




Dance is What You Make It!

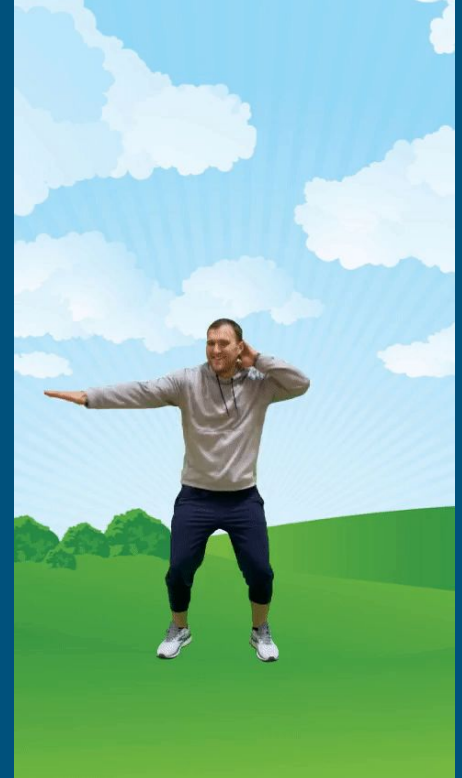
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Secret Time.....



★ THERE'S
★ NO
★ WRONG
★ WAY
★ TO
★ DANCE!!!!!!!!!!



Mayim: Israeli Folk Dance

Part 1: OVER, side, behind, side (over step is a stomp) 4x to the left

Part 2: In, 2, 3 Woouoo Back, 2, 3 (repeat 2x) end with quick turn left

Part 3: Stomping Steps (Right, Left, Right, Left) end facing middle of circle

Part 4: Jumping Jack Feet

*4 Toe Touches with Right Foot, 4 Toe Touches with Left Foot

Repeat whole dance 2 times

Song: Mayim, Mayim by David and the High Spirit

Minuet: Virginia History Dance

Intro: Curtsy/Bow to honor the King/Queen (facing music)

Part 1: Moving Away from Music: Starting with right foot

-1,2,3 point and hold (repeat 3x) face your partner, curtsy/bow

-Repeat coming back towards music

Part 2: In, together, out, together (repeat 3x) Trade places, curtsy/bow

-Repeat 2nd time to return back to starting places

Part 3: Right Hand Star/Left Hand Star (Same footwork as part 1)

Part 4: Repeat Part 1

Email me at pmnoel@fcps.edu to get the music for this dance!

Let's Dance

- Mexican Hat Dance w/ Parachute
- Hey Baby
- Follow the Leader
- Telephone
- Dance Battle
- Projector Dances:
 - OPEN Rhythm Fit
 - Guess Their Dance Moves

Guess Their Dance Moves!!

Guess Their

THANK
YOU