NUTR 382. Sports Nutrition. 3 credits. Offered fall.
A study of the relationship of nutrition and athletic performance. Identification of the effects of age, sex, body build, environment and state of health on energy needs and energy sources during physical activity. Prerequisite: NUTR 280.

This course introduces nutrition as a disease therapy and the role of the clinical dietician as a member of the health care team. Topics covered include nutrition screening and assessment, medical records documentation, basic dietary modifications and patient/family counseling. Prerequisites: Admission to the dietetics major; NUTR 340 and NUTR 395.

NUTR 385. Nutrition Throughout the Life Cycle. 3 credits. Offered spring.
A study of the nutritional needs throughout the life cycle and the development of food habits. Nutrition assessment and nutrition education from prenatal health through infancy, childhood, adolescence, adulthood and old age are emphasized. Prerequisite: Admission to the dietetics major.

NUTR 395. Introduction to Patient Care in Dietetics. 2 credits. Offered fall.
A study of the concepts of patient care in dietetics, skills needed for Medical Nutrition Therapy and the dietitian’s role on the health care team. Prerequisites: Admission to the dietetics major and NUTR 280.

NUTR 446. Experimental Foods (1, 4). 3 credits. Offered spring.
An introduction to research in foods. Different techniques of food preparation are studied and evaluated for the most acceptable methods to obtain standard food products. Prerequisites: Admission to the dietetics major; NUTR 340, organic chemistry and statistics.

NUTR 455/KIN 424. Theories and Practices of Weight Management. 3 credits. Offered fall and spring.
An examination of the physiological, psychological and environmental theories of obesity. Current trends in obesity research are emphasized. A case study and laboratories are used to provide students with practical experience in constructing a weight management program. Prerequisite: Bio 270, Bio 290, NUTR 280 or permission of the instructor.

NUTR 460. Computer Systems for Foods and Nutrition. 3 credits. Offered spring.
Introduction to food and nutrition computer systems. Emphasis is placed on the role of computers in nutritional assessment, food service administration, nutrition education and food technology. Prerequisites: NUTR 360 and successful completion of the Tech Level I test.

NUTR 482. Nutrition and Metabolism (2, 2). 3 credits. Offered fall.
A study of the nutrients, their roles in intermediary metabolism, the effects of genetic errors in metabolism, nutritional deficiencies and means of assessing nutritional status. Agencies and programs concerned with nutrition and health and current trends in nutrition research are emphasized. Prerequisites: Admission to the dietetics major; CHEM 260 and MATH 220. Prerequisite or corequisite: Bio 290.

NUTR 484. Clinical Nutrition II (2, 2). 3 credits. Offered spring.
A study of the use of diet in preventing illness and as a means of treating disease. Emphasis is given to patient education. Prerequisites: Admission to the dietetics major; NUTR 384 and NUTR 482.

NUTR 485. Community Nutrition. 3 credits. Offered fall.
A study of human nutrition and health problems from a community perspective, programs and policies related to nutrition at local, state and federal levels including preventive nutrition or wellness and approaches and techniques for effective application and dissemination of nutrition knowledge in the community. Prerequisite: Admission to the dietetics major.

NUTR 490. Field Experience in Dietetics. 3 credits. Offered summer.
Students participate in field experience relating to their major area of dietetics and their career goals under the coordination of a dietetics faculty member. On-the-job supervision will be provided by the participating hospital dietitians. Prerequisites: Admission to the dietetics major; NUTR 384, NUTR 395. Application for enrollment must be completed through the course instructor in the fall semester prior to the summer in which it will be taken.

NUTR 495. Senior Seminar in Dietetics. 2 credits. Offered fall.
Students will be introduced to research in dietetics and conduct a senior research project. The Code of Ethics and Standards of Practice of the American Dietetic Association will be investigated, and students will prepare for their postgraduate dietetic internship. Prerequisite: Admission to the dietetics major.

NUTR 496. Special Studies in Nutrition/Dietetics. 1-3 credits. Offered fall and spring.
This course is designed to give the student in dietetics an opportunity to complete independent study, professional conference participation and/or research under faculty supervision. Prerequisite: Permission of the coordinator of the dietetics program.

NUTR 499. Honors. 6 credits. Offered fall and spring.
Year course.

Persian

Department of Foreign Languages, Literatures and Cultures

PERS 101. Elementary Persian I. 3-4 credits.
The fundamentals of Persian through listening, speaking, reading and writing. Practice in pronunciation and development of comprehension. One hour’s work a week in the language laboratory. Student will receive no credit for course if he/she has had two or more years of the language in high school.
PERS 102. Elementary Persian II. 3-4 credits.
The fundamentals of Persian through a higher level of listening, speaking, reading and writing. Practice in pronunciation and development of comprehension. One hour’s work a week in the language laboratory. Students will receive no credit for the course if he/she has had two or more years of the language in high school. Prerequisites: PERS 101.
PERS 231. Intermediate Persian I. 3 credits.
A thorough review of first year grammar and vocabulary building. Conversation, composition and reading will be chosen to reach competency at the lower intermediate level. Prerequisite: PERS 102.
PERS 232. Intermediate Persian II. 3 credits.
A thorough review of PERS 231 grammar and vocabulary building. Conversation, composition and reading will be chosen to reach competency at the advanced intermediate level. Prerequisite: PERS 231 or permission of the instructor.
PERS 490. Special Studies in Persian. 3 credits.
Special topics or independent studies in Persian.

Philosophy

Department of Philosophy and Religion

PHIL 101. Introduction to Philosophy. 3 credits.
An introduction to the basic problems and concepts of philosophy – the nature of man and the self, ethics, theories of knowledge, philosophy of religion, etc. as revealed in the writings of major philosophers.

PHIL 120. Critical Thinking. 3 credits.
An introduction to the techniques for analyzing and evaluating information in everyday experience. The functions of language will be discussed. Techniques for judging the strengths of arguments and the reasonableness of the arguments’ premises will be examined. This course cannot be used to fulfill the B.A. Philosophy requirement.

PHIL 150. Ethical Reasoning. 3 credits.
An introduction to the principles and techniques of rational decision making in ethics, including analysis of arguments and fallacies, ethical theories, and applications of moral principles to moral issues. This course cannot be used to fulfill the B.A. Philosophy requirement.

PHIL 210. Philosophy Through Film. 3 credits.
This course combines feature length films and classic philosophical writings as points of departure for considering perennial philosophical questions such as: What is real? (Metaphysics) How can I know? (Epistemology) What is of value? (Moralit.

PHIL/REL 218. Philosophy of Religion. 3 credits.
An intensive examination of religion from the standpoint of philosophical thinking with particular emphasis on the way philosophers view such problems as the existence of God, evil, immortality, religious language, etc. PHIL 240. Greek Philosophy in Context. 3 credits.
This course will involve exploration of the intellectual world of the Ancient Greeks, with particular emphasis on the philosophical, historical and literary works produced during the period. The course will include lectures and site visits through the ancient world.

PHIL 250. Introduction to Symbolic Logic. 3 credits.
An introduction to the languages and techniques of propositional logic and first-order quantification theory.

PHIL 262. Problems in Applied Ethics. 3 credits.
Ethical theories are used to analyze contemporary moral issues in areas such as business and health care. Course content varies.

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