Stroke Scale: A Window into Neurological Status, 1  
contact hr., March 18, 2014

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## Scholarship

DNP project: An analysis of interprofessional rounds effect on readmission rates and patient satisfaction. Submitted and accepted JMU Grad School December 2018

Pi Mu Day, JMU 2018-Poster presentation.

VADNP conference Richmond VA, Poster presentation July 13-14, 2018

National DNP conference Palm Springs, Podium presentation Sept 27-29, 2018