MTSS OVERVIEW:

What is the Multi-Tiered System of Supports?

Learning Objectives:

Become more familiar with the overall concept of MTSS and its essential components.

Learn about the roles and responsibilities of MTSS team members.

Understand how MTSS is a viable, balanced model for equitable school improvement, particularly for rural schools.

What is MTSS?

- ☐ MTSS is a tiered framework of prevention and intervention that is designed to meet the needs of all learners
- ☐ Academic, behavioral, and social-emotional supports
- ☐ Evidenced-based practices used to make decisions and solve problems
- ☐ Team-driven shared leadership

(Hoover & Soltero-González, 2018; www.cde.state.co.us/mtss)



- ☐ Decades of research on linking intervention to assessment lead to the early MTSS models of RTI (Response to Intervention) and PBIS (Positive Behavior Intervention and Support.
- ☐ Federal law (IDEIA, 2004) allows school districts to shift toward a Specific Learning Disabilities (SLD) identification process that focuses on how students respond to intervention.
- ☐ The Every Student Succeeds Act (ESSA, 2015) makes it possible for districts to apply for funding to train and on-board tiered MTSS models in their schools.
- ☐ The MTSS model integrates elements of RTI and PBIS, which improves effectiveness.

Castillo et al., 2022

What can MTSS do for a school?

Increase number of students meeting academic benchmarks

Improve school climate

Define clear behavior expectations

Provide more supports for students

Create collaborative problem solving processes

Gather and use data in a meaningful way



Essential Components of MTSS

While these components may differ from state to state, this fundamental foundation facilitates the creation of sustainable systems-level supports for all students.

Multiple Tiers of Instruction, Intervention, and Support

Teams provide
equitable and
culturally sensitive
supports within a
layered structure
that increases in
intensity. Universal
supports up through
intensive supports.

Data-Based Problem-Solving Process

The team uses relevant and reliable data to make consistent decisions to support students and improve outcomes.

Communication and Collaboration: Family, School, and Community

By working together, families, schools, and community stakeholders can become active partners in the MTSS process.

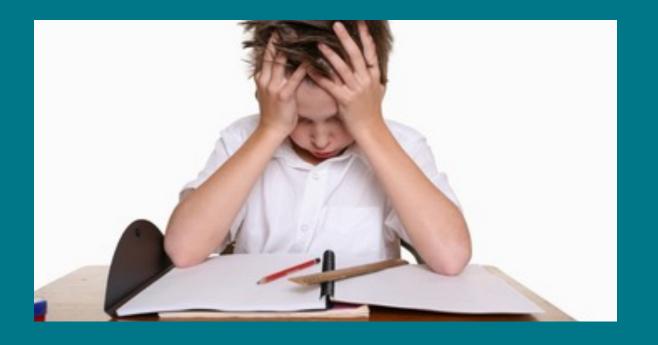
Evidence-Based Practices

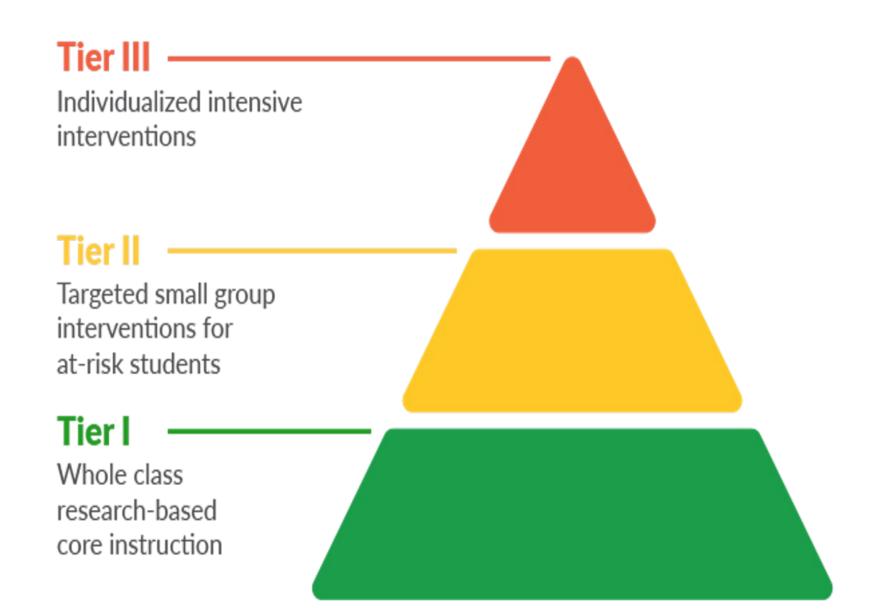
MTSS decisionmaking and assessment relies on research. Shared Team-Based Leadership

The team (e.g., educators, specialists, administrators, students, families) share the responsibility for making decisions and implementing plans.

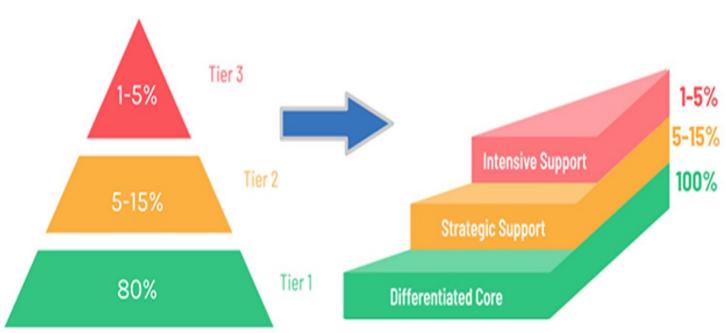
What MTSS is NOT

- ☐ Focused on at-risk students only
- ☐ A one-time intervention or response
- ☐ A specific person, place, or intervention
- ☐ The responsibility of one educator
- **□** Based upon one piece of data





Layering Support in MTSS: Rethinking the Pyramid







TIER 1: Differentiated Core

Who: All Students

What: Everyone receives standards-aligned core curriculum with academic and behavioral supports.

How: Universal Screening; Differentiation of instruction; Data teaming; Cultural and Linguistic responsiveness; Whole Child

Adapted from Hyson, Kovaleski, Silberglitt, Pedersen, 2020

TIER 2: Supplemental Support

WHO: Students who need supplemental support, in addition to their core instruction. Approximately 20% of students.

WHAT: Evidence-based practices and programming designed to improve performance in the Foundational Core.

HOW: Targeted support in smaller groups with frequent progress monitoring.

TIER 3: Intensive Support

WHO: Students who need intensive support, approximately 5% of students.

WHAT: Evidence-based curriculum and intensive, strategic interventions, in addition to core instruction. Specific foundational skills are the focus.

HOW: Whole class instruction + additional targeted instruction (small groups)+intensive support through low ratio groups (2-3 or 1-1) with learning specialists.

Elementary School Example: MTSS in Action



Continuous Improvement

The Plan-Do-Study-Act model for improvement fits nicely with the MTSS model.

It illustrates the interactive cycles completed for each student within the 3-tiered MTSS model.

This process helps teams make data-driven decisions about the effectiveness of intervention.





MTSS Team: Who is Included?

- ☐ The MTSS Team serves as the leadership and infrastructure of MTSS
- ☐ Multidisciplinary representative of all key stakeholders
 - Administration
 - ☐ Regular Education
 - ☐ Special Education
 - ☐ Academic Support (i.e., literacy specialists, interventionists)
 - Behavioral/Mental Health (i.e., school social worker, school counselor, school psychologist, BCBA)
 - ☐ Related Services (i.e., speech language pathologist, occupational therapist)

MTSS Team

MTSS teams can look different across various schools and school districts.

- **☐** District-wide MTSS Team
- **☐** School-wide MTSS Team
- ☐ Grade-, tier-, or content-specific MTSS Teams

(Center for Multi-Tiered System of Supports, 2022)







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What is Equity-Based MTSS?



Behavioral & Mental Health Supports in Rural Schools

O'Malley et al. (2018) surveyed superintendents of rural school districts to understand the unique challenges that rural school districts face in supporting the mental health needs of students

wost commonly cited i	Darriers	Siliciu	ue.		
☐ Budget constraints				_	

- □ Lack of qualified mental health professionals
 □ Limited professional development/training opportunities
- ☐ Limited access to external community providers
- ☐ Variable community support

Most commonly sited barriors include:

How can rural school districts utilize MTSS to address these unique barriers?

A-B-C's for MTSS Implementation in Rural Schools

Pierce and Mueller (2018) conceptualized the following "A-B-C's" to help rural schools implement MTSS:



Approach academic and behavioral instruction simultaneously



Be creative with data opportunities



Collaborate with purpose

Closing Thoughts

- Educators need to be innovative and committed to the process of MTSS.
- All students deserve effective and equitable core instruction.
- We need to remember to focus on the whole child.
- Qualitative and quantitative data can help school teams better support their students.
- Remember that MTSS is not just about tiered interventions, but rather about systems and people in a school coming together to help students learn and succeed.

Resources

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Thank you!