

POTTY

By Students



MOUTH

For Students

SUMMER 2017
ISSUE 8

EVERYTHING **A JMU STUDENT** should know about the **UNIVERSITY HEALTH CENTER**

WHERE we are

Student Success Center

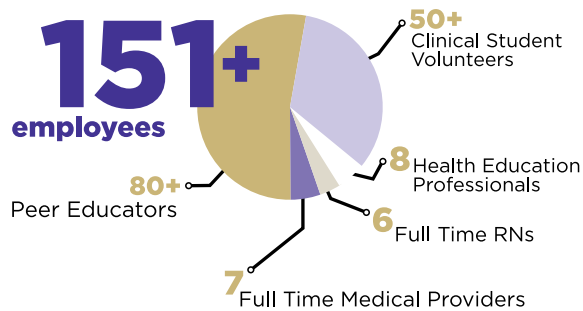


- 1 General Medicine
SSC 2nd Floor
- 2 Urgent Care
MLK Ave. and S. Mason St.
- 3 The Well
SSC 1st Floor
- 4 Pharmacy
SSC 1st Floor

WHO we are

151+

employees



over **30,000**
visits every year

UHC Student Groups



ONLINE SCHEDULING

All medical appointments at the University Health Center can be made Online!

Just log on to MyJMUHealth.
www.jmu.edu/healthcenter/MyJMUHealth



Urgent Care walk-ins are available for injuries and illness that need immediate care, such as stitches, vomiting for over 24 hours, female UTIs, acute allergic reactions or burns.

PHARMACY & SELF-CARE

The University Health Center Pharmacy is staffed by a licensed pharmacist and pharmacy technician. It offers prescription medications for JMU students **written by licensed medical providers from the University Health Center, Counseling Center, and Intercollegiate Athletics.**

Self-Care Station FOR SELF-LIMITED ILLNESSES

Self-limited illnesses are healed by the body's immune system and can be treated at home without seeing a medical provider. **We provide documents with information on how to self-care for:**

ANXIETY, PINK EYE, CONSTIPATION, COUGH, FEVER, HEAD LICE, THE FLU, NAUSEA AND VOMITING, SEASONAL ALLERGIES, SORE THROAT, THE COMMON COLD, YEAST INFECTION

SELF-CARE PRODUCTS

Free hand sanitizer, antibacterial wipes and tissues are located at the Self-Care Station. They're the perfect size for your pocket or backpack!
Take some and go!



PHARMACY ONLINE:
<http://www.jmu.edu/healthcenter/StudentCare/pharmacy.shtml>
SELF-CARE STATION ONLINE:
<https://www.jmu.edu/healthcenter/Resources/index.shtml>

REMINDER! IMMUNIZATION FORM

Due

JULY 5

Upload to your MyJMUHealth Account

THIS ISSUE OF POTTY MOUTH IS BROUGHT TO YOU BY THE UHC MARKETING TEAM :

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NOW AVAILABLE ONLINE AT
JMU.EDU/HEALTHCENTER

Potty Mouth Questions?
Please contact ritchiac@jmu.edu

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FROM UNIVERSITY INFORMATION

UHC SOCIAL MEDIA

JMUHealthCenter

@JMUHealthCenter