

# Academic Skill Instruction Schedule: Spring 2007

## Session Descriptions

### Study & Test-Taking Skills

This ASI session focuses on all stages of the studying process, from taking notes to productive post-examination practices. The packet uses highly practical tips from [www.TestTakingTips.com](http://www.TestTakingTips.com) and highlights ways to avoid cramming and test anxiety. The session also provides specific, useful advice for Multiple Choice, True/False, Short Answer, and Essay portions of college examinations.

### Time and Stress Management

This ASI session provides students with tips for organizing their schedule to find hidden study time in their day and reduce stress related to a busy schedule. Students will have the opportunity to fill out a schedule grid using their new skills and set goals for long and short term time management.

### Grammar Skills

This ASI session closely follows a section of the Everyday Writer called “The Twenty Most Common Errors.” Specific grammatical errors have been rearranged into themes of commas, pronouns, verbs, sentence issues, and general issues. The explanations have been simplified, and new examples appropriate to a college setting are provided. The packet concludes with a practice quiz on grammar for further reinforcement of ideas discussed during the session.

### Proofreading & Revising Papers

This session is derived from a handout from the UNC-CH Writing Center, which focuses on proofreading and editing techniques, specifically on content, overall structure, structure within paragraphs, clarity, and style. The packet answers frequently asked questions, and addresses concerns commonly voiced by university students in multiple disciplines. Because the ASI sessions are delivered by FYI Writing Tutors, this session is particularly useful to those seeking advice.

### Communication: In Person & Online

This session demystify myths on college communication, including emails, addressing professors, and group communication. The packet gives helpful hints on how to transition from high school to college as well as giving tips for communication in general. The second half of the packet is more specific to JMU communication. It outlines ways to use ecampus and blackboard that go beyond just checking for their assignments.

### Reading Skills & Learning Styles

This session explores reading skills such as marking textbooks, reading for comprehension, and speed reading. It also uses the VARK assessment to determine student’s learning styles (visual, aural, read/write, kinesthetic) and discusses how they may adjust their study habits to complement their learning style.

# January

All sessions will be held in the FYI Writing Center in Huffman Hall, A Section

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>17</b> 3:30-4pm Communication: In Person & Online	<b>18</b> 3:30-4pm Proofreading & Revising Papers	<b>19</b> 2:30-3pm Proofreading & Revising Papers  3-3:30pm Study & Test Taking Skills
<b>23</b> 10:30-11am Study & Test Taking Skills  11-11:30am Time & Stress Management	<b>24</b> 3:30-4pm Grammar Skills	<b>25</b> 3:30-4pm Reading Skills & Learning Styles	<b>26</b> 3:30-4pm Study & Test Taking Skills	<b>27</b> 2:30-3pm Grammar Skills  3-3:30pm Communication: In Person & Online
<b>29</b> 10:30-11am Communication: In Person & Online  11-11:30am Reading Skills & Learning Styles	<b>30</b> 3:30-4pm Time & Stress Management	<b>31</b> 3:30-4pm Proofreading & Revising Papers		

## February

All sessions will be held in the FYI Writing Center in Huffman Hall, A Section

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> 3:30-4pm Grammar Skills	<b>2</b> 2:30-3pm Time & Stress Management  3-3:30pm Proofreading & Revising Papers
<b>5</b> 10:30-11am Proofreading & Revising Papers  11-11:30am Study & Test Taking Skills	<b>6</b> 3:30-4pm Reading Skills & Learning Styles	<b>7</b> 3:30-4pm Time & Stress Management	<b>8</b> 3:30-4pm Communication: In Person & Online	<b>9</b> 2:30-3pm Study & Test Taking Skills  3-3:30pm Grammar Skills
<b>12</b> 10:30-11am Time & Stress Management 11-11:30am Communication: In Person & Online	<b>13</b> 3:30-4pm Proofreading & Revising Papers	<b>14</b> 3:30-4pm Grammar Skills	<b>15</b> 3:30-4pm Reading Skills & Learning Styles	<b>16</b> 2:30-3pm Reading Skills & Learning Styles  3-3:30pm Time & Stress Management
<b>19</b> 10:30-11am Reading Skills & Learning Styles  11-11:30am Proofreading & Revising Papers	<b>20</b> 3:30-4pm Time & Stress Management	<b>21</b> 3:30-4pm Communication: In Person & Online	<b>22</b> 3:30-4pm Time & Stress Management	<b>23</b> 2:30-3pm Proofreading & Revising Papers  3-3:30pm Study & Test Taking Skills
<b>26</b> 10:30-11am Study & Test Taking Skills 11-11:30am Grammar Skills	<b>27</b> 3:30-4pm Grammar Skills	<b>28</b> 3:30-4pm Reading Skills & Learning Styles		

# March

All sessions will be held in the FYI Writing Center in Huffman Hall, A Section

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> 3:30-4pm Study & Test Taking Skills	<b>2</b> 2:30-3pm Time & Stress Management  3-3:30pm Communication: In Person & Online
<b>5</b>  <b>NO</b>	<b>6</b>  <b>SESSIONS</b>	<b>7</b>  <b>SPRING</b>	<b>8</b>  <b>BREAK</b>	<b>9</b>  <b>!</b>
<b>12</b> 10:30-11am Time & Stress Management 11-11:30am Reading Skills & Learning Styles	<b>13</b> 3:30-4pm Communication: In Person & Online	<b>14</b> 3:30-4pm Proofreading & Revising Papers	<b>15</b> 3:30-4pm Grammar Skills	<b>16</b> 2:30-3pm Reading Skills & Learning Styles  3-3:30pm Proofreading & Revising Papers
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# April

All sessions will be held in the FYI Writing Center in Huffman Hall, A Section

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> 10:30-11am Grammar Skills  11-11:30am Communication: In Person & Online	<b>3</b> 3:30-4pm Time & Stress Management	<b>4</b> 3:30-4pm Communication: In Person & Online	<b>5</b> 3:30-4pm Proofreading & Revising Papers	<b>6</b> 2:30-3pm Time & Stress Management  3-3:30pm Study & Test Taking Skills
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